A Little Spot of Kindness

A BOOK COMPANION FOR

A Little Spot of Kindness



Preschool · Kindergarten · 1st · 2nd Grade · Special Ed

by Bright Path Sped

A LITTLE SPOT OF KINDNESS

A Little Spot of Kindness Week — Start Here

Read the same book every day. Do one activity a day. Pull the page and go.

This week

- [ ] Read *A Little Spot of Kindness* at circle time every day this week. Children love the repeat, and each day they join in more.
- [ ] After the story, do that day's activity. Every student page has one short direction and a picture, so a paraprofessional can run it too.
- [ ] Teach the core word **kind** all week: point to it on the talker or core board every time it comes up in the story.
- [ ] Cutting pages are built for small hands: five or more big pieces, lined up so every cut is one straight line. Pre-cut them for students who are not cutting yet.
- [ ] Sorting, counting, letters and writing come in three levels, marked with a small shape so children do not compare: ● starting (errorless matching), ▪ building, ▲ ready for more.
- [ ] Print the color pages, or use the ink-saver pages at the back on a photocopier.
- [ ] **Day 5 craft:** Color the three big hearts, one inside the next. Cut out the big hearts and every word heart. Glue the big hearts onto their dashed hearts first, then glue each word heart onto its dashed heart. Read each kind word out loud and talk about one way to do it. Count the word hearts: there are nine.

DAY	AFTER THE READ-ALOUD	ALSO PRACTICING
Day 1	Sort: an animal or a food? (3 levels)	cutting straight lines, gluing, sorting
Day 2	Count the hearts and glue or write the number (3 levels)	counting 1–5, 6–10
Day 3	Letter H: find it, match it, or hear it (3 levels); trace or write	letter H, beginning sound, pencil grip
Day 4	Grow a flower: put the steps in order.	life skill: working step by step, first/next/then/last
Day 5	Book craft: build a layered kindness heart.	cutting straight lines, gluing, following steps

PREVIEW

A LITTLE SPOT OF KINDNESS

The Book and the Words

Pick the read-aloud you have. The activities fit any of them.

Read-alouds this unit goes with

- **A Little Spot of Kindness** by Diane Alber

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Circle-time song: Kindness Grows

Plant a seed and watch it grow,
share and help and kindness show.
A **kind** word here, a kind hand there,
kindness blooms everywhere!

An original chant by Bright Path Sped. Have children crouch low on the first line, rise slowly like a growing flower on the second, and spread their arms wide like petals on the last line.

Words to use all week

heart, flower, seedling, hand, gift, letter, star, rainbow

Ways to stretch the week

- [ ] Reread the book at a different time of day — a second read-aloud helps children who need more repeats.
- [ ] Point to the core word on a talker or core board every time it comes up in the story, not only during the word-of-the-week page.
- [ ] Put the vocabulary pictures on a ring and let a student “read” the book to a partner with just the pictures.
- [ ] Send one activity home early in the week if a family asks for extra practice — every page works alone.
- [ ] Let a student who finishes early retell the story using only the vocabulary pictures, pointing in order.
- [ ] Keep the family letter and the vocabulary card together in a send-home folder so the words travel with the book.
- [ ] Use the ink-saver pages at a center or in a photocopier tray so every student takes a set home, not just the class set.

What you’ll want on hand

Crayons or markers, a glue stick, child-safe scissors (or pre-cut the pieces for students who are not cutting yet), and a copy of the read-aloud from your school or public library. Nothing else to prep — every page is ready to print.

PREVIEW

A LITTLE SPOT OF KINDNESS

Smartboard Circle Time

Whole-group practice before the paper activity.

How to use these slides

- [ ] The next 9 pages are slides for the whole class: open this PDF on your smartboard or projector and go full screen.
- [ ] Children come up and tap or circle with the board pen: name the pictures, sort, count, find the letter, put the steps in order, and say the core word.
- [ ] They follow the week: do the matching slide before each day's paper activity, so the whole group sees the idea once before anyone works alone.
- [ ] They are landscape pages sized for a widescreen board. Skip them when you print the student pages — the paper set starts right after.

What you'll want on hand

A smartboard, interactive projector, or any screen the whole group can see; a board pen or a finger for tapping and circling; and the story read aloud once before the first slide, so the pictures and the core word are already familiar faces.

What the nine slides cover, in order

A title slide with the week's pictures, name-the-picture practice, a whole-group sort, three counting slides, a letter hunt, the life-skill sequence in order, and the core word to say together.

Make it work for every learner

- [ ] Call on a student to come to the board, but let anyone answer out loud or point from their seat — the slide works either way.
- [ ] Pause on any slide as long as the group needs; there is no timer and no wrong answer to rush past.
- [ ] A student who uses a talker or core board can point to the matching picture there instead of on the screen.
- [ ] A student who is not yet pointing independently can be handed over hand, or can simply watch and listen — whole-group time counts even without a turn at the board.
- [ ] Revisit yesterday's slides for a minute before today's new one — the repetition is the point of a theme week.
- [ ] Keep the pace slow and the praise specific: name exactly what the student did right before moving to the next slide.

No smartboard yet? A tablet propped up, or even the pictures printed one to a page and held up by hand, runs the same nine slides just as well — the point is the whole class looking at the same picture together, not the device it is shown on.

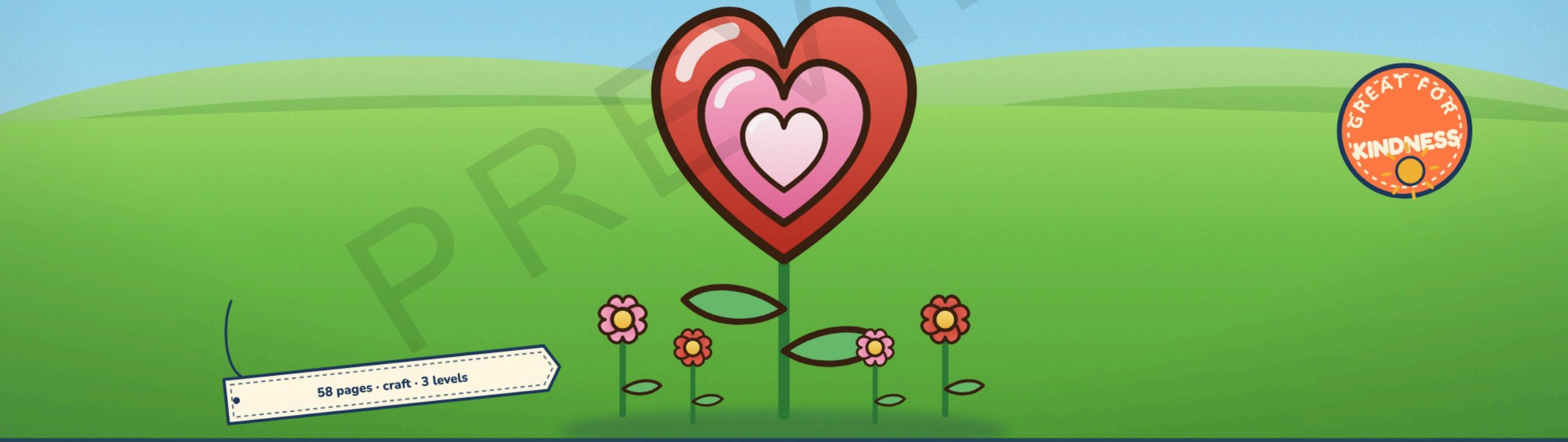
PREVIEW

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GREAT FOR KINDNESS

58 pages · craft · 3 levels

PREVIEW

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Find every H and h!



Hh is for heart

H	N	h	4	H	M
h	A	H	K	H	h

PREVIEW

My name: _____

A Little Spot of Kindness words

✂ Cut out the cards for circle time.



heart



flower



seedling



hand



gift



letter



star



rainbow

PREVIEW

Color a star when you finish! ☆ ☆ ☆

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My name: _____

Match each picture.

Animal

Food

Cut on the dashed lines.

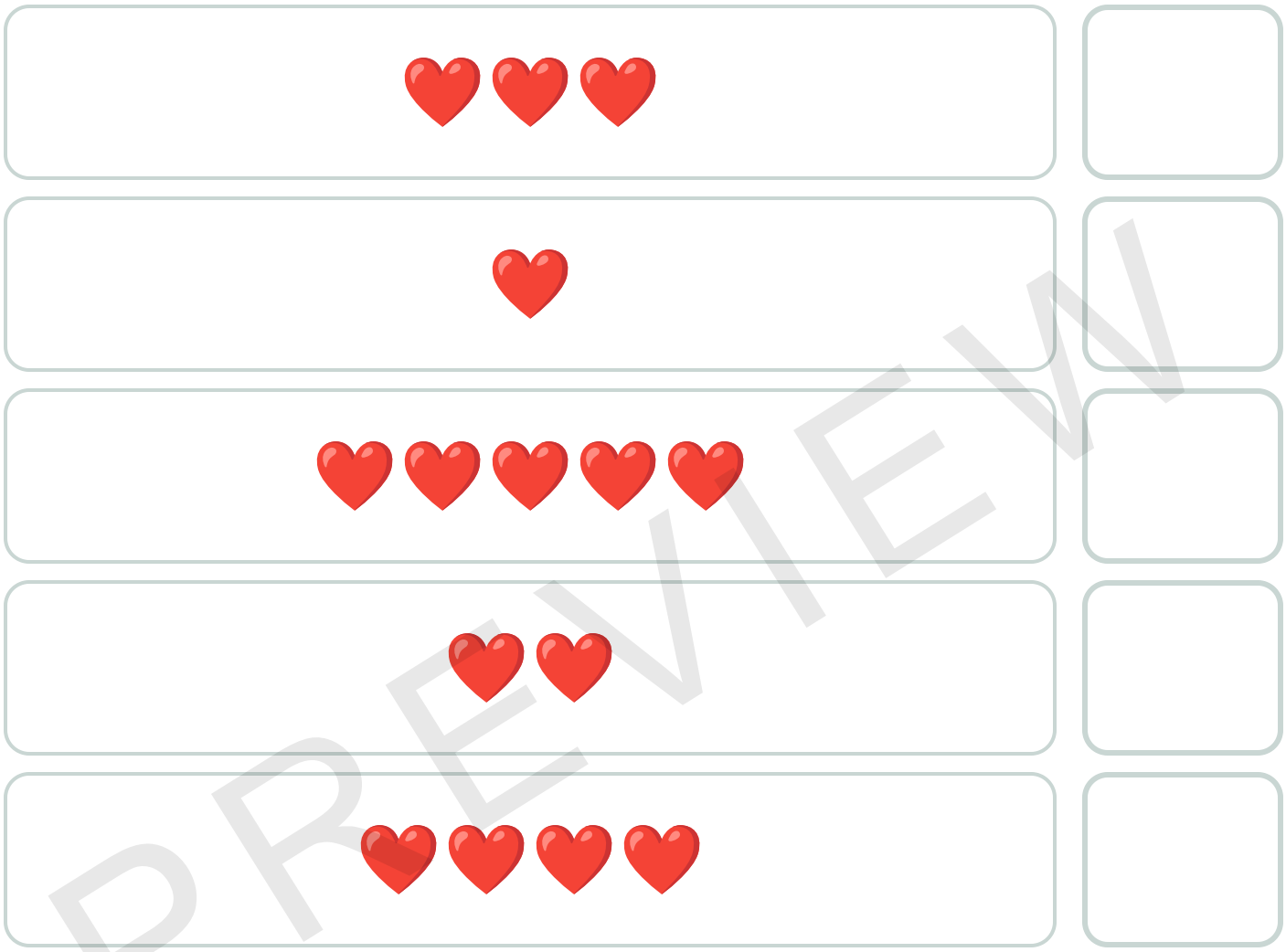
Color a star when you finish! ☆ ☆ ☆

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PREVIEW

My name: _____

Count the hearts. Glue the number.



PREVIEW

✂ Cut on the dashed lines.

1	2	3	4	5

Color a star when you finish! ☆ ☆ ☆

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My name: _____

Trace the letters.



H h

H H H H H

h h h h h

Hh Hh Hh

Draw a heart here.

Color a star when you finish! ☆ ☆ ☆

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PREVIEW

My name: _____

Grow a flower. What comes first?

1. First	2. Next	3. Then	4. Last

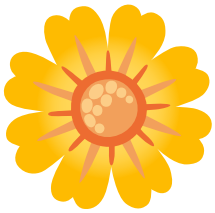
One picture does not belong. Leave it out.

✂ Cut on the dashed lines.


the sun shines


ride a bike


plant the seed


the flower grows


give it water

PREVIEW

Color a star when you finish! ☆ ☆ ☆

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My name: _____

Color the big hearts. Cut out all the hearts.









PREVIEW

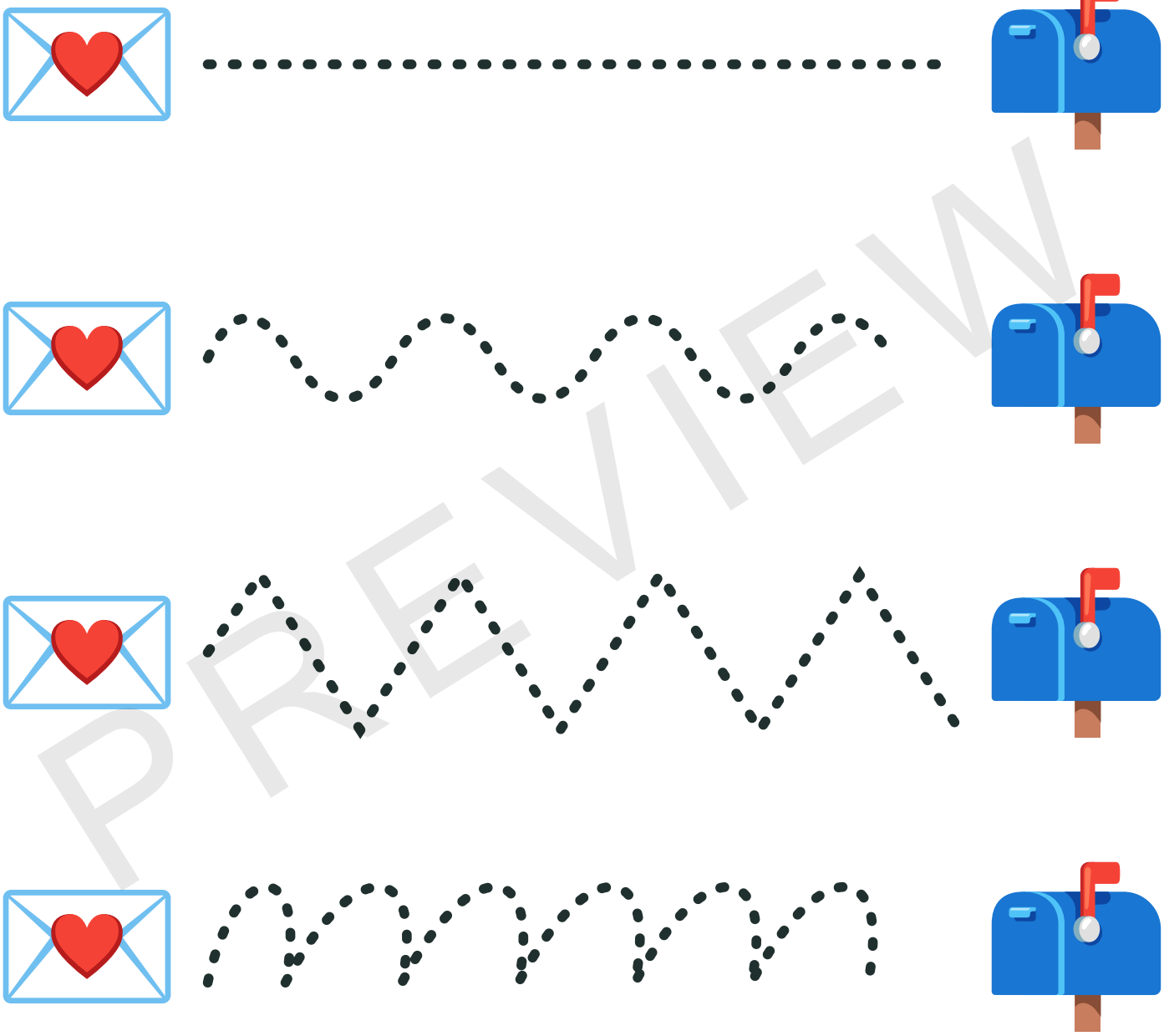
Cut on the dashed lines. Every cut is straight.

Color a star when you finish! ☆ ☆ ☆

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My name: _____

Help the card get to the mailbox.



PREVIEW

Color a star when you finish! ☆ ☆ ☆

© Bright Path Sped

My name: _____

Say it. Find it on your talker.

Our word this week

kind



I can be kind.

PREVIEW

Color a star when you finish! ☆ ☆ ☆

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A LITTLE SPOT OF KINDNESS

Who Did What This Week

One row per student. Handy for IEP notes and progress reports.

How much help? Write one code in each box

I = did it on their own · G = gesture or pointing · V = told what to do · H = hand-over-hand · – = absent

Day 1: Sort: an animal or a food? (3 levels) · Day 2: Count the hearts and glue or write the number (3 levels) · Day 3: Letter H: find it, match it, or hear it (3 levels); trace or write · Day 4: Grow a flower: put the steps in order. · Day 5: Book craft: build a layered kindness heart.

STUDENT	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5

PREVIEW

A LITTLE SPOT OF KINDNESS

Family Letter

Send home on Day 1. The lines are for your own note.

Dear family,

This week our class is reading about **kindness hearts, a garden flower, and kind words like share, help and include**. We read the same story every day and do a new activity with it: sorting, counting, letters, a life skill and a craft.

Our word of the week is **kind**. Try using it at home: “That was kind.” “I can be kind.”

Try at home: do one kind thing together today, like sharing a snack, and say what you did.

You do not need any special materials for this — just a few minutes together, whenever it fits your day.

Ask your child to show you their favorite page from this week and tell you about it in their own way — pointing, a word, or a full sentence all count.

This week’s words: heart, flower, seedling, hand, gift, letter, star, rainbow.

❤️ **Practice the word “kind” anywhere you go this week — in the car, at the table, at bedtime.**

Questions about this week’s activities? Send a note back with your child and we will follow up. Thank you for reading with your child every day this week — it makes a real difference in how quickly the words and the story stick.

Thank you!

PREVIEW

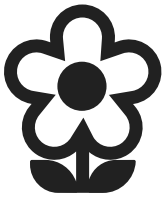
My name: _____

A Little Spot of Kindness words

✂ Cut out the cards for circle time.



heart



flower



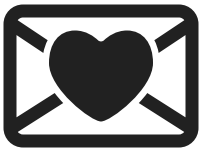
seedling



hand



gift



letter



star



rainbow

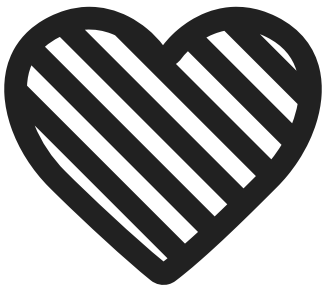
PREVIEW

Color a star when you finish! ☆ ☆ ☆

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My name: _____

Glue H on each H.



Hh

heart

H H H H H

Glue one in each circle.

✂ Cut on the dashed lines.

H H H H H

PREVIEW

Color a star when you finish! ☆ ☆ ☆

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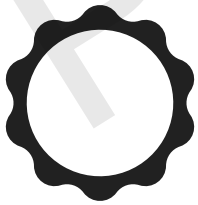
My name: _____

Grow a flower. What comes first?

1. First	2. Next	3. Then	4. Last

One picture does not belong. Leave it out.

Cut on the dashed lines.



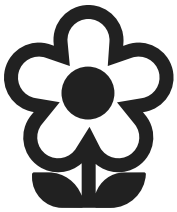
the sun shines



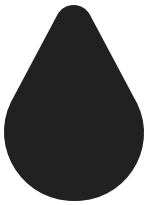
ride a bike



plant the seed



the flower grows



give it water

Color a star when you finish! ☆ ☆ ☆

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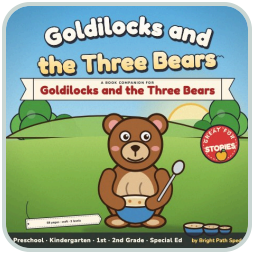
PREVIEW

A LITTLE SPOT OF KINDNESS

More From Bright Path Sped

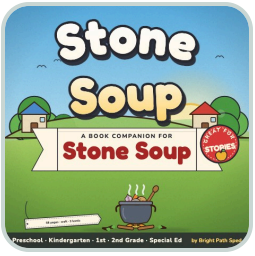
A few more theme weeks that pair naturally with this one.

Every Bright Path Sped theme week follows the same five-day format — read the same story each day, then one simple sort, count, letter, life-skill or craft activity after it, at three levels so the whole class can join in, whatever each child is working on. If “A Little Spot of Kindness” worked for your room, these theme weeks are built the exact same way and pair naturally with it:



Goldilocks

A folktale companion about three bears and a visitor, with its own sort, count and letter activities and a bear craft.



Stone Soup

A folktale companion about a pot of soup and sharing food, with its own sort, count and letter activities and a soup pot craft.



Brave Irene

A companion about a brave girl on a snowy walk, with its own sort, count and letter activities and a craft.



Little Red Hen

A farm folktale companion about a hard-working hen, with bread to sort and a build-her-kitchen craft.

PREVIEW

Click **Follow** on the store page to hear about new theme weeks as they’re added — new ones show up in your Followed Stores feed on TPT, and every update to a theme week you already own is always a free re-download from **My Purchases**, with no need to repurchase.

Every Bright Path Sped theme week shares the same look and the same five-day plan, so once your class knows how one week runs, every week after it runs itself — swap the book, keep the routine.