BEHAVIOR ESSAYS

Student Reflection Writing Pages - Grades 4-8


My name _____ Date _____

My Behavior Reflection

Fill in each part. Use the starters to help.

The behavior:

1. What happened

I ___ It happened when ___

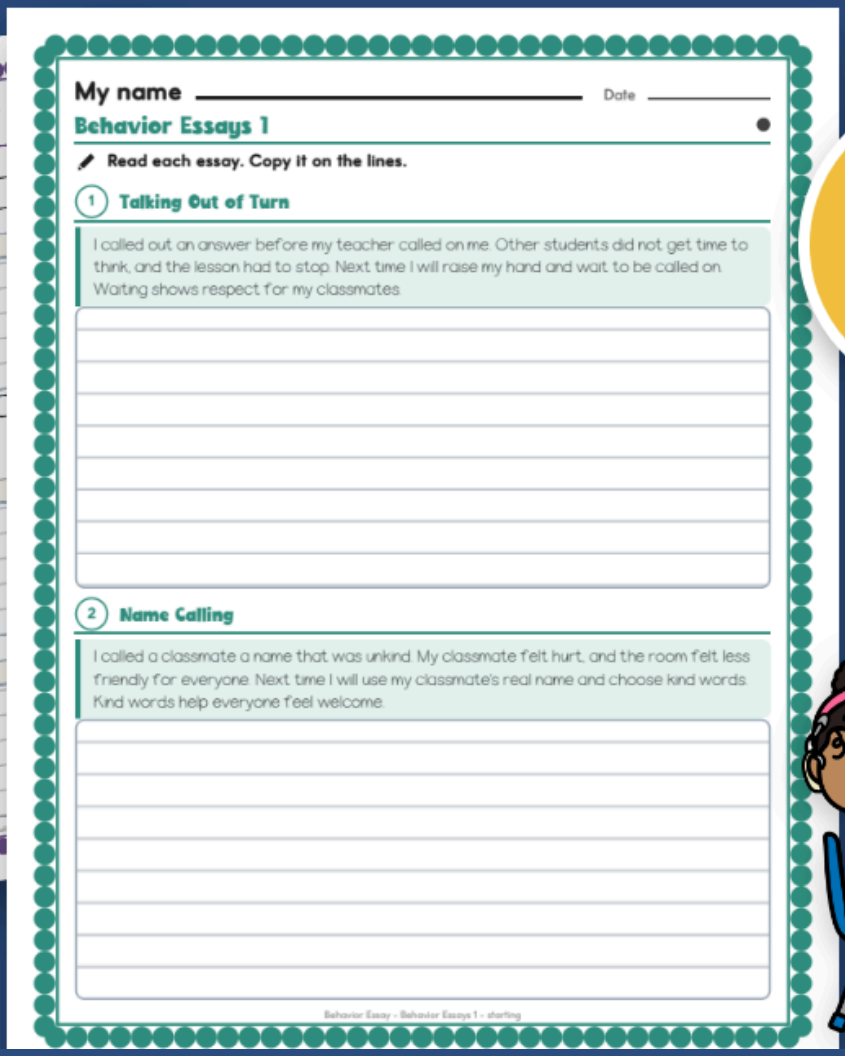
Who was affected? me my classmates my teacher my family someone else

2. How it affected others

This was a problem because ___ Others may have felt ___

3. What I will do next

Next time I will ___ To make it right, I will ___


My name _____ Date _____

Behavior Essays 1

Read each essay. Copy it on the lines.

1 Talking Out of Turn

I called out an answer before my teacher called on me. Other students did not get time to think, and the lesson had to stop. Next time I will raise my hand and wait to be called on. Waiting shows respect for my classmates.

2 Name Calling

I called a classmate a name that was unkind. My classmate felt hurt, and the room felt less friendly for everyone. Next time I will use my classmate's real name and choose kind words. Kind words help everyone feel welcome.

Behavior Essay - Behavior Essays 1 - starting

29 PAGES



Bright Path Sped

Terms of Use

Please read before you print your first page.

One classroom license

- This file is for one classroom: one teacher, one group of students.
- Please do not share it, post it online, or sell it.
- Extra licenses for a team or a school are available on the product page.

This is a fillable PDF

- Open it in a PDF reader (Adobe Acrobat Reader, Preview, or your browser), click into a line or a box, type, and Save As.
- The name line, every answer box, every ruled writing box and every check box on the student pages are type-in fields, as are the log, roll-up and note home. You can also print and write by hand.
- It works offline. No account, no subscription, no internet connection needed after you download it.

Print at 100 percent

Turn off fit to page and shrink to fit so the ruled lines stay 0.34 inch apart. Every student page is black and white inside a colored border, so it still reads when copied in black and white.

Student work

A filled-in log, roll-up or note home carries a real student's name. Keep it in your data folder.

Need help?

If a field will not behave or a page will not print the way you expect, use Ask a Question on the product page before leaving a review. Every question is read, and a fix to the file ships as a free update: re-download it any time from My Purchases.

© Bright Path Sped. For single-classroom use by the original purchaser.

PREVIEW

Teacher Prep

Ten minutes of prep, then the student can work on their own.

Before you print

- Print the pages you need at 100 percent. Copy pages need nothing else: the model essay is on the page.
- Skim the model essays on pages 10 to 21. They are written in the first person. Change a word or two to fit your student.
- Decide the support: copy it, fill in the frame, or write it open.
- Give the student a quiet place and a pencil. There is no time limit.

Talk first (say it in your own words)

- Tell me what happened, from the start.
- What was going on right before it?
- Who else was part of it?
- How do you think it felt for them?
- What could you do next time?
- What would help you try that?

When the student has written

- Read the student's essay with them. Ask about one sentence, not the whole page.
- Writing the essay is writing practice. What happens next is your school's decision, not this file's.
- A copy page shows what a reflection looks like. A student who is ready can move to the frame, then to the open page.

Your school's rule

Write your school or district rule for this behavior here. This set does not state any rule.

Three supports at a glance

- **Circle (copy):** the student reads a short essay and copies it. Good for a first reflection.
- **Square (framed):** starters for each part, with ruled boxes.
- **Triangle (open):** the student writes each part in their own words.

What this is, and what it is not

- A set of writing pages for a student to reflect on a behavior.
- Not a discipline policy, a consequence, a behavior plan or a record of any student's history.
- Not a substitute for your school's own steps. Every example is invented.

PREVIEW

Preview - Bright Path Sped

My name _____ Date _____

Words to Use



Read the words. Use them when you write.

Keep this page on your desk. Pick words that are true.

Say what happened

I ...

I chose to ...

Instead of ..., I ...

When ..., I ...

Say how it affected others

This was a problem because ...

My classmates ...

My teacher had to ...

It made others feel ...

Say what I will do next

Next time I will ...

Instead, I can ...

I will ask for help when ...

To make it right, I will ...

Words for how others may feel

annoyed left out embarrassed

worried upset frustrated

uncomfortable disrespected

Things I can do instead

Ask for help. Raise my hand and wait. Use a calm voice.
Check the directions again.

Take a short break and come back. Say it a kinder way.
Walk away from the problem. Tell a trusted adult.

PREVIEW

Preview - Bright Path Speech

My name _____ Date _____

Plan My Behavior Essay

Think first. Write a few words in each box.

The behavior:

What did I do? When and where?

Who was affected, and how may they have felt?

What was going on for me?

What could I do instead?

Who can help me with this?

PREVIEW

Preview - Bright Path Sped

My name _____ Date _____

My Behavior Essay

Write each part in your own words.

The behavior:

What happened

How it affected others

What I will do next

One more thing I want my teacher to know

PREVIEW

Preview - Bright Path Sped

My name _____ Date _____

Behavior Essays 2

Read each essay. Copy it on the lines.

3 Not Following Directions

My teacher gave directions, and I did not follow them. My work was not done the right way, and my teacher had to stop and say them again. Next time I will listen to the directions and ask a question if I am not sure. Following directions saves time for the whole class.

4 Cheating

I looked at another student's paper to get my answers. The work was not mine, so my teacher could not see what I really know. Next time I will do my own work and ask for help when I need it. Honest work shows what I have learned.

PREVIEW

Preview - Bright Path Sped

My name _____ Date _____

Behavior Essays 4

Read each essay. Copy it on the lines.

7 Being Off Task

I did not do my work when it was time to work. I fell behind, and I distracted the students sitting near me. Next time I will start right away and ask for help if I get stuck. Using work time well helps me learn.

8 Not Turning In Work

I did not turn in my assignment on time. My teacher could not check my work, and I missed a chance to show what I know. Next time I will write it in my planner and turn it in when it is due. Being responsible helps me feel proud of my work.

PREVIEW

Preview - Bright Path Sped

My name _____ Date _____

Behavior Essays 6

Read each essay. Copy it on the lines.

11 Using a Device at the Wrong Time

I used my phone when I was supposed to be working. I was not paying attention, and I missed what my teacher taught. Next time I will keep it put away until my teacher says it is okay. Paying attention helps me learn.

12 Leaving My Seat Without Permission

I got up from my seat without asking. My teacher did not know where I was, and the class was distracted. Next time I will raise my hand and ask before I get up. Asking first helps our class run smoothly.

PREVIEW

Preview - Bright Path Sped

My name _____ Date _____

Behavior Essays 9

Read each essay. Copy it on the lines.

17 Not Taking Turns

I grabbed the supplies without waiting for my turn. My classmates felt left out, and the activity did not feel fair. Next time I will wait for my turn and let others go first. Taking turns lets everyone join in.

18 Taking Something That Is Not Mine

I took something that belonged to someone else without asking. The owner could not find it and felt upset, and it was hard to trust me. Next time I will ask first, and I will give it back. Asking first shows respect for other people's things.

PREVIEW

Preview - Bright Path Sped

My name _____ Date _____

Behavior Essays 11

Read each essay. Copy it on the lines.

21 Not Working with My Group

I did not do my part when we worked in a group. My group had extra work to do, and we did not finish on time. Next time I will do my part and share my ideas. A team does its best when everyone helps.

22 Using Words We Do Not Use at School

I said a word that is not okay to say at school. Other students heard it and felt uncomfortable, and my teacher had to stop to talk with me. Next time I will pick other words that fit school. The words I choose show who I am.

PREVIEW

Preview - Bright Path Sped

My name _____ Date _____

Write My Own Behavior Essay

Write your behavior essay on the lines.

My behavior:

What happened | How it affected others | What I will do next

PREVIEW

Reflection Log

One line each time a student writes. Filled example: page 26.

Teacher _____ Class or group _____ Month _____

Date	Student	Behavior	Page used	Done	Follow-up (your words)

PREVIEW

Avery's Month (Invented Student)

Avery T. is invented; nothing on this page describes a real student. The blank log is on page 24.

Student	Teacher	Month
Avery T. (invented)	Ms. Rivera (invented)	October

What Avery wrote (framed reflection, page 8)

What happened: I called out an answer before my teacher called on me.
How it affected others: My classmates could not finish thinking, and my teacher had to stop the lesson.
What I will do next: Next time I will raise my hand and wait to be called on.

Date	Student	Behavior	Page	Done	Support used
10/5	Avery T.	Talking Out of Turn	10	yes	Copy the essay
10/7	Avery T.	Running in the Hall	12	yes	Copy the essay
10/12	Avery T.	Talking Out of Turn	8	yes	Framed reflection
10/14	Avery T.	Not Following Directions	11	yes	Copy the essay
10/19	Avery T.	Talking Out of Turn	9	yes	Open reflection
10/21	Avery T.	Being Off Task	13	yes	Copy the essay
10/26	Avery T.	Not Turning In Work	13	not yet	Copy the essay

Behavior	Wk 1	Wk 2	Wk 3	Wk 4	Total
Talking Out of Turn	1	1	1	-	3
Not Following Directions	-	1	-	-	1
Running in the Hall	1	-	-	-	1
Being Off Task	-	-	1	-	1
Not Turning In Work	-	-	-	1	1
Total	2	2	2	1	7

How to read it

Avery T. wrote **7** reflections in October and finished **6**. The weekly totals (2 + 2 + 2 + 1) add to **7**, and so do the behavior totals. **Talking Out of Turn** came up **3** times, so the support moved from copying to the frame to the open page. Every number comes from the log table.

PREVIEW

A Note Home

Send this with the reflection your student wrote. Fill in the blanks in your own words.

Student _____ Teacher _____ Date _____

Dear family, today we talked about

In your child's words, what happened

What your child said they will do next time

What we agreed to try (your wording)

Three things you can ask at home

- "What happened? Tell me from the start."
- "Who else was part of it, and how might they have felt?"
- "What could you do next time?"

Note from home

Family signature and date

PREVIEW