EMOTION
PLAYDOUGH MATS

Build a Feelings Face, 12 Emotions



Bright Path Sped

Preview : Bright Path Sped

Emotion Playdough Mats

Look at the picture. Name the feeling. Build the face in dough.

Start here



1. Print the mats you need. Slide each into a sheet protector, or laminate. No cutting.
2. Give the student a mat and dough. They read the word, look at the picture, press dough into the oval and build the face from the pieces shown.
3. Say the feeling together, then trace or write the word. Mark the data sheet.

What's inside

- 12 emotion mats, one per page: happy, sad, angry, scared, excited, worried, proud, tired, shy, confused, bored and disappointed
- Each has the word, a picture of a child showing it (10 different children, girls and boys), a big empty oval and the dough pieces to use
- 3 model mats (one per level) and a worked example
- A feelings check-in and a black-and-white feelings passport
- 2 black-and-white card sheets (12 feeling cards, 6 to a sheet) to trim and laminate for a task box or ring
- A note for home, an answer key and a data sheet

The three levels

- ● Level 1 happy, sad, angry, scared. 3 dough pieces: 2 eyes and a mouth. Trace the word twice.
- ■ Level 2 excited, worried, proud, tired. 5 pieces: add 2 eyebrows. Trace the word, then write it.
- ▲ Level 3 shy, confused, bored, disappointed. 8 pieces: add a nose and 2 ears. Write the word, then finish "I feel ___ when".

How to run it

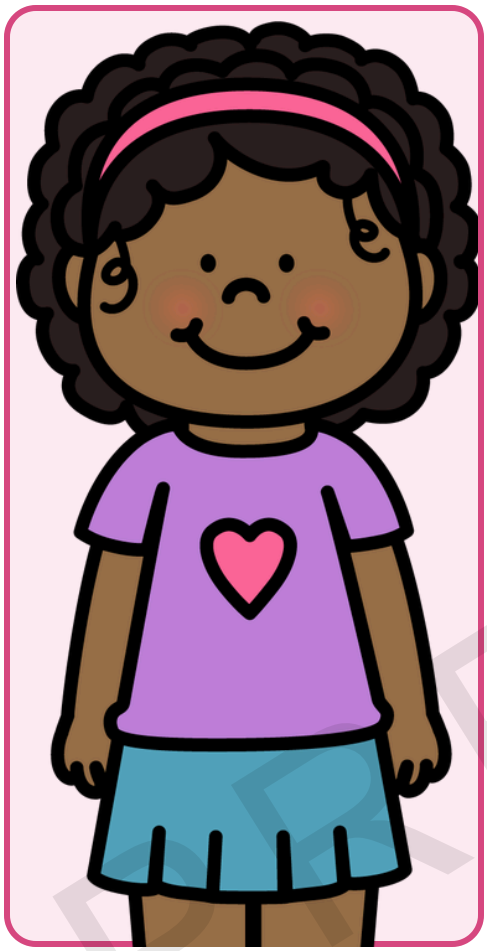
Any soft dough or clay works. Roll the pieces ahead or let the student roll them. Laminate or use a sheet protector and a dry-erase marker for the word lines. The cards and passport are black and white to save ink.

PREVIEW

My name _____

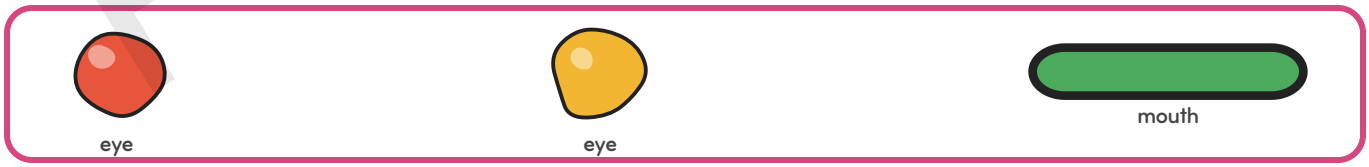
Look! Press the dough flat. Add the pieces.

happy





PREVIEW

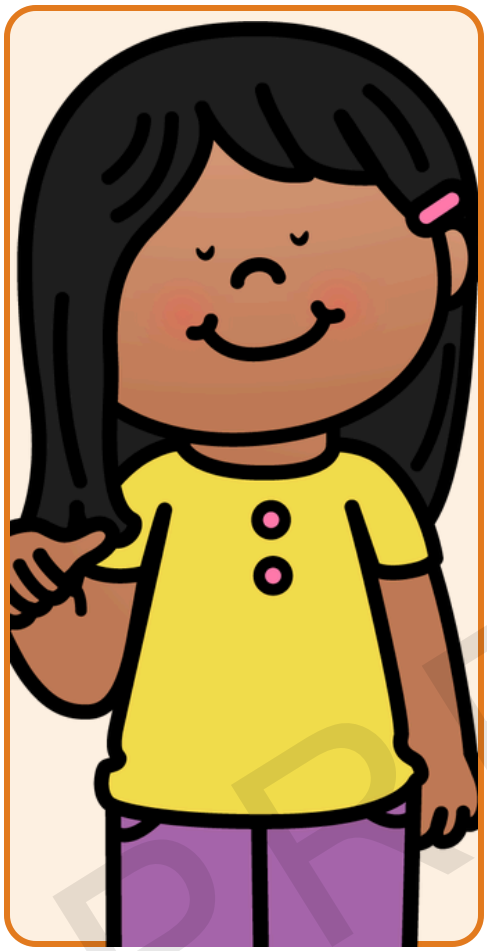


1. Press the dough flat in the oval.
2. Add the pieces.
3. Match the picture.

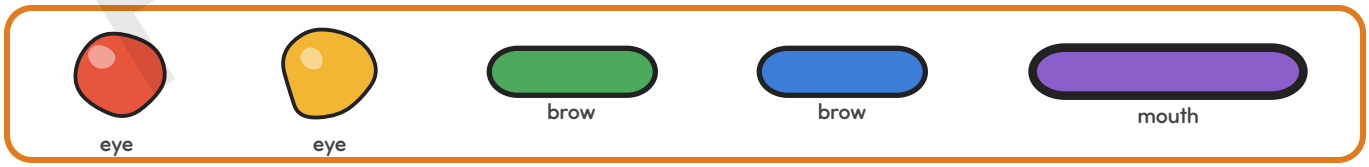
My name _____

Look! Press the dough flat. Add the pieces.

proud







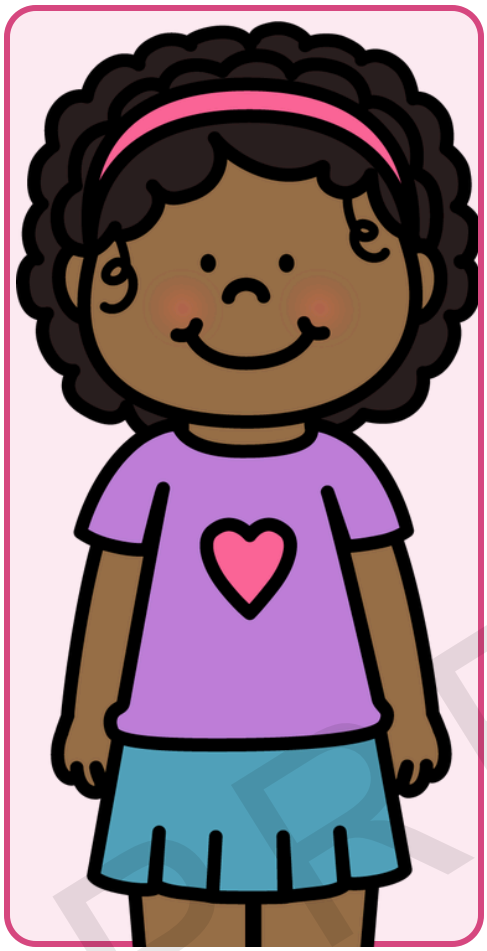
1. Press the dough flat in the oval.
2. Add the pieces.
3. Match the picture.

PREVIEW

My name _____

Build the face with dough. Copy the picture.

happy



PREVIEW



eye



eye



mouth

Trace it. Say it.

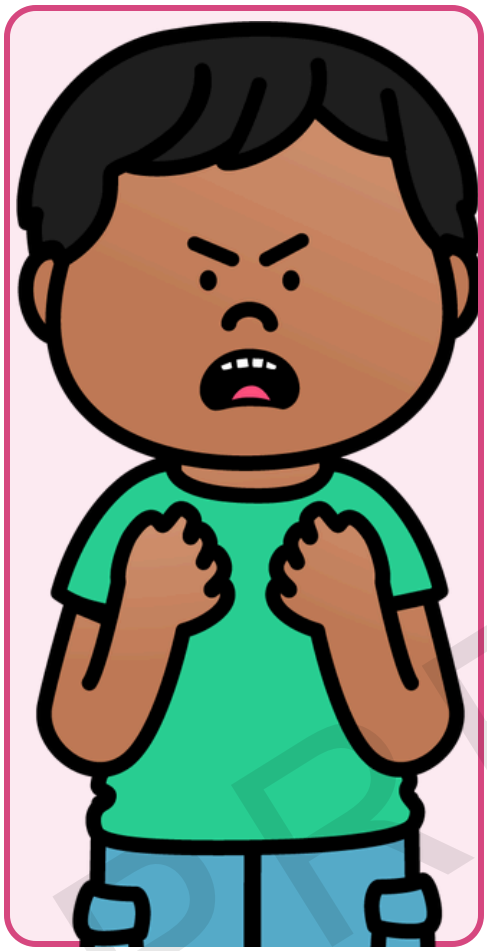
happy

happy

My name _____

Build the face with dough. Copy the picture.

angry



PREVIEW


eye


eye


mouth

Trace it. Say it.

angry

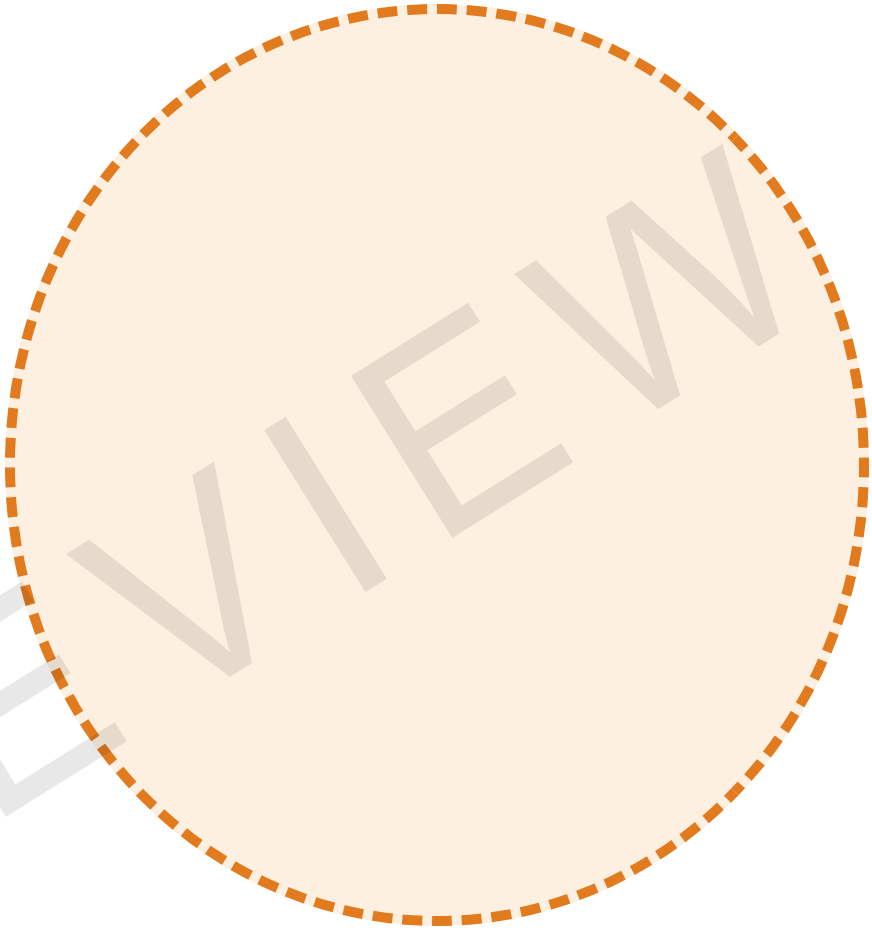
angry

My name _____

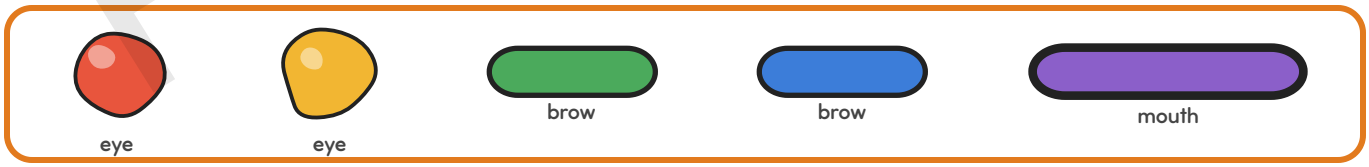
Build the face. Add eyebrows. Copy the picture.

excited





PREVIEW



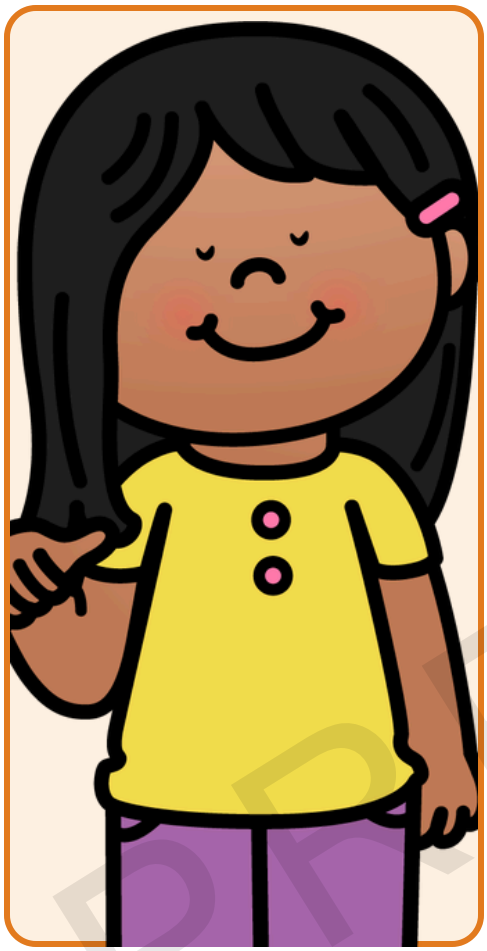
Trace it. Then write it.

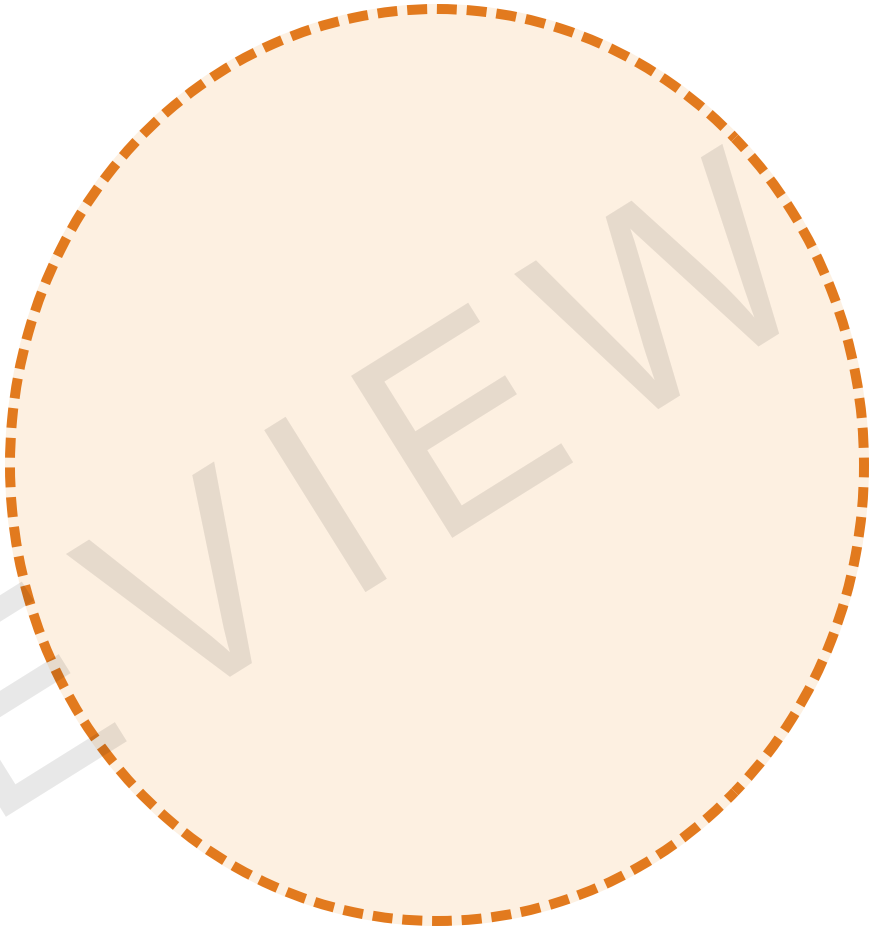
excited

My name _____

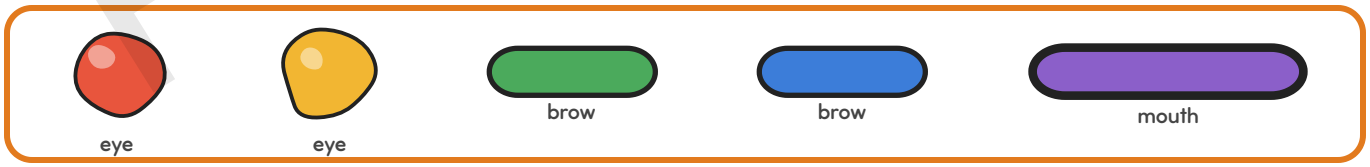
Build the face. Add eyebrows. Copy the picture.

proud





PREVIEW



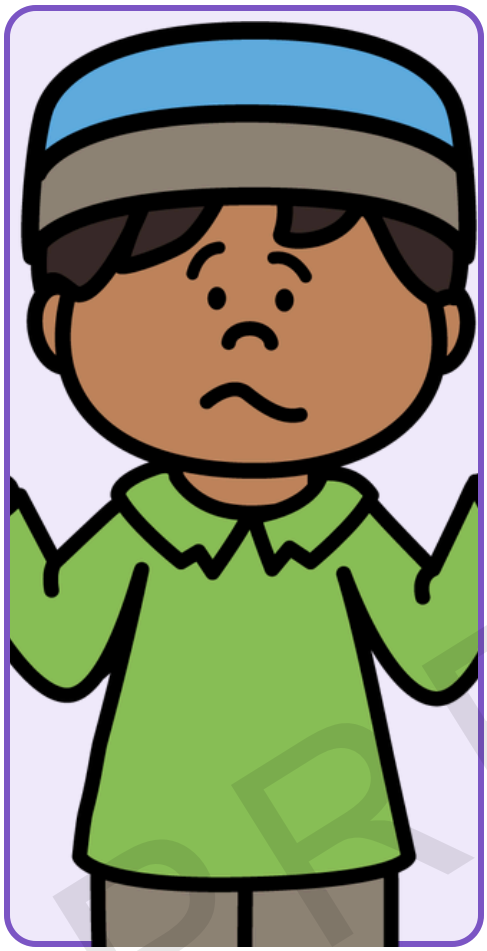
Trace it. Then write it.

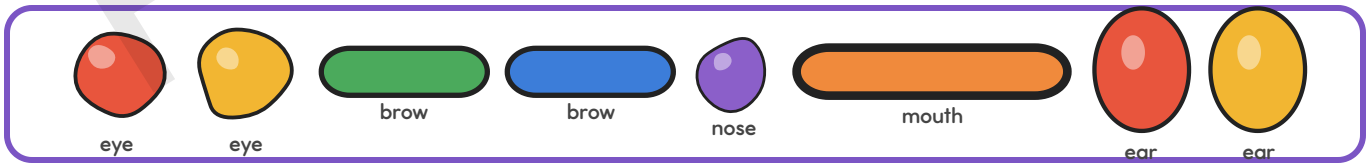
proud

My name _____

Build the whole head. Add a nose and ears.

confused





Write it. Then finish the sentence.

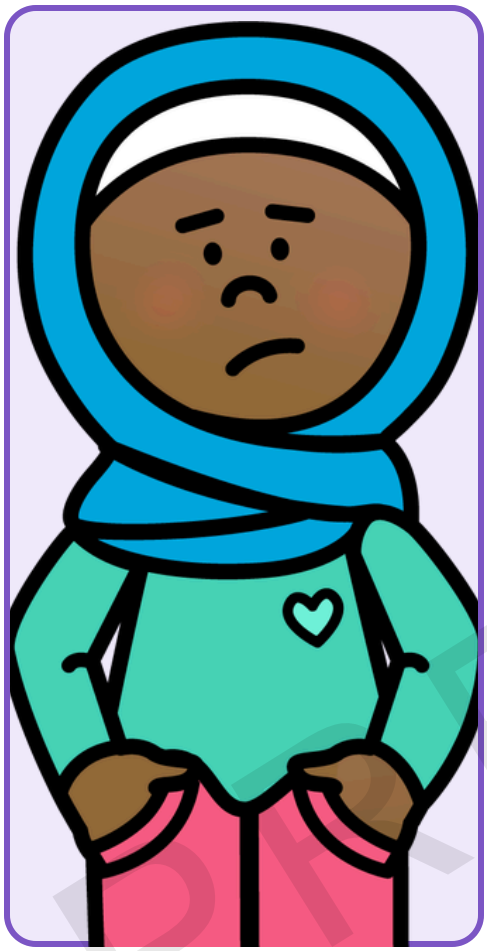
I feel confused when

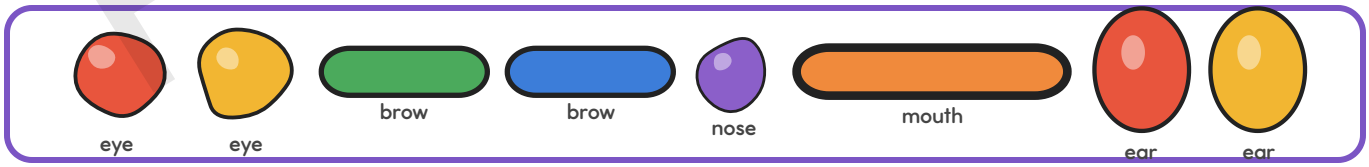
PREVIEW

My name _____

Build the whole head. Add a nose and ears.

disappointed





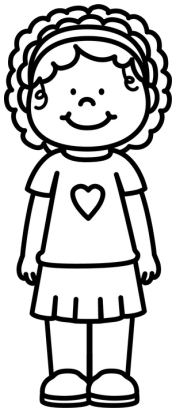
Write it. Then finish the sentence.

I feel disappointed when

PREVIEW

My name _____

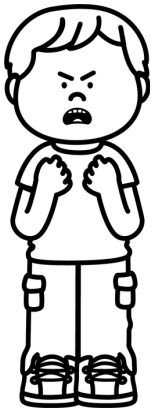
Color a circle when you build the face.



happy ◯



sad ◯



angry ◯



scared ◯



excited ◯



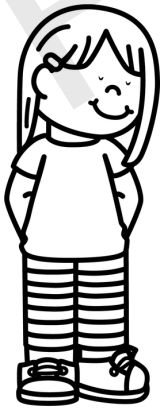
worried ◯



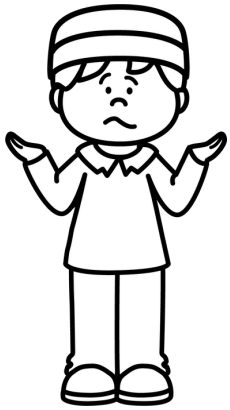
proud ◯



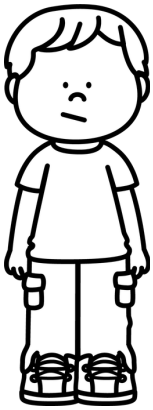
tired ◯



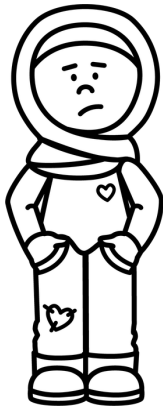
shy ◯



confused ◯



bored ◯



disappointed ◯

PREVIEW

Preview - Bright Path Seed

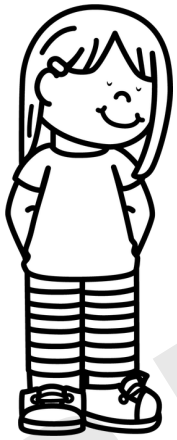
For the teacher: print, laminate, then trim on the dashed lines. Feeling cards 7 to 12.



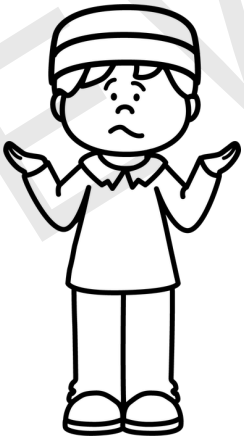
proud



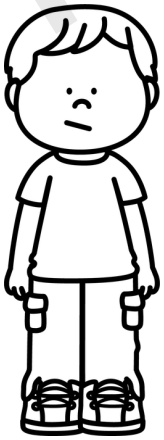
tired



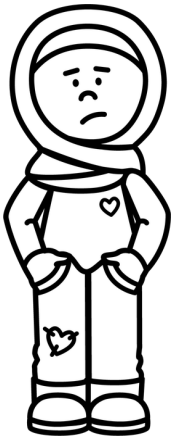
shy



confused



bored



disappointed

PREVIEW

Answer Key

Each mat has one feeling word and the picture that shows it. Shapes show the level.

Feeling		Dough pieces	Child in the picture
happy	●	3	African American girl
sad	●	3	Asian boy
angry	●	3	Hispanic boy
scared	●	3	white girl
excited	■	5	Muslim girl
worried	■	5	African American boy
proud	■	5	Hispanic girl
tired	■	5	white boy
shy	▲	8	Asian girl
confused	▲	8	Muslim boy
bored	▲	8	Hispanic boy
disappointed	▲	8	Muslim girl

Pieces by level

- ● Level 1: 2 eyes + 1 mouth = 3
- ■ Level 2: 2 eyes + 2 eyebrows + 1 mouth = 5
- ▲ Level 3: 2 eyes + 2 eyebrows + 1 nose + 1 mouth + 2 ears = 8

Accept any face the student can explain. The picture is the model, not a test of one right shape.

Ask after the face is built

- What feeling is this face?
- Which piece shows the feeling most? Point to it.
- Show me the face again with the mouth changed. What feeling now?

PREVIEW