HOW MY BEHAVIOR AFFECTS OTHERS

Task Cards · Cause & Effect Gr 2-5





416 CARDS



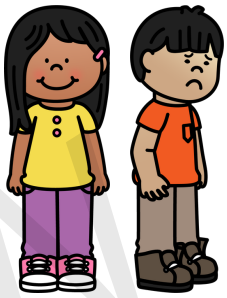
Bright Path Sped

Preview - Bright Path Sped

How My Behavior Affects Others

Cause and effect task cards, in 3 levels of support. Start here.

What's inside



- 416 task cards in 5 kinds: 240 circle-the-face cards (3 levels, 80 each), 24 Level 1 picture cards, 56 helped-or-hurt cards, 40 what-happens-next cards and 56 what-can-I-do-instead cards
- 30 student worksheets: draw it, match it, feelings meter, how would I feel, kind or unkind, finish the sentence, glue sheets and no-cut circle pages
- 4 sort mats, a feelings choice strip, an emotions poster and a cause and effect poster
- 53 cut pages, each marked with its set letter; a weekly self-check and a tally sheet
- Answer keys for every card and worksheet, data sheet, filled example, progress roll-up, helper card and a note for home

The three levels of support

- **Level 1, circle.** HAPPY and SAD, with a child's face on each bin and on each card. The student circles a face, then sorts. The Level 1 picture cards also show the face of the child who did the thing.
- **Level 2, square.** HAPPY and ANGRY, faces to circle. The cards ask for a little more thinking.
- **Level 3, triangle.** GOOD FEELING and HURT FEELING with words only, and a line on each card to write the exact feeling word.

Three steps

- 1. Print a mat and one cut page (a set letter) for each student. Read each card aloud if needed.
- 2. The student cuts the cards apart (straight lines only), circles or sorts each one, and glues the cards on a mat (4 a bin). What-happens-next and what-can-I-do-instead cards are answered right on the card.
- 3. Use the write pages to ask, "What could I do instead?" Check with the key and fill in the data sheet.

PREVIEW

Look. Each card is in its bin.

My name _____

HAPPY



What I did

I shared my crayons with a friend.

How did they feel? Circle one.

 happy

 sad

What I did

I said, "Good job!" to my friend.

How did they feel? Circle one.

 sad

 happy

What I did

I helped my teacher pass out papers.

How did they feel? Circle one.

 happy

 sad

What I did

I asked a new kid to play with us.

How did they feel? Circle one.

 sad

 happy

SAD



What I did

I said, "You can't play with us."

How did they feel? Circle one.

 happy

 sad

What I did

I knocked down my friend's tower.

How did they feel? Circle one.

 sad

 happy

What I did

I laughed when my friend fell down.

How did they feel? Circle one.

 happy

 sad

What I did

I called my friend a mean name.

How did they feel? Circle one.

 sad

 happy

PREVIEW

Cut out each card.

My name _____

E1	What I did
I ate my friend's snack without asking.	
How did they feel? Circle one.	
 happy	 sad

E2	What I did
I played the game my friend picked.	
How did they feel? Circle one.	
 happy	 sad

E3	What I did
I ignored my friend when she waved.	
How did they feel? Circle one.	
 sad	 happy

E4	What I did
I said, "Nobody likes you."	
How did they feel? Circle one.	
 happy	 sad

E5	What I did
I smiled and said hi to a new kid.	
How did they feel? Circle one.	
 sad	 happy

E6	What I did
I gave my brother half my cookie.	
How did they feel? Circle one.	
 happy	 sad

E7	What I did
I stepped on my friend's toy on purpose.	
How did they feel? Circle one.	
 sad	 happy

E8	What I did
I told my friend, "I'm glad you're here."	
How did they feel? Circle one.	
 sad	 happy

PREVIEW

Cut out each card.

My name _____

PB1

What I did

I ripped her paper.



How did they feel? Circle one.


happy


sad

PB2

What I did

I let her go first.



How did they feel? Circle one.


happy


sad

PB3

What I did

I stuck out my tongue.



How did they feel? Circle one.


sad


happy

PB4

What I did

I would not share my ball.



How did they feel? Circle one.


happy


sad

PB5

What I did

I said thank you.



How did they feel? Circle one.


sad


happy

PB6

What I did

I gave my seat to a friend.



How did they feel? Circle one.


happy


sad

PB7

What I did

I kicked his block tower.



How did they feel? Circle one.


sad


happy

PB8

What I did

I made a get-well card.



How did they feel? Circle one.

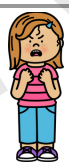

sad


happy

PREVIEW

Cut out each card.

My name _____

D1 What I did	D2 What I did
I took the front of the line again.	I told the truth about the spill.
How did they feel? Circle one.  happy  angry	How did they feel? Circle one.  happy  angry
D3 What I did	**D4 What I did**
I drew on my sister's homework.	I sat on the seat my friend saved.
How did they feel? Circle one.  angry  happy	How did they feel? Circle one.  happy  angry
D5 What I did	**D6 What I did**
I said, "You can go ahead."	I saved my friend a seat.
How did they feel? Circle one.  angry  happy	How did they feel? Circle one.  happy  angry
D7 What I did	**D8 What I did**
I lost the book I borrowed and hid it.	I asked, "Do you want to play?"
How did they feel? Circle one.  angry  happy	How did they feel? Circle one.  angry  happy

PREVIEW

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How did they feel? Glue each card.

My name _____

GOOD FEELING

A feeling word _____

HURT FEELING

A feeling word _____

PREVIEW

Cut out each card.

My name _____

F1 What I did	F2 What I did
I told everyone my friend's secret.	I said, "I like playing with you."
How did they feel? _____	How did they feel? _____
F3 What I did	**F4 What I did**
I said, "You're bad at this game."	I passed her over for a partner.
How did they feel? _____	How did they feel? _____
F5 What I did	**F6 What I did**
I said, "That was a great answer."	I made a poster for my friend's birthday.
How did they feel? _____	How did they feel? _____
F7 What I did	**F8 What I did**
I whispered while she read aloud.	I asked a shy kid what she liked.
How did they feel? _____	How did they feel? _____

PREVIEW

Cut out each card.

My name _____

SA1 Helped or hurt?	SA2 Helped or hurt?
I hid my friend's library book.	I carried a box for my teacher.
Put me on the mat.	Put me on the mat.
SA3 Helped or hurt?	**SA4 Helped or hurt?**
I said, "You're too little to play."	I drew on my friend's arm without asking.
Put me on the mat.	Put me on the mat.
SA5 Helped or hurt?	**SA6 Helped or hurt?**
I showed a new kid where to sit.	I picked up a dropped pencil for her.
Put me on the mat.	Put me on the mat.
SA7 Helped or hurt?	**SA8 Helped or hurt?**
I made fun of the way he runs.	I washed the paint cups for art.
Put me on the mat.	Put me on the mat.

PREVIEW

Cut out each card.

My name _____

NA1 What I did	NA2 What I did
I shared my snack with a friend.	I pushed in line.
What happens next? Circle one. ◯ She said, "Thank you!" ◯ She was mad at me. ◯ She cried.	**What happens next? Circle one.** ◯ Everyone clapped. ◯ The kids in line felt upset. ◯ The kids gave me a prize.
NA3 What I did	**NA4 What I did**
I told my friend, "Great job!"	I broke my friend's toy.
What happens next? Circle one. ◯ He ran away crying. ◯ He yelled at me. ◯ He smiled.	**What happens next? Circle one.** ◯ She felt sad. ◯ She felt very happy. ◯ She said thank you.
NA5 What I did	**NA6 What I did**
I helped a kid pick up her books.	I called a kid a mean name.
What happens next? Circle one. ◯ She was angry at me. ◯ She said, "Thanks for helping." ◯ She hid from me.	**What happens next? Circle one.** ◯ He was glad. ◯ He gave me a gift. ◯ His feelings were hurt.
NA7 What I did	**NA8 What I did**
I waited for my turn.	I laughed at his spelling mistake.
What happens next? Circle one. ◯ The kids said, "Thanks!" ◯ The kids got mad at me. ◯ The kids left the game.	**What happens next? Circle one.** ◯ He felt proud. ◯ He felt embarrassed and sad. ◯ He felt like dancing.

PREVIEW

Cut out each card.

My name _____

IB1 What could I do?	IB2 What could I do?
I bumped into a kid.	I want to be first in line.
Pick the kind choice. Circle one. ◯ Say, "Sorry! Are you okay?" ◯ Keep walking.	Pick the kind choice. Circle one. ◯ Cut in front. ◯ Wait for my turn.
IB3 What could I do?	**IB4 What could I do?**
Someone is talking and I have an idea.	My brother is using the tablet.
Pick the kind choice. Circle one. ◯ Raise my hand. ◯ Shout over her.	Pick the kind choice. Circle one. ◯ Grab it from him. ◯ Ask for a turn later.
IB5 What could I do?	**IB6 What could I do?**
I did not get picked for a team.	My friend won the prize.
Pick the kind choice. Circle one. ◯ Take a breath and cheer. ◯ Say mean things.	Pick the kind choice. Circle one. ◯ Say, "It's not fair." ◯ Say, "Congratulations!"
IB7 What could I do?	**IB8 What could I do?**
I spilled my friend's water.	A kid asked to play with us.
Pick the kind choice. Circle one. ◯ Say sorry and wipe it up. ◯ Hide and say nothing.	Pick the kind choice. Circle one. ◯ Say, "No, go away." ◯ Say, "Sure, come join!"

PREVIEW

Cut out each card.

My name _____

A1 **What I did**	A2 **What I did**
I said, "You can't play with us."	**I shared my crayons with a friend.**
How did they feel? Circle one.  **happy**  **sad**	How did they feel? Circle one.  **happy**  **sad**
A3 What I did	**A4 What I did**
I knocked down my friend's tower.	**I laughed when my friend fell down.**
How did they feel? Circle one.  **sad**  **happy**	How did they feel? Circle one.  **happy**  **sad**
A5 What I did	**A6 What I did**
I said, "Good job!" to my friend.	**I helped my teacher pass out papers.**
How did they feel? Circle one.  **sad**  **happy**	How did they feel? Circle one.  **happy**  **sad**
A7 What I did	**A8 What I did**
I called my friend a mean name.	**I asked a new kid to play with us.**
How did they feel? Circle one.  **sad**  **happy**	How did they feel? Circle one.  **sad**  **happy**

PREVIEW

Write about a real time. Draw it.

My name _____

A time I made a kind choice

What I did

_____

_____

How they felt

_____

How I felt after

_____

Draw it.

A time I made a choice that hurt

What I did

_____

_____

How they felt

_____

What I will do next time

_____

Draw it.

PREVIEW

Draw a line from what I did to how they felt.

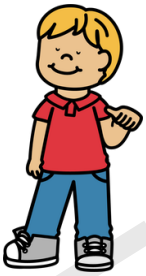
My name _____

I told the class she did a great job.



angry

I hid his lunchbox.



proud

I gave him a big hug.



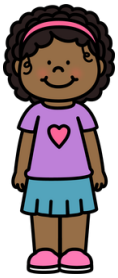
sad

I took her turn.



worried

I left him out of the game.



happy

PREVIEW

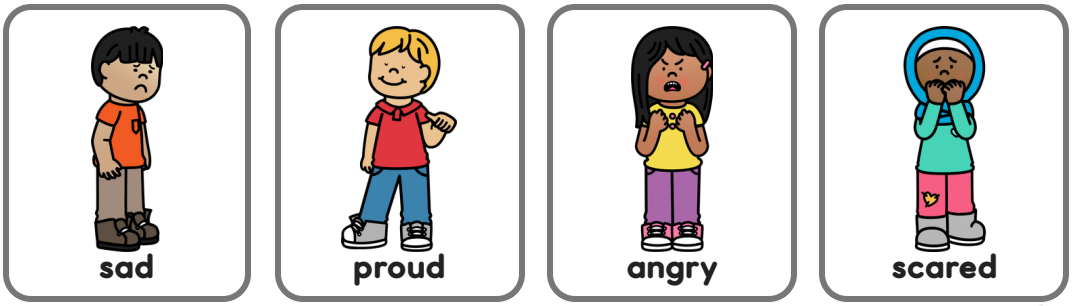
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How would I feel? Circle a face. Tell why.

My name _____

1. Someone said, "Thank you for helping."

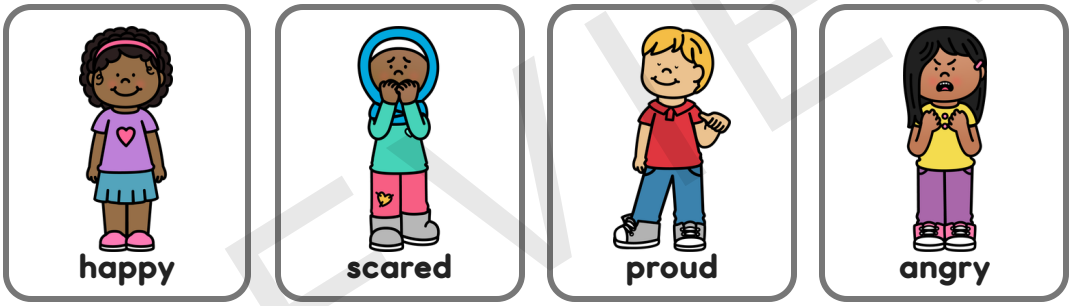
I would feel. Circle one.



Because _____

2. Someone yelled in my ear.

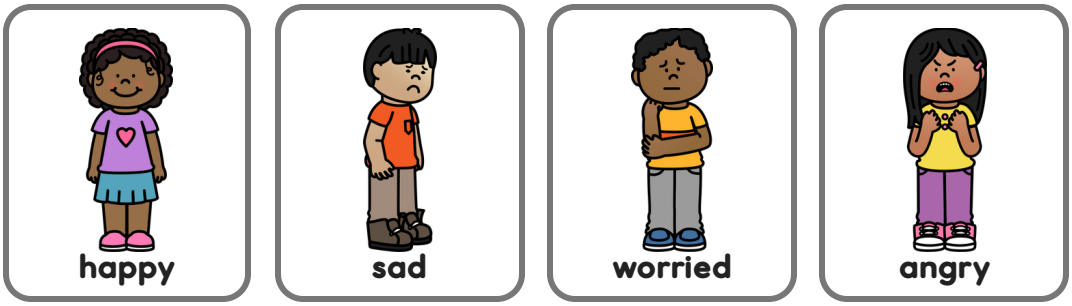
I would feel. Circle one.



Because _____

3. Someone saved me a seat.

I would feel. Circle one.



Because _____

PREVIEW

Plan how to make it better.

My name _____

1. What I did

_____

2. Who felt hurt?

_____

3. How they felt

_____

4. How can I make it better? Check one or more.

- [ ] Say sorry.
- [ ] Ask, “Are you okay?”
- [ ] Give space.
- [ ] Help fix it.
- [ ] Share something.
- [ ] Tell a grown-up.

5. Draw how it can look after I fix it.

PREVIEW

How did they feel? Circle one.

My name _____

J1. I dumped my friend's crayons out.	 happy	 sad
J2. I said, "Happy birthday!" to her.	 happy	 sad
J3. I would not say sorry to my friend.	 sad	 happy
J4. I stomped on my friend's sand castle.	 happy	 sad
J5. I made room for my friend on the bench.	 sad	 happy
J6. I helped my friend find her glove.	 happy	 sad
J7. I said, "Your lunch is yucky."	 sad	 happy
J8. I cheered for my friend's team.	 sad	 happy

PREVIEW

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Answer Key: Level 2 Cards, Sets A to E

The likely feeling, numbered as on the cut pages. Your students may see a card another way: ask, "Tell me why," and change the card on your key if you agree.

A1 I took my brother's toy without asking. ANGRY	C5 I cleaned up the blocks I used. HAPPY
A2 I let my friend go first. HAPPY	C6 I let my sister pick the show. HAPPY
A3 I cut in front of my friend in line. ANGRY	C7 I blamed my friend for my mess. ANGRY
A4 I broke my friend's pencil on purpose. ANGRY	C8 I kept my promise to my friend. HAPPY
A5 I picked up the book my friend dropped. HAPPY	D1 I took the front of the line again. ANGRY
A6 I made a card for my sister. HAPPY	D2 I told the truth about the spill. HAPPY
A7 I told my friend's secret to everyone. ANGRY	D3 I drew on my sister's homework. ANGRY
A8 I said thank you to the lunch helper. HAPPY	D4 I sat on the seat my friend saved. ANGRY
B1 I broke my brother's toy and hid it. ANGRY	D5 I said, "You can go ahead." HAPPY
B2 I gave my friend back her pencil. HAPPY	D6 I saved my friend a seat. HAPPY
B3 I grabbed the ball out of her hands. ANGRY	D7 I lost the book I borrowed and hid it. ANGRY
B4 I used my friend's markers without asking. ANGRY	D8 I asked, "Do you want to play?" HAPPY
B5 I waited my turn at the water fountain. HAPPY	E1 I changed the game rules to win. ANGRY
B6 I asked before I used her markers. HAPPY	E2 I gave my friend a turn with my game. HAPPY
B7 I said she cheated when she did not. ANGRY	E3 I said I would come and did not. ANGRY
B8 I returned the ball I borrowed. HAPPY	E4 I took the best crayons for myself. ANGRY
C1 I kept the game and would not share. ANGRY	E5 I said sorry and meant it. HAPPY
C2 I took turns on the computer. HAPPY	E6 I brought back my friend's book. HAPPY
C3 I scribbled on my friend's paper. ANGRY	E7 I bumped his tower and did not say sorry. ANGRY
C4 I wrecked the puzzle my friend finished. ANGRY	E8 I told the teacher my friend got hurt. HAPPY

Cards I changed for my class: _____

PREVIEW

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Answer Key: What Happens Next, Sets A to C

The most likely thing that happens next. More than one outcome can be real; the other two options on each card are meant to be clearly off. Change any card your team sees differently.

NA1 I shared my snack with a friend. Key: She said, "Thank you!"	NB5 I listened to my friend's story. Key: She felt heard.
NA2 I pushed in line. Key: The kids in line felt upset.	NB6 I yelled at my little brother. Key: He felt scared.
NA3 I told my friend, "Great job!" Key: He smiled.	NB7 I thanked the lunch helper. Key: She smiled.
NA4 I broke my friend's toy. Key: She felt sad.	NB8 I knocked over her tower. Key: She felt sad.
NA5 I helped a kid pick up her books. Key: She said, "Thanks for helping."	NC1 I cleaned up the mess I made. Key: The teacher was thankful.
NA6 I called a kid a mean name. Key: His feelings were hurt.	NC2 I made fun of his shoes. Key: He felt hurt.
NA7 I waited for my turn. Key: The kids said, "Thanks!"	NC3 I picked the game my friend likes. Key: She felt cared about.
NA8 I laughed at his spelling mistake. Key: He felt embarrassed and sad.	NC4 I bumped her and did not say sorry. Key: She felt hurt and upset.
NB1 I said sorry to my friend and meant it. Key: My friend felt better.	NC5 I helped my friend finish his work. Key: He felt thankful.
NB2 I took my friend's pencil. Key: She felt upset.	NC6 I told a lie and she found out. Key: She did not trust me.
NB3 I invited a new kid to play. Key: He felt welcome.	NC7 I gave back the ball I borrowed. Key: He was glad.
NB4 I left a kid out of the game. Key: She felt left out.	NC8 I grabbed the crayons from her hand. Key: She felt upset.

Cards I changed for my class: _____

PREVIEW

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Answer Key: Match It and Kind or Unkind

Likely answers. How my choice felt can differ from child to child: ask, "Tell me why."

Match 1.1 I shared my lunch with a friend. happy	Kind 1.4 I stuck out my tongue. UNKIND
Match 1.2 I broke her pencil on purpose. angry	Kind 1.5 I helped clean up. KIND
Match 1.3 I said, "You can do it!" proud	Kind 1.6 I took her snack. UNKIND
Match 1.4 I jumped out and yelled, "Boo!" scared	Kind 1.7 I waited my turn. KIND
Match 1.5 I would not let her play. sad	Kind 1.8 I called him a name. UNKIND
Match 2.1 I told the class she did a great job. proud	Kind 1.9 I said, "You can play." KIND
Match 2.2 I hid his lunchbox. worried	Kind 1.10 I slammed the door in his face. UNKIND
Match 2.3 I gave him a big hug. happy	Kind 2.1 I picked up her dropped book. KIND
Match 2.4 I took her turn. angry	Kind 2.2 I laughed at her answer. UNKIND
Match 2.5 I left him out of the game. sad	Kind 2.3 I thanked the helper. KIND
Match 3.1 I planned a surprise party for her. excited	Kind 2.4 I hid his hat. UNKIND
Match 3.2 I yelled right behind him. scared	Kind 2.5 I asked, "Are you okay?" KIND
Match 3.3 I forgot her birthday. sad	Kind 2.6 I threw her paper away. UNKIND
Match 3.4 I told her, "I am proud of you." proud	Kind 2.7 I made a card for him. KIND
Match 3.5 I took the cookie she saved. angry	Kind 2.8 I rolled my eyes at him. UNKIND
Kind 1.1 I shared my pencil. KIND	Kind 2.9 I let her go first. KIND
Kind 1.2 I pushed past the line. UNKIND	Kind 2.10 I yelled, "Move!" UNKIND
Kind 1.3 I said, "Please sit here." KIND	

Cards I changed for my class: _____

PREVIEW