

Track diaper changes, who changed, and what state. Fillable PDF with daily schedule, daily log, daily and weekly tallies, weekly and monthly summaries, a progress graph, state tracker, prompt bank, and home communication page. Fillable PDF.

EXAMPLE

One Student, One Week, Filled In

An inverted three-year-old. Every number is made up; every total is added on the page so the arithmetic can be checked.

Weekly summary (page 8) — James, age 3, is a self-contained classroom (inverted)

James's schedule: Diaper changes at 8:00, 10:00, 12:00, 2:00, 3:30, and after snack. All routine (stuff changes on schedule).
 Staff: Mix of teacher and assistants. **Notes:** Friday was dry for longer stretches.

DAY	TOTAL	WET (W)	SOILED (S)	DRY (D)
Monday	6	3	2	1
Tuesday	6	2	2	2
Wednesday	6	3	3	0
Thursday	6	4	2	0
Friday	6	3	3	0
Saturday	6	2	3	1
Sunday	6	1	0	5

Math check: Daily totals: $0+6+6+6+6+6+6 = 42$ ✓. Wet: $3+3+4+3+2+1 = 18$ ✓. Soiled: $3+2+3+2+3+3 = 18$ ✓. Dry: $1+2+0+0+0+1+5 = 9$ ✓. Wet % = $18 \div 42 = 42.9\%$ ✓. Soiled % = 35.7% ✓. Dry % = 21.4% ✓.

Monthly summary (page 9) — Four weeks of data

WEEK	TOTAL	WET	SOILED	NOTES
Week 1	42	18	15	~43% wet

How the Diaper Changing Log Works

Six pages carry the data collection each day; the rest are the summaries and the evidence. Set up the schedule once and the log runs on tallies and initials.

WHEN	PAGE	WHAT GETS WRITTEN
After each diaper change	Daily log (6), tallies (7)	Time, location, who changed, state (W/S/D/R); a tally for that state
Every Friday	Weekly summary (8), tallies (7)	Total changes, count of wet, soiled, dry, refused, and pattern notes
Every month	Monthly summary (9), tracker (10)	Four weeks copied from the weeklies, month totals, trend
Every quarter	Graph (11), state tracker (12)	Plot the average changes per day; notice if patterns are changing

What this file is not

Not a medical chart or a clinical document. This is the working paper that records when and by whom a diaper change happened and what state the student was in. Your school's diaper-change protocol and skin-care policy go on page 3 (the blank line).

The three habits the file assumes

- ☐ The daily schedule (page 5) is filled before the first change.
- ☐ Every change is written down the same day, within an hour.
- ☐ Tallies are marked immediately (faster than writing sentences).

Your school or district rules (write them here once)

YOUR SCHOOL'S DIAPER-CHANGE PROTOCOL

.....

HOW OFTEN CHANGES ARE OFFERED (ROUTINE, OR AS-NEEDED)

.....

WHAT COUNTS AS A WET VS. SOILED STATE

.....

SKIN-CARE CHECKS (WHAT TO WATCH FOR)

.....

CODES USED THROUGHOUT THIS LOG

CODE	MEANING (USED ON PAGES 6, 7, 8)
C	Classroom
B	Bathroom
O	Other location
T	Teacher
A	Instructional Assistant
N	Nurse
O	Other
W	Wet diaper
S	Soiled diaper
D	Dry
R	Refused change

DAILY Daily Diaper Change Log

One row per change. Time, location, who changed, state (wet/soiled/dry), and notes about anything unusual or worth knowing.

STUDENT

DATE _____

TIME DONE: (WRITE AT END OF DAY)

[illegible]

One row per change

Write immediately or within an hour. W = wet diaper, S = soiled diaper, D = dry, R = refused change. Notes: skin checks, behavior, anything that helps you remember the day.

Every day, tally the changes by state. A four-week sheet to count by day and by week.

STUDENT

MONTH

Week 1

MON	TUE	WED	THU	FRI	SAT	SUN
Total:						
W:						
S:						
D:						

Week total: _____ changes W: _____ S: _____ D: _____

Week 2

MON	TUE	WED	THU	FRI	SAT	SUN
Total:						
W:						
S:						
D:						

Week total: _____ changes W: _____ S: _____ D: _____

Week 3

MON	TUE	WED	THU	FRI	SAT	SUN
Total:						
W:						
S:						
D:						

Week total: _____ changes W: _____ S: _____ D: _____

Week 4

MON	TUE	WED	THU	FRI	SAT	SUN
Total:						
W:						
S:						
D:						

Week total: _____ changes W: _____ S: _____ D: _____

Month Total

Total changes: _____

Average per day: _____

Wet: _____ Soiled: _____ Dry: _____

Monthly Diaper Change Report

Four weeks of data. Each week's totals, month total, and trend (changes needed more or less often, better or worse).

STUDENT

MONTH / YEAR

COMPLETED BY

WEEK	TOTAL CHANGES	WET COUNT	SOILED COUNT	DRY COUNT	PATTERN NOTES

TOTAL CHANGES THIS MONTH

AVERAGE CHANGES PER DAY

OVERALL TREND (MORE / SAME / FEWER)

This month

Notable patterns or changes: _____

Next month

What to watch for: _____

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Monthly summary (page 9) — Four weeks of data

WEEK	TOTAL	WET	SOILED	NOTES
Week 1	42	18	15	~43% wet
Week 2	42	17	16	~40% wet
Week 3	42	16	14	~38% wet
Week 4	42	15	13	~36% wet

Check: Month total 168 changes (42×4) ✓. Wet trending down from 43% to 36% ✓. Soiled also down ✓. Dry time increasing (good progress).

State tracker (page 12)

Week 1: Wet 43%, Soiled 36%, Dry 21%. Week 4: Wet 36%, Soiled 31%, Dry 33%. Student is staying dry longer over the month.