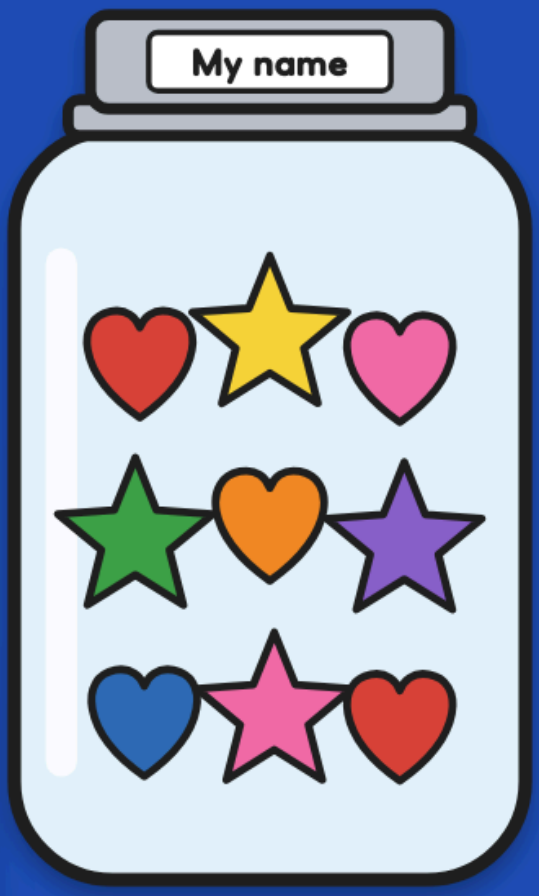
KINDNESS JAR

Cut, Glue and Write

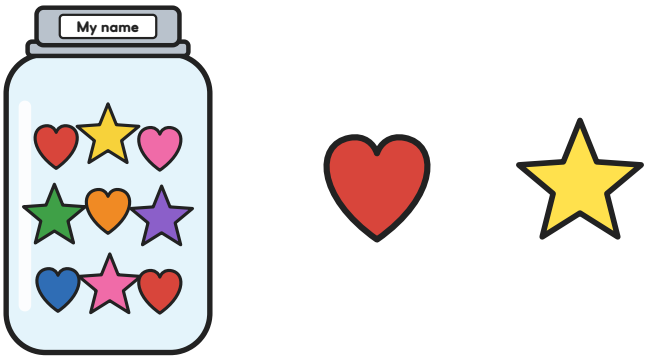




48 CARDS · 18 PAGES · PREK-2

Bright Path Sped

Kindness Jar: Start Here



What's inside

- **Meet the jar** (page 3), **kind words** to trace (page 4) and **how to make it** (page 5)
- **The jar** (page 6): one big mason jar with a name label on the lid, to glue the cards into.
- **48 cards to cut** in four sets of 12: heart cards to write on (page 7), heart cards with a kind act printed (page 8), "Caught being kind!" stars (page 9) and stars with a kind act printed (page 10)
- **Kind words sort** with 12 cards (page 11); **writing on three levels** (pages 12-14); **My kind week** (page 15)
- A class jar page (page 16), a family letter (page 17) and credits (page 18)

How the jar works

Each card is 1.8 by 2.6 inches: a rectangle with a heart or a star drawn on it, so each cut is a straight line. Four cards go across and three down. The children write on the card, cut it out and glue it inside the jar on page 6. Add a card whenever someone is caught being kind.

Which card

- **Write your own** (pages 7 and 9): the child finishes the starter, or you take dictation.
- **Kind act printed** (pages 8 and 10): the child colors it and writes who it was for.
- **Caught being kind!** (page 9): the adult or a classmate writes what they saw. Read it aloud when it goes in the jar.

Kind words sort

Each card has one word. Read it with the child and ask "Is that kind?" Glue it on the kind mat or the not-kind mat. The answers are on the class page (page 16).

Three levels (the small shape before the instruction)

- **Circle**: trace and draw (page 12). **Square**: finish the sentences (page 13). **Triangle**: write freely (page 14).

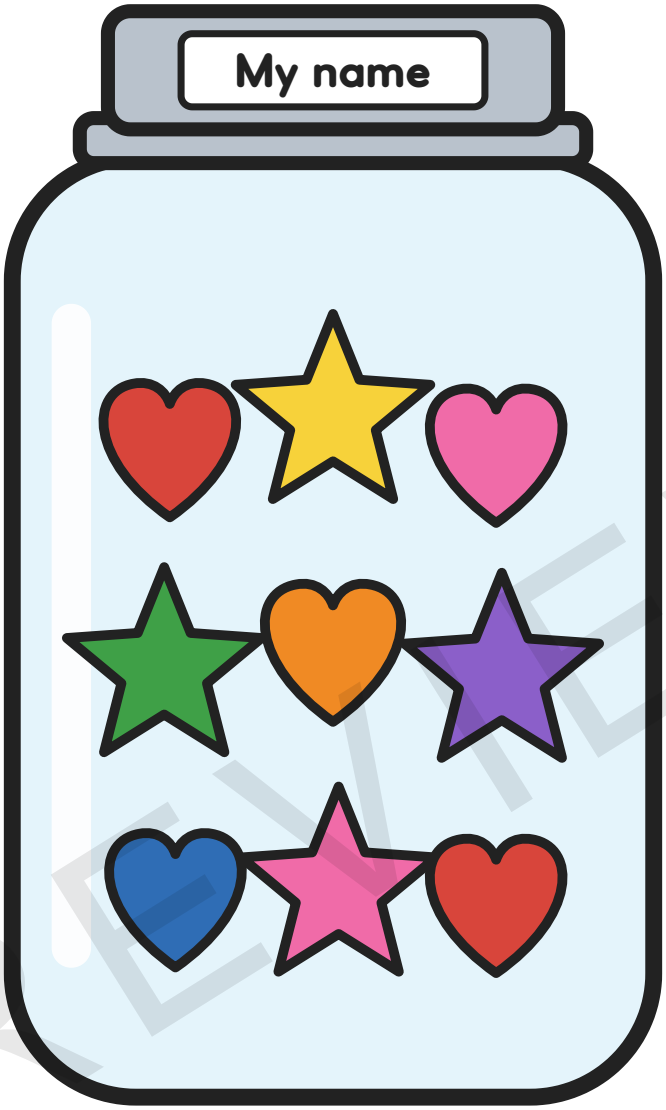
A five-day plan

- **Day 1**: meet the jar and trace the words (pages 3-4). **Day 2**: the sort (page 11).
- **Day 3**: make the jar and write the first cards (pages 5-7). **Day 4**: the printed-act cards and each child's writing level (pages 8-14).
- **Day 5**: the stars (pages 9-10), My kind week (page 15) and the family letter. You need pencils, crayons, scissors and glue sticks.

PREVIEW

My name _____

Look at the jar. Point to a heart.



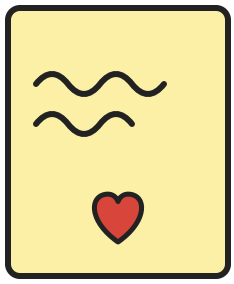
Each heart is one kind thing.

I am kind.

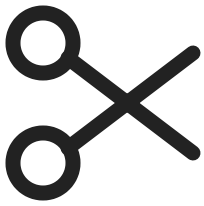
PREVIEW

My name _____

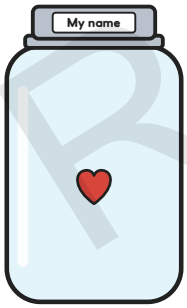
Make a kindness jar.

1 

Write a kind thing on a card.

2 

Use scissors on the dashed edge.

3 

Glue the card inside the jar.

4 

Caught someone being kind?
Make a star.

PREVIEW

My name _____

Write a kind thing. Cut the cards.

 I can help	 I can share	 I can say	 I helped
 I shared	 I was kind	 I can be	 I cheered
 I listened	 I made	 I can smile	 I said

PREVIEW

My name _____

Write what you saw. Cut the stars.

 Caught being kind! _____ I saw _____	 Caught being kind! _____ I saw _____	 Caught being kind! _____ I saw _____	 Caught being kind! _____ I saw _____
 Caught being kind! _____ I saw _____	 Caught being kind! _____ I saw _____	 Caught being kind! _____ I saw _____	 Caught being kind! _____ I saw _____
 Caught being kind! _____ I saw _____	 Caught being kind! _____ I saw _____	 Caught being kind! _____ I saw _____	 Caught being kind! _____ I saw _____

PREVIEW

My name _____

Trace. Then draw.

I can share.

I can help.

Draw a kind thing you did.

PREVIEW

My name _____

Write about it. Draw it.

A kind thing I did was...

PREVIEW

Our Kindness Jar

One row per child. Note how many cards each child cut, how many are in the jar, and the stars for kind things others saw.

Class: _____ Week of: _____ Teacher: _____

Student	Cards cut	In the jar	Stars	Level

Sort answers. Kind: let's share; you can play; please; thank you; sorry; are you ok?. Not kind: that's mine!; grab it; leave me alone; you can't play; get out!; go away. In the Level column note the level the child used (circle, square or triangle).

Cards in our jar so far: _____ The jar will go: _____

Next week we will: _____

PREVIEW