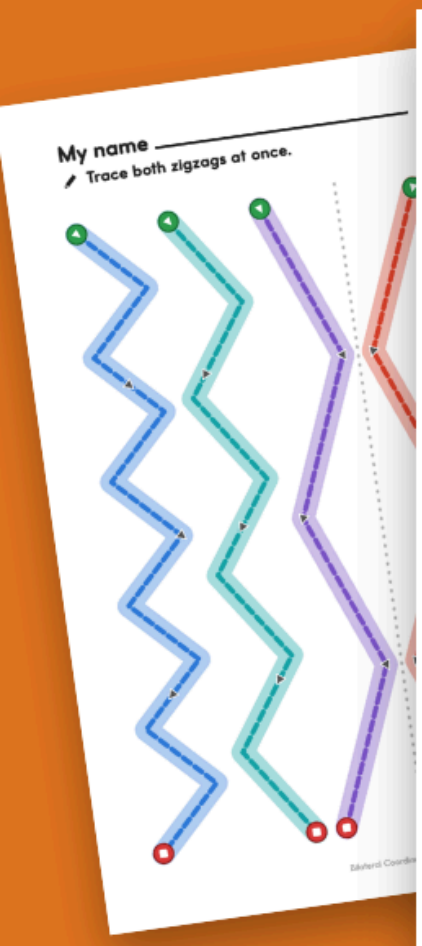
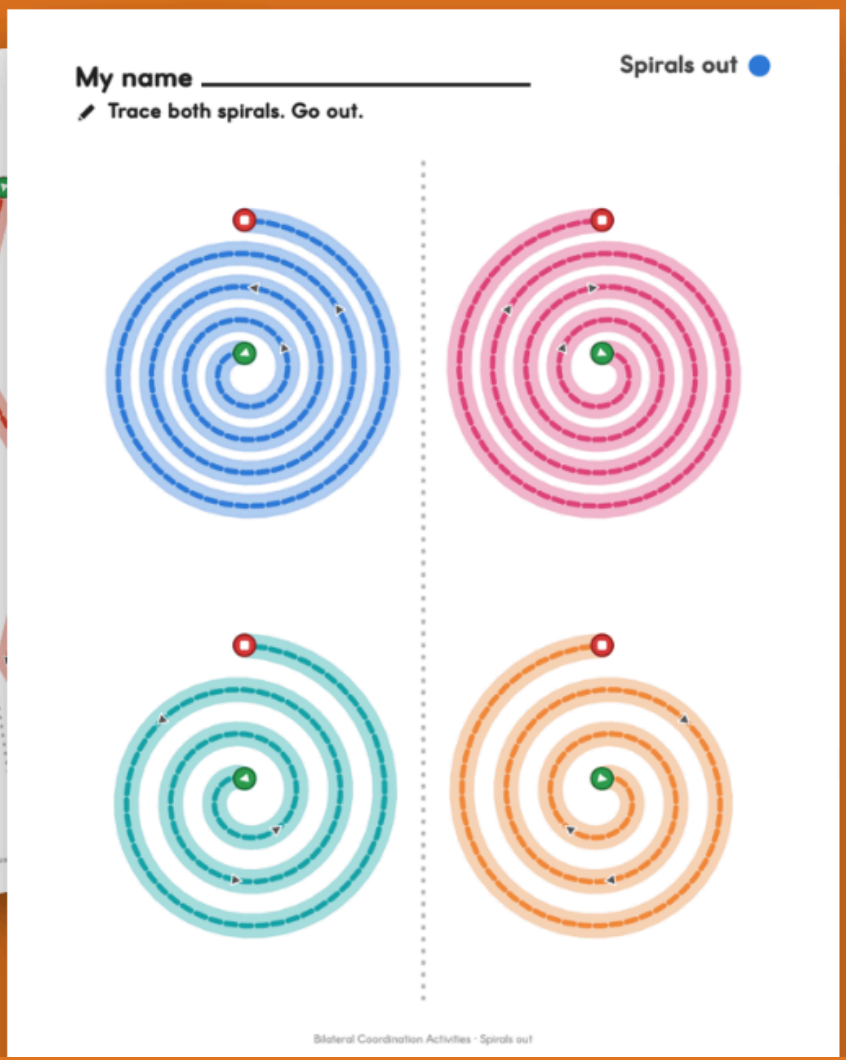
BILATERAL COORDINATION

Two-Hand Trace, Copy and Cut





22 SHEETS



Bright Path Sped

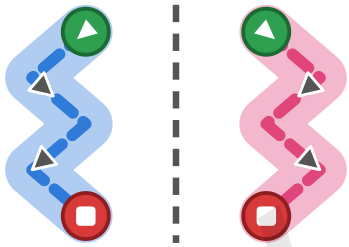
Preview : Bright Path Sped

Bilateral Coordination Activities

Two-hand trace, copy and cut sheets.

How to use

1. Print the sheets you need. Put one in front of the child, with the dashed line in the middle of the child's body.
2. The child touches the two green dots, one with each hand. Then both hands trace at the same time, from green to red. Try fingers first, then crayons or pencils.
3. Check the box on the I can sheet (page 29) and write a note on the tally row (page 30).



Green is go. Red is stop.
The two lines match.

What's inside

- 22 student sheets, each with a name line, one short instruction and a big work area
- 6 sheets of mirror lines: straight lines, zigzags, waves, loops, hills and steps, plus 2 spiral sheets and 2 shape sheets
- 3 dot grid sheets, a road sheet, a fold-and-trace sheet and a free mirror drawing sheet
- 3 draw-the-other-half sheets: join the dots, draw it, and finish the shape
- 3 hold-and-cut sheets: 6 strips, 8 pieces, and 6 straight lines to cut on
- 2 finished sheets that show what done looks like, and a worked example
- An I can check-off sheet with a teacher note line, a tally row you can type in, a page finder and a what's next page

Three shapes show the step

- ● Trace. A line to trace. 15 sheets.
- ■ Follow a guide. Dots to join, a road to stay in, or a half to finish with dots. 5 sheets.
- ▲ Draw. Only a little help. 2 sheets.

These are practice sheets. Start where the child is. The pace, the tool and any help are yours to choose.

PREVIEW

Preview : Bright Path Sped

Worked Example

Mo is an invented example student, not a real child.

What Mo does on a mirror sheet

1. Touches the two green dots, one with each hand, and says "go".
2. Traces both lines at the same time, with a crayon in each hand.
3. Stops at the two red dots.
4. On a cut sheet, holds the paper with one hand and cuts with the other.

What Mo's teacher types in the tally row (invented)

Day	Sheets worked on	Sheets done	Helper level
Mon	Zigzags (page 8), Waves (page 9)	2	a reminder
Tue	Spirals in (page 13), Shapes (page 15)	2	on my own
Wed	Fold and trace (page 21), Dot grids (page 17), More dot grids (page 18)	3	a little help
Thu	Join the dots (page 22), Cut strips (page 25)	2	a reminder

Across the four days Mo finished 9 sheets. That is 2 + 2 + 3 + 2 from the table, and 9 of the 22 student sheets in this file.

Helper level

Write it in your own words. Mo's teacher used "on my own", "a reminder" and "a little help". What each one means, and what counts as done, is the teacher's call: _____

Why a finished sheet helps

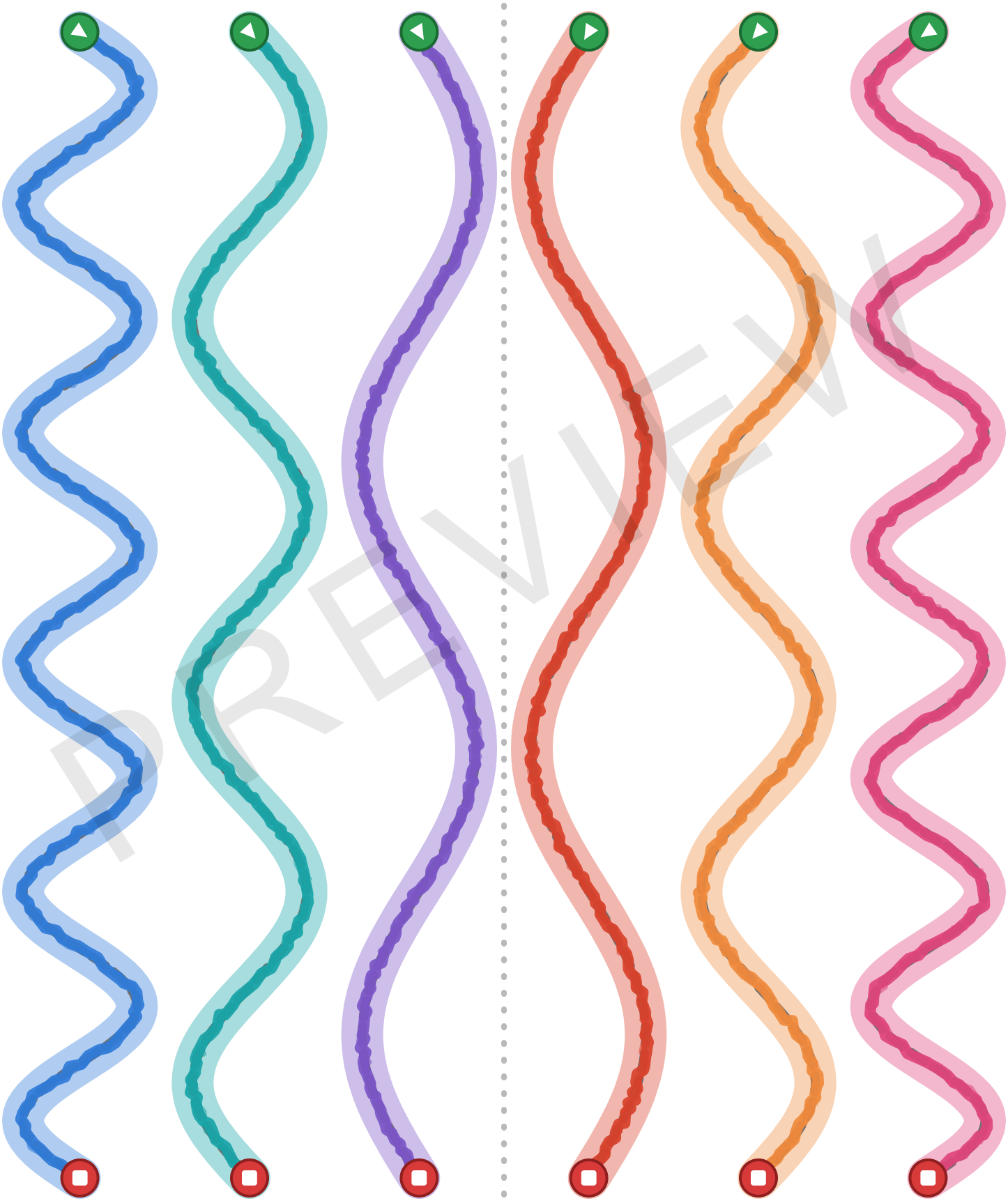
The next 2 pages show a waves sheet and a spirals sheet after both lines have been traced. Color over the dashes from the green dot to the red dot.

PREVIEW

Waves

My name _____

Look! Both lines are traced.

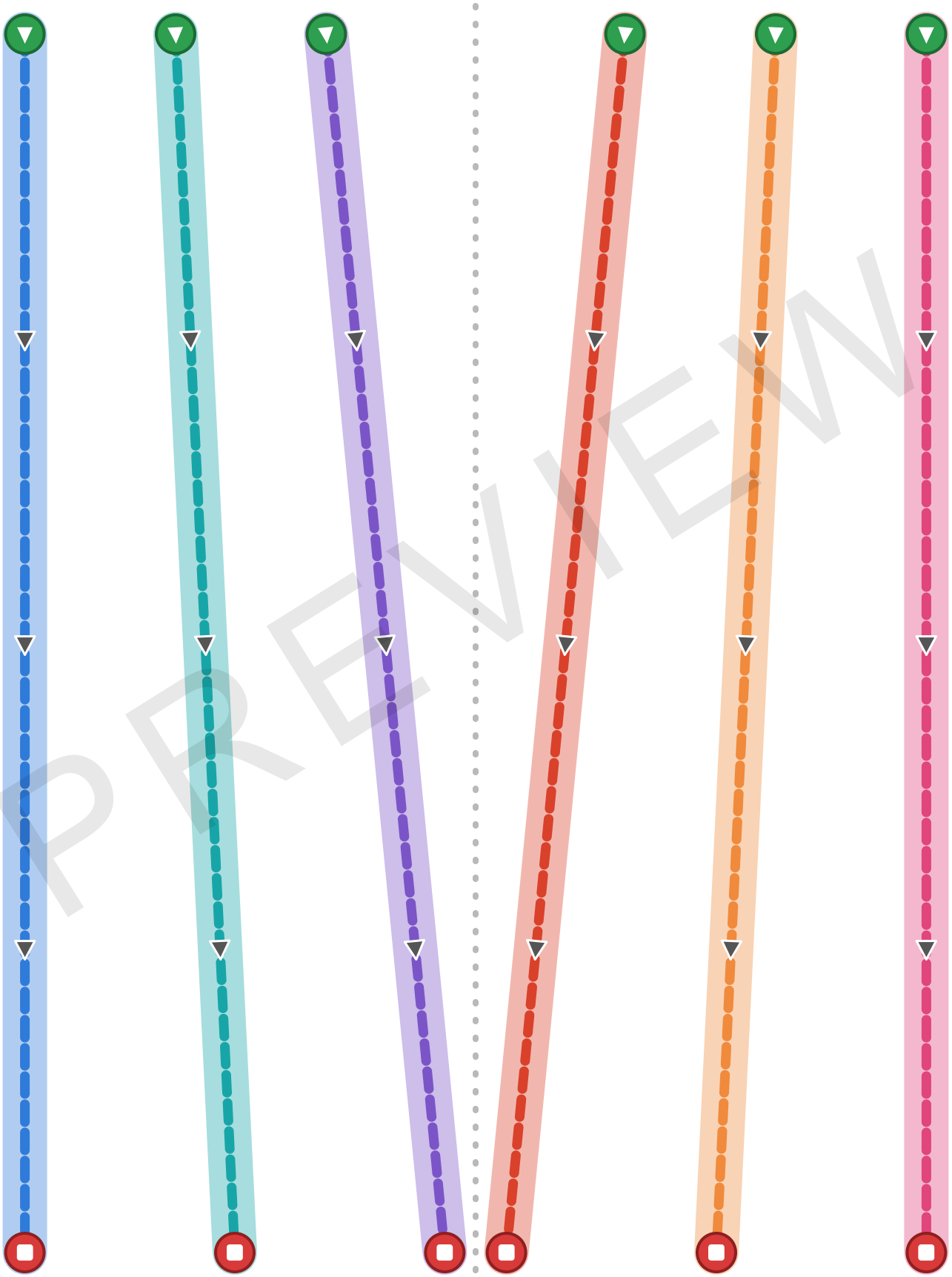


PREVIEW

Straight lines

My name _____

Trace both lines at once. Start at green.

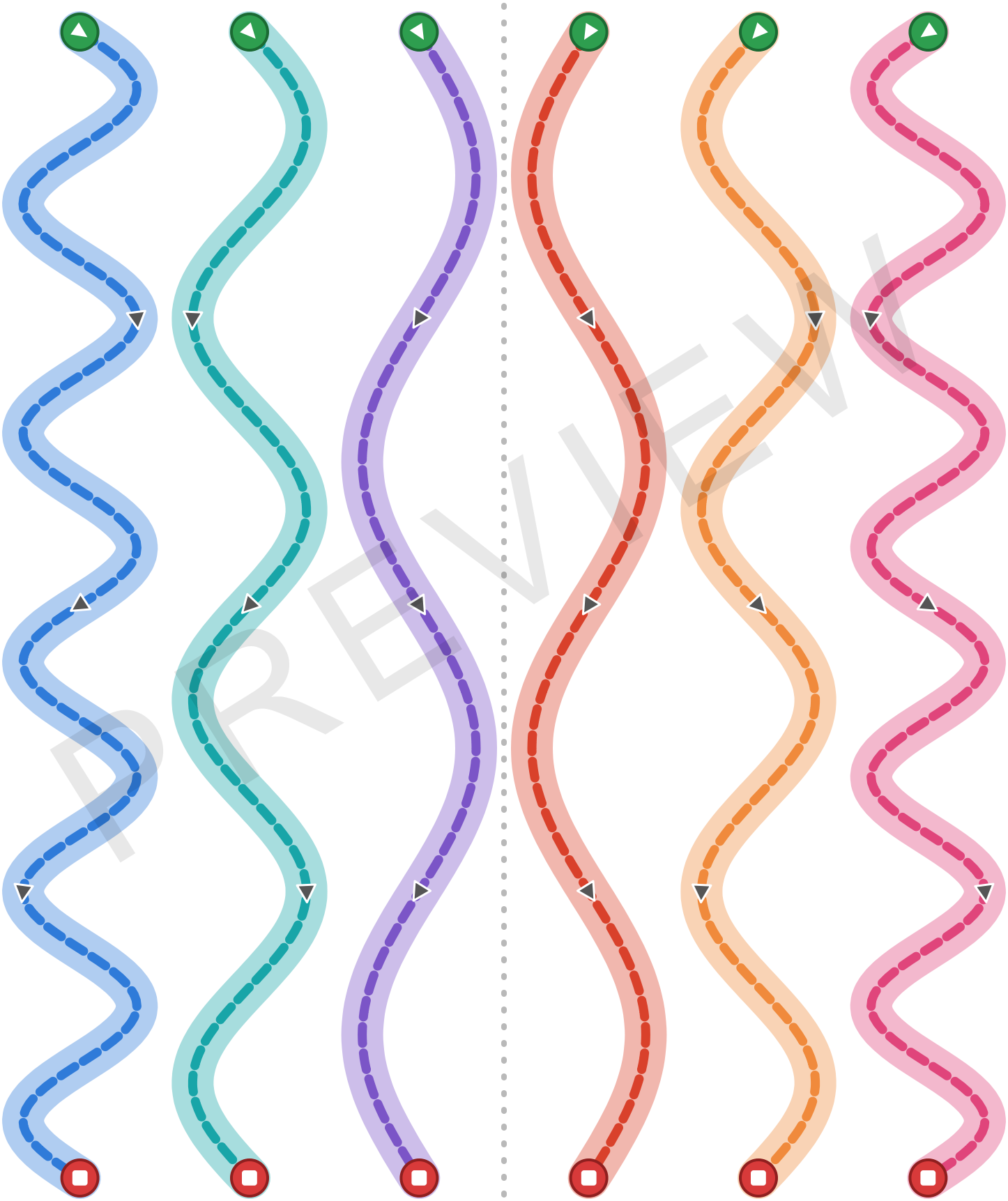


PREVIEW

Waves

My name _____

Trace both waves at once.

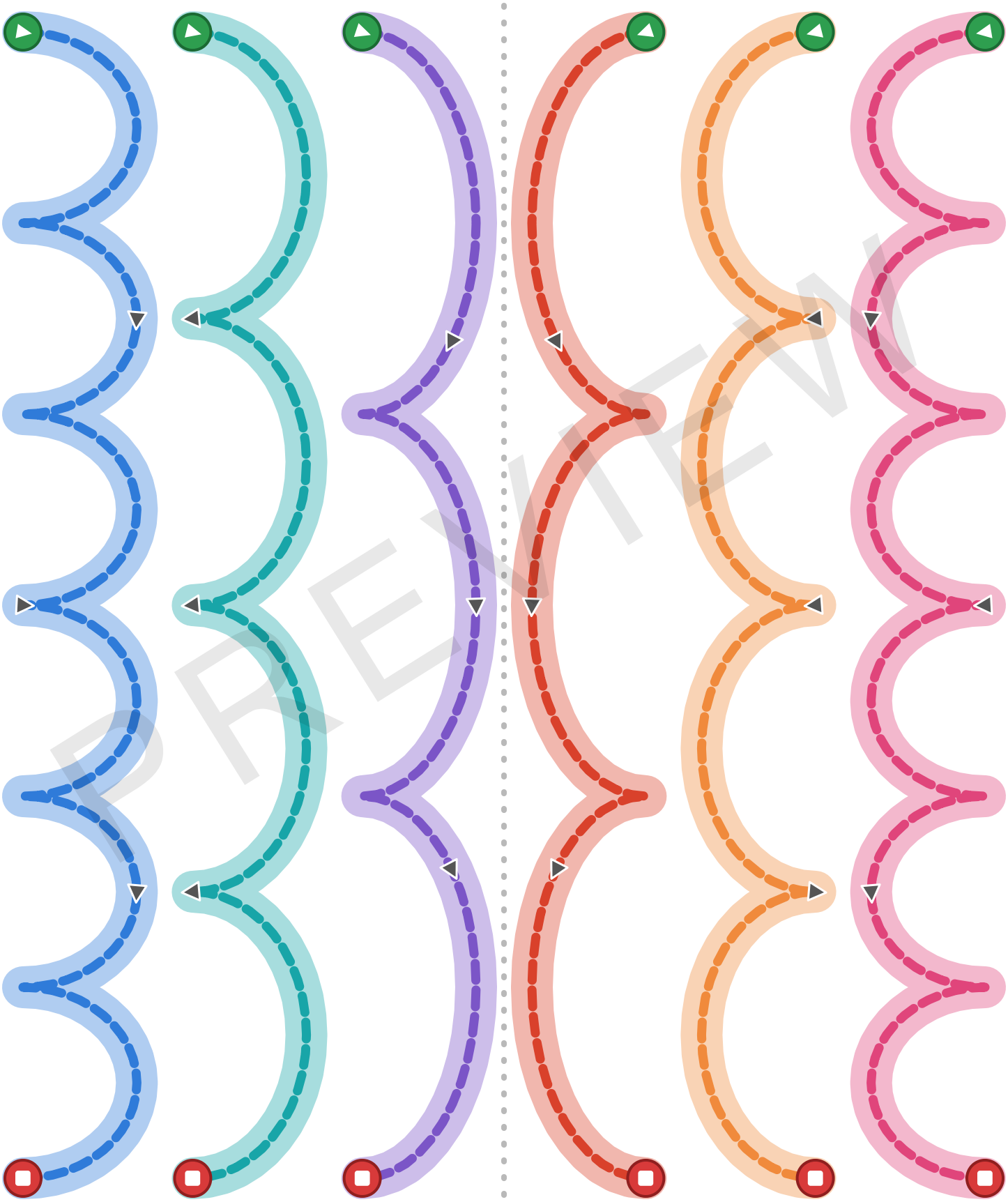


PREVIEW

Hills

My name _____

Trace both hills at once.

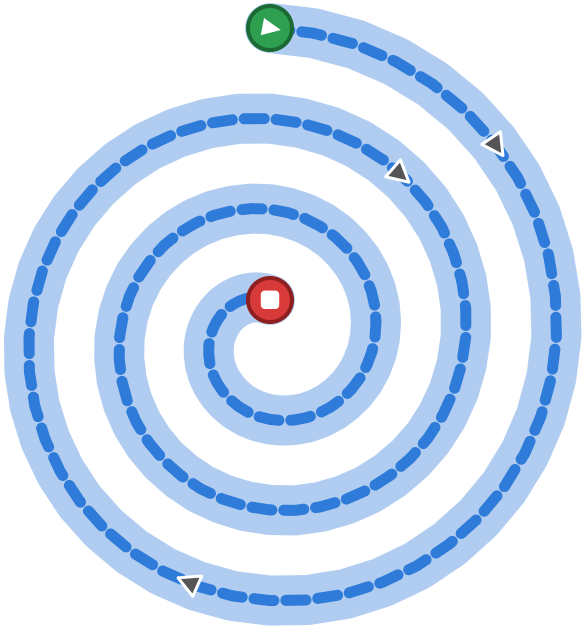


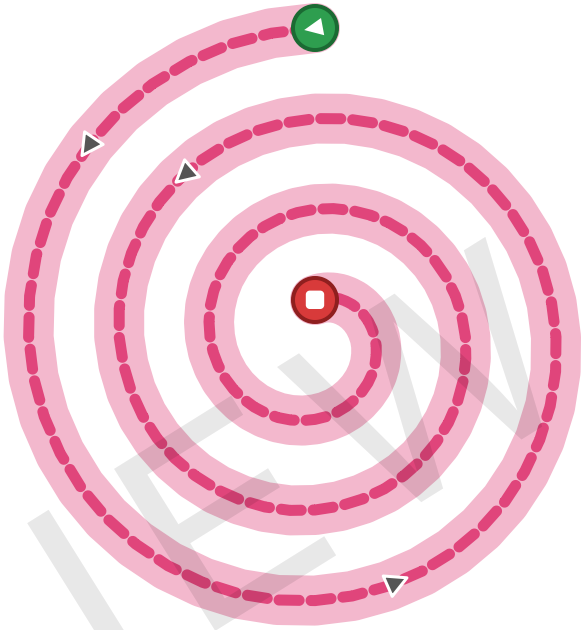
PREVIEW

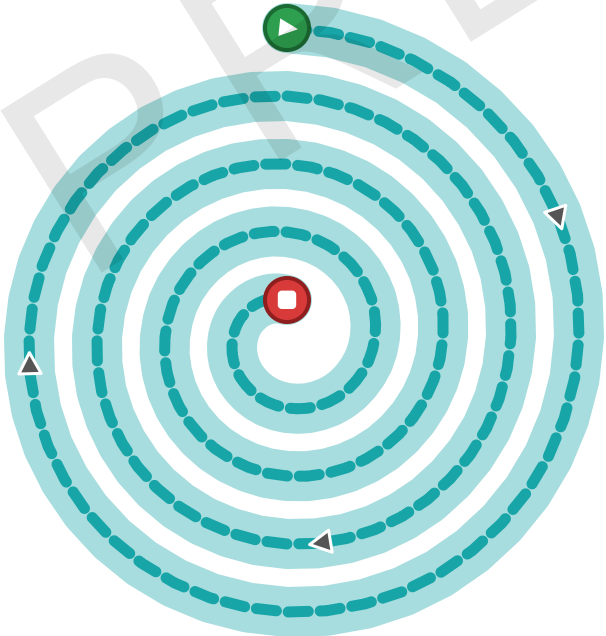
Spirals in

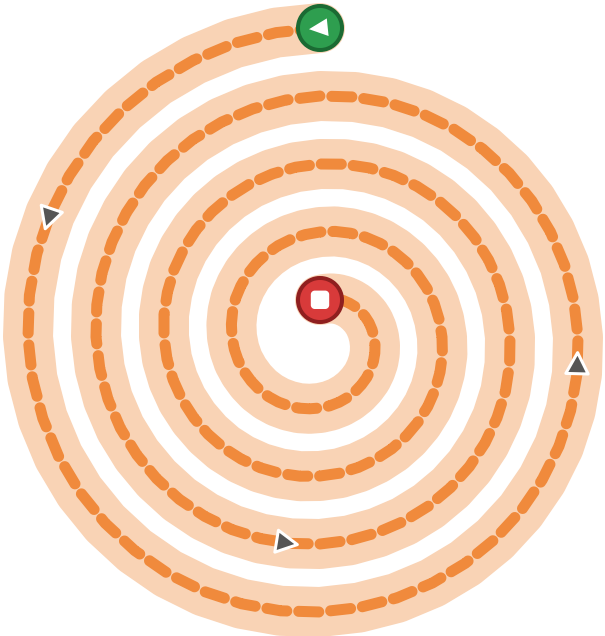
My name _____

Trace both spirals. Go in.







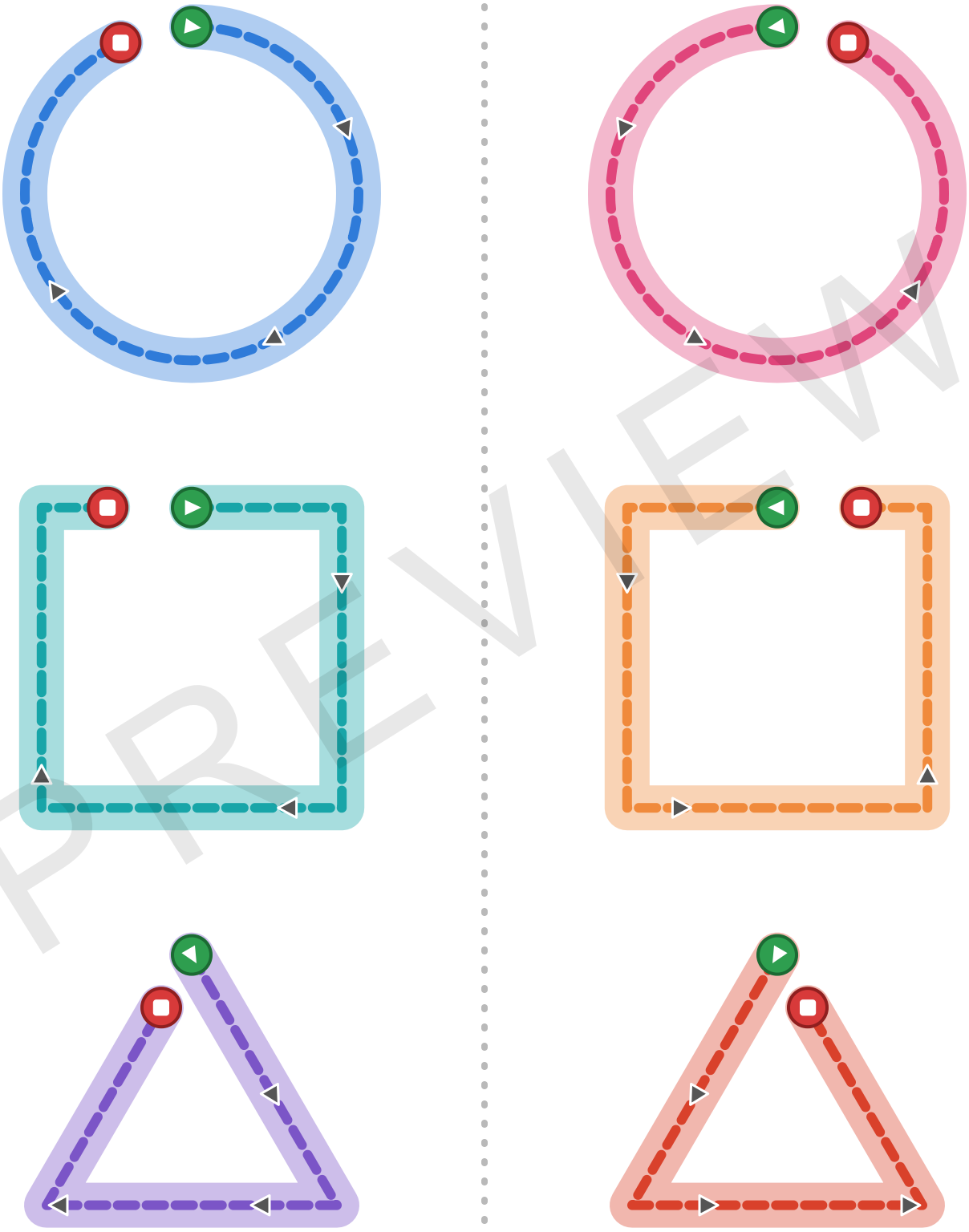


PREVIEW

Shapes

My name _____

Trace both shapes at once.

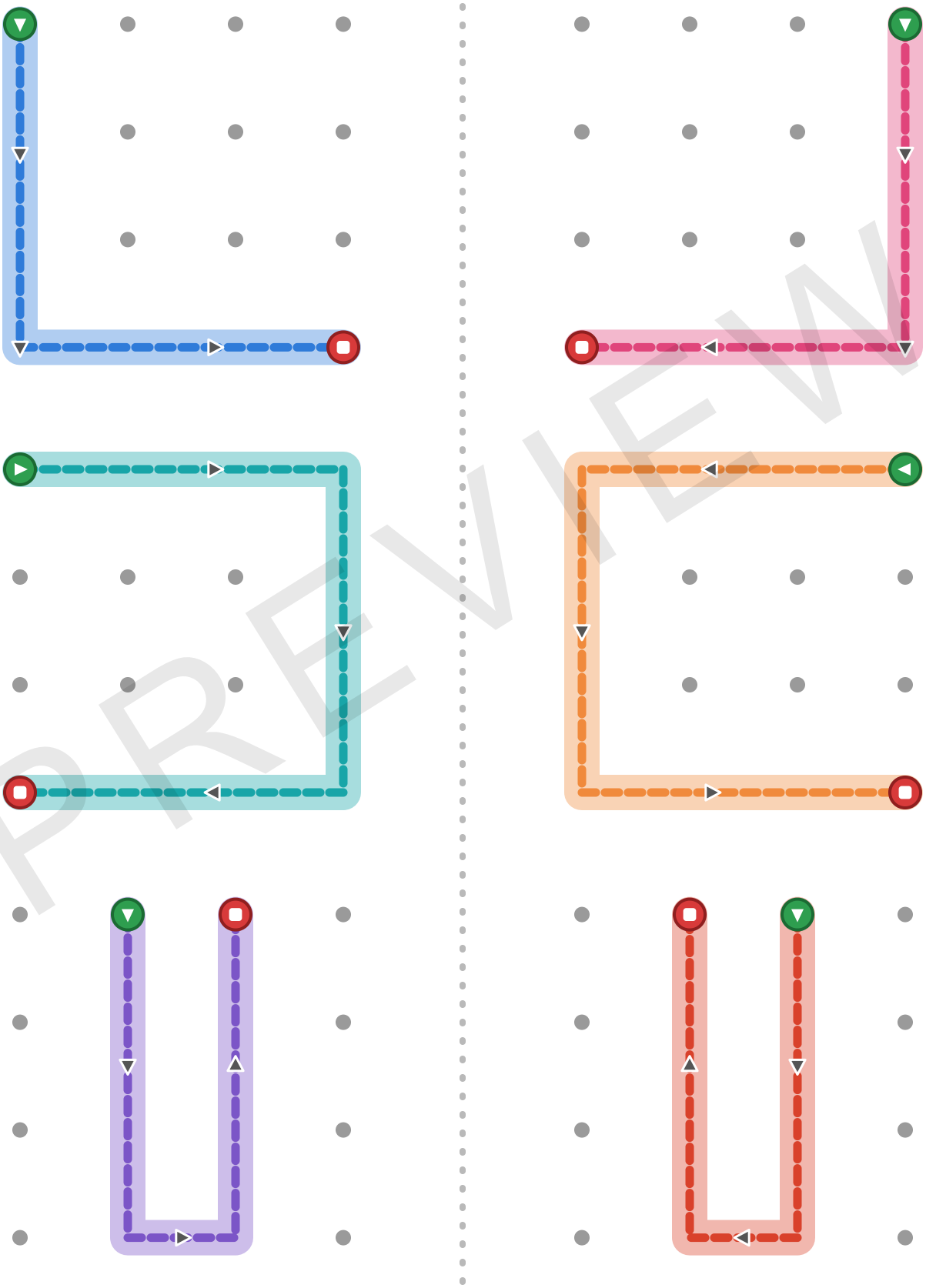


PREVIEW

My name _____

Dot grids

Trace both dot grids at once.

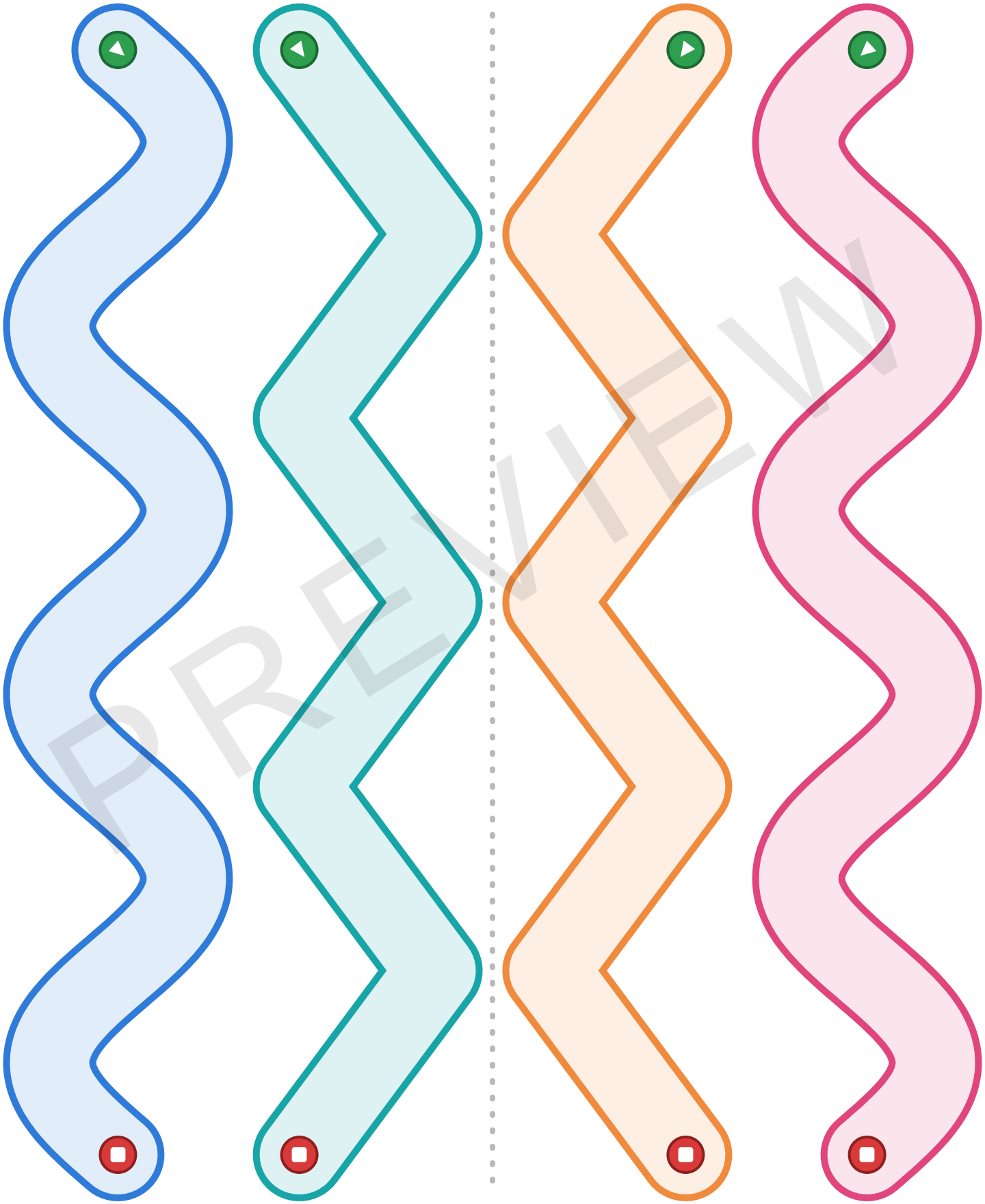


PREVIEW

Roads

My name _____

Draw down both roads. Stay inside.

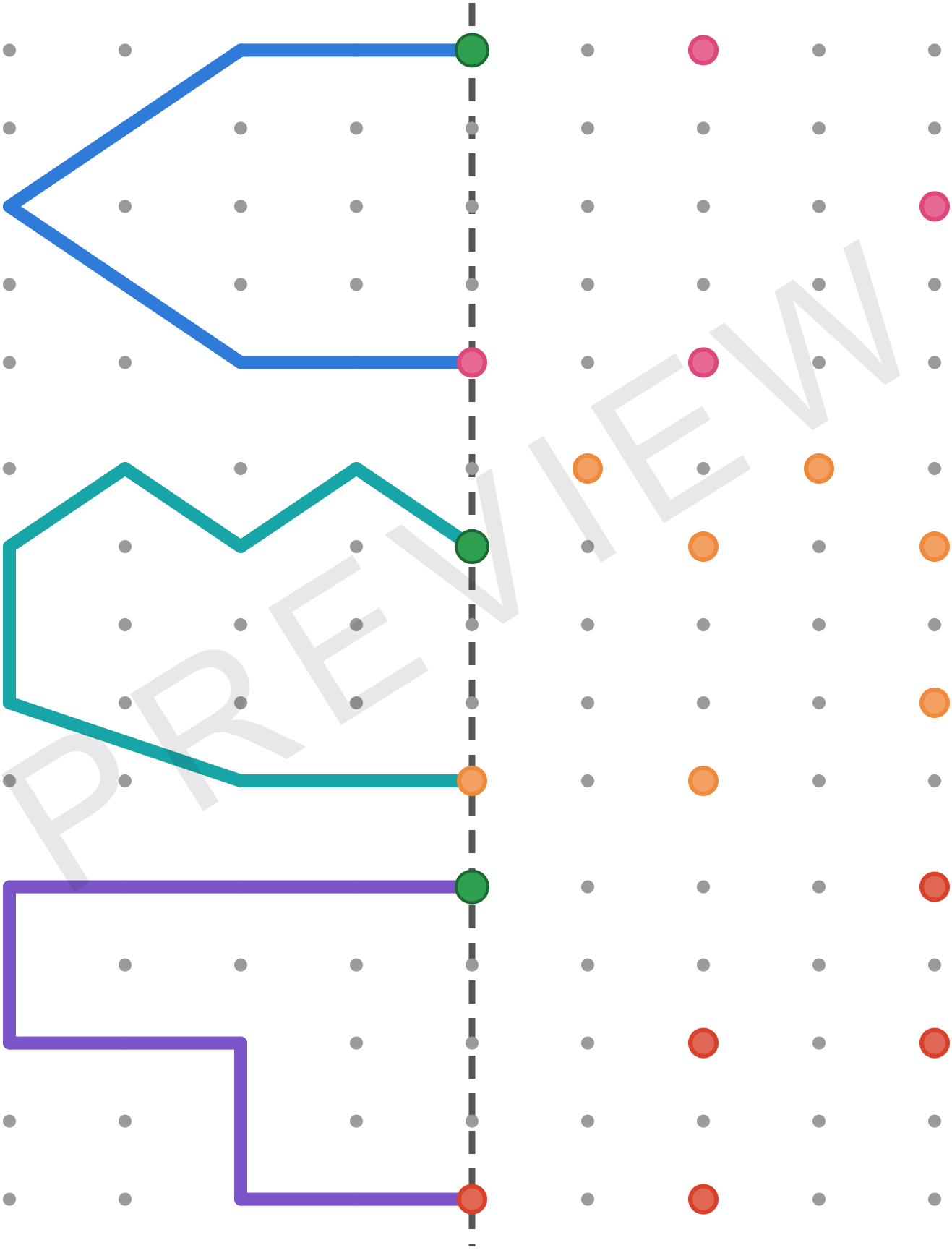


PREVIEW

My name _____

Join the dots

Join the dots. Make the other half.

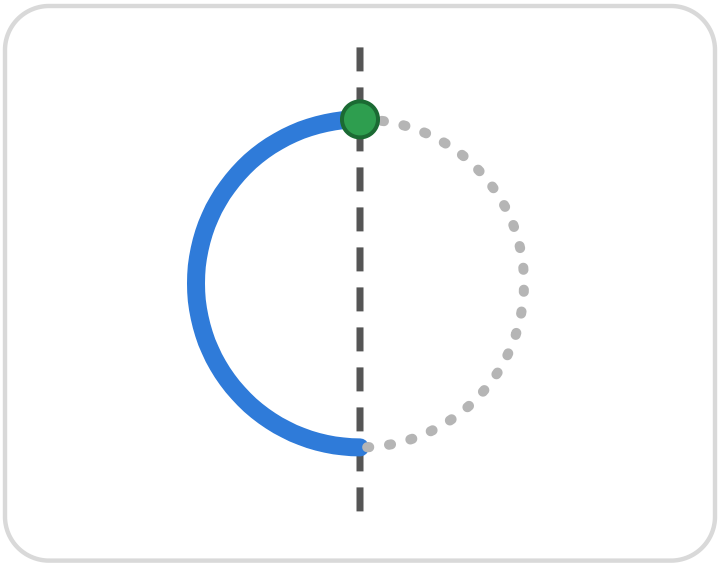


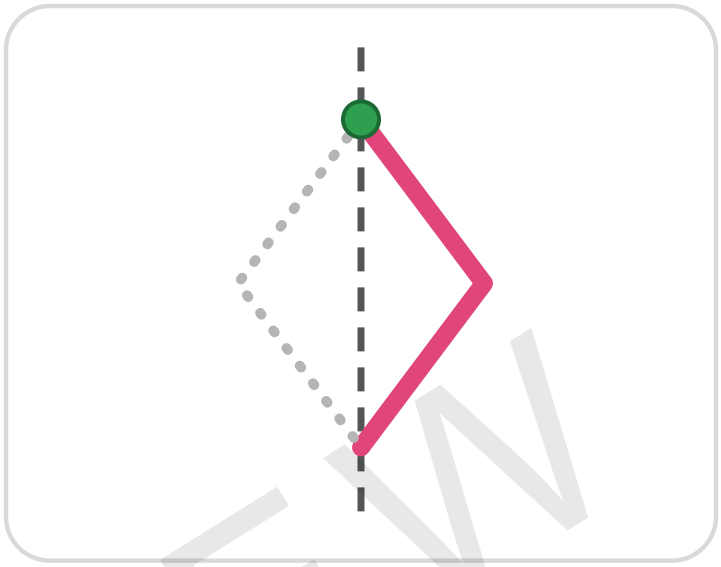
PREVIEW

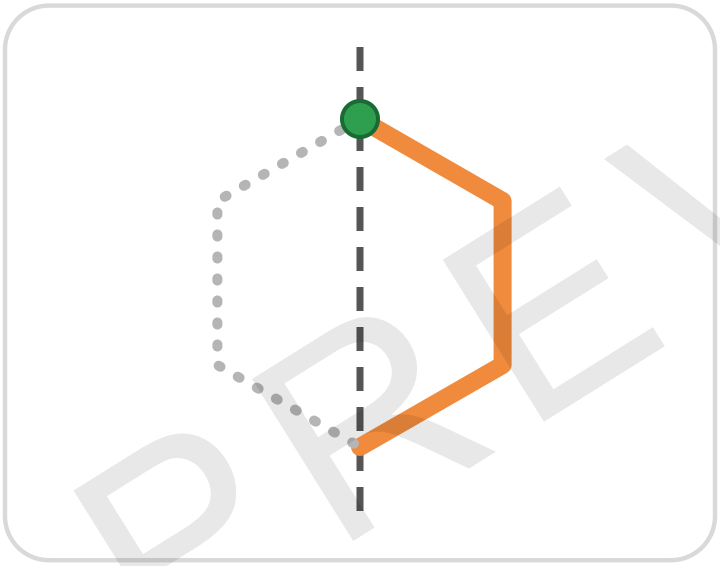
Finish the shape

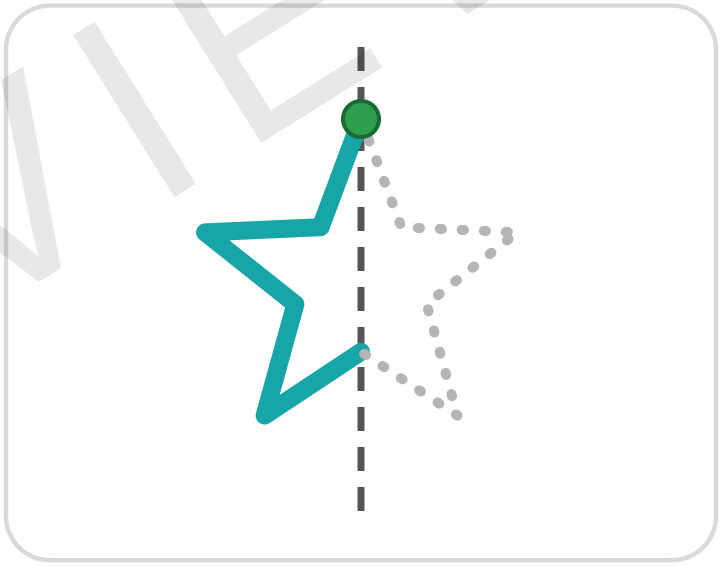
My name _____

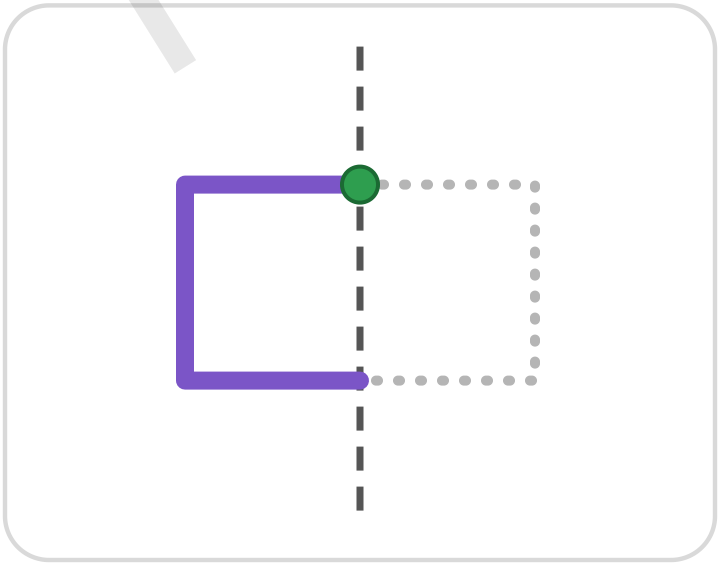
Finish each shape. Use the dots.

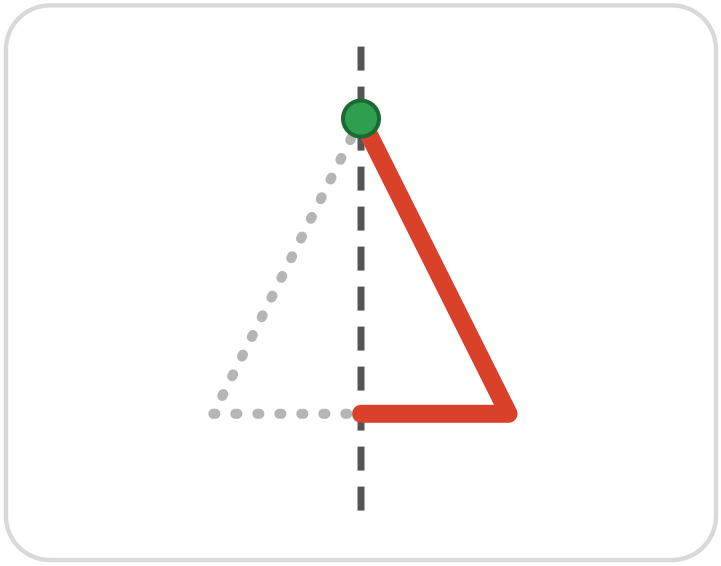










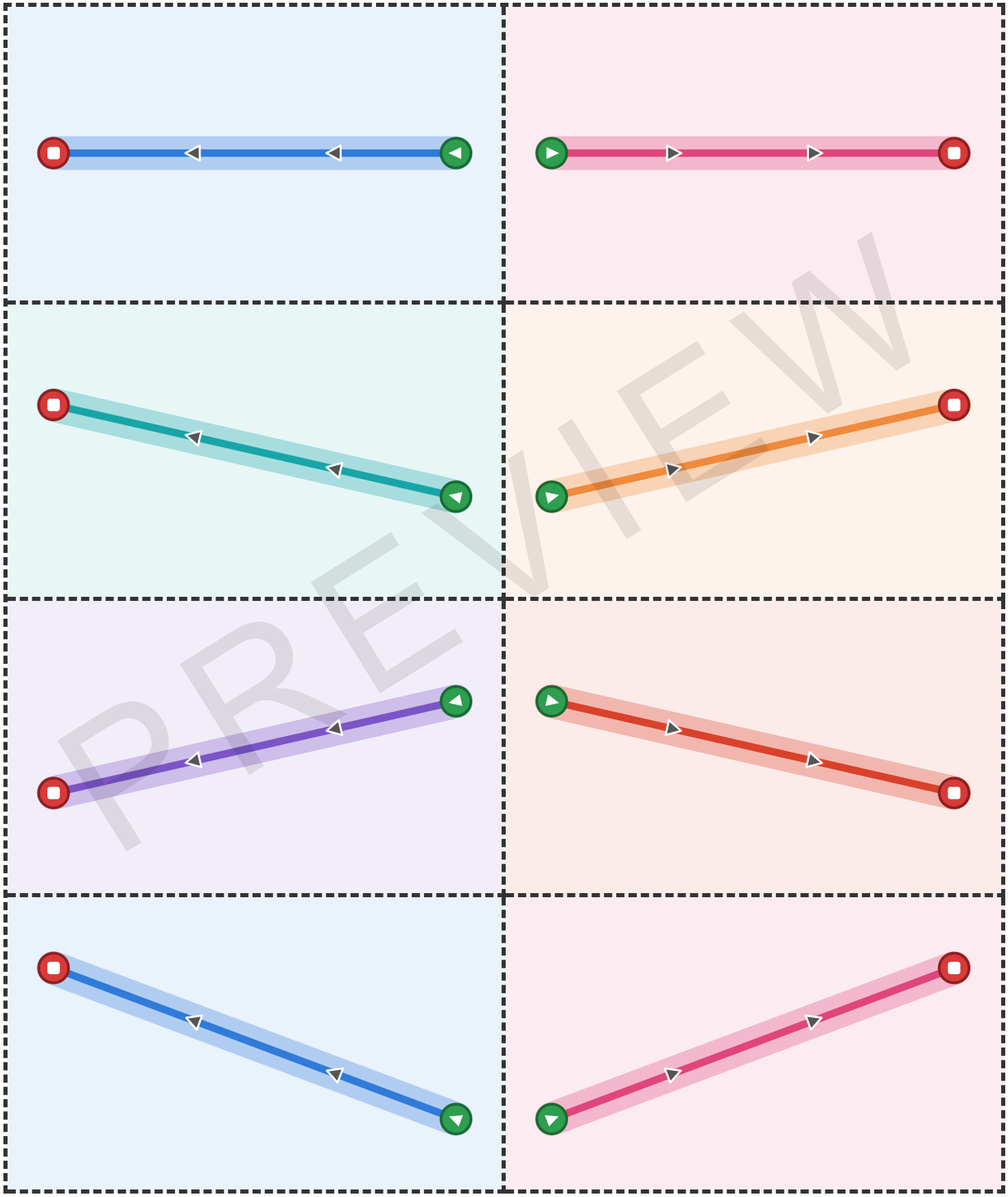


PREVIEW

Cut pieces

My name _____

Trace the line. Hold the paper. Cut it apart.

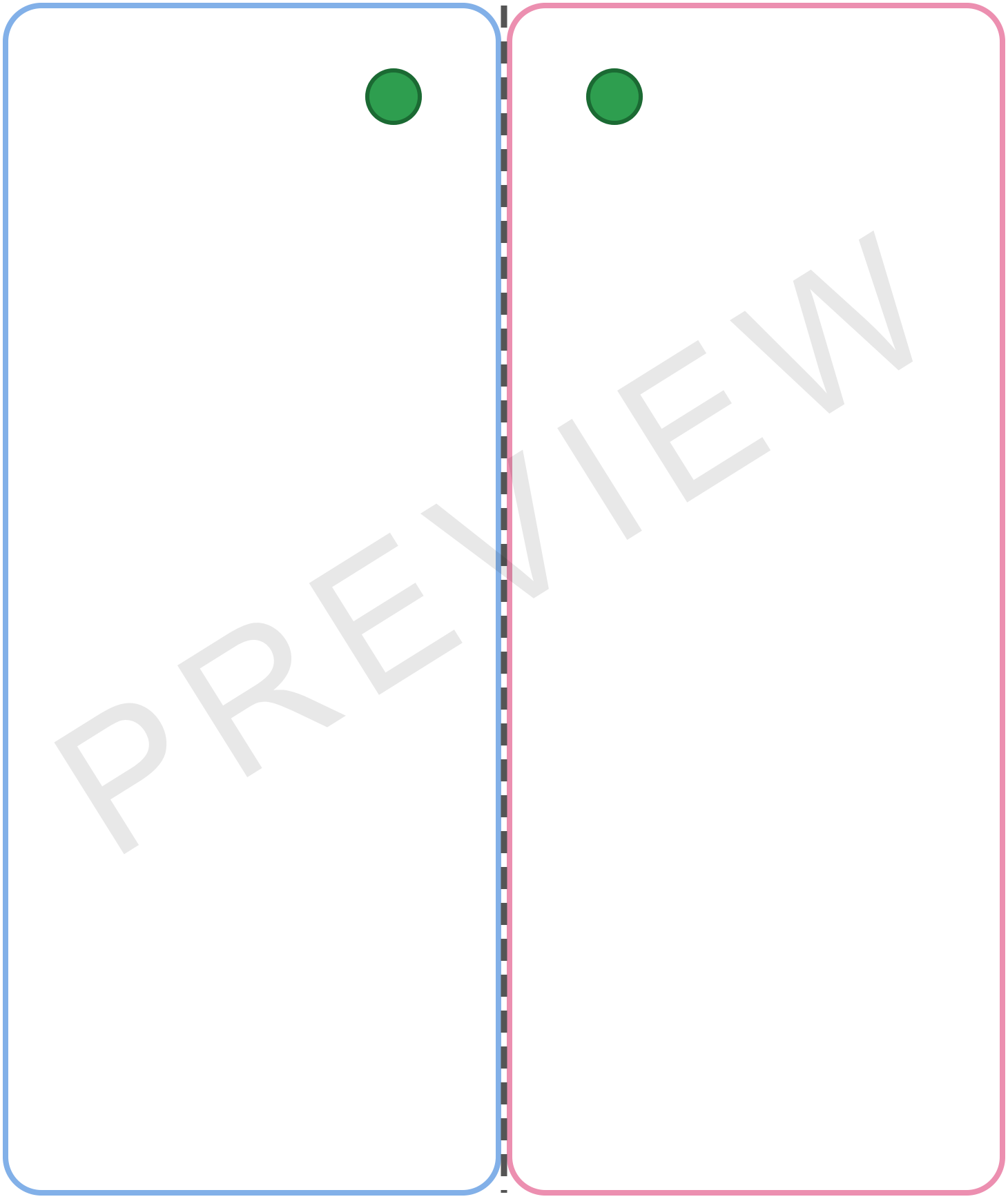


PREVIEW

My mirror drawing

My name _____

Draw with both hands at once.



PREVIEW

Preview : Bright Path Sped

Tally Row

Student: _____ Goal: _____

Type in the row below, or print the page and write. Helper level is in your own words (Mo's teacher wrote "a reminder").

Date	Sheets done	Helper level

More rows to write on when you print

Date	Sheets done	Helper level

PREVIEW