PINK SHIRT DAY CRAFT

Cut and Glue Kindness Shirt + Writing

Grades K-3



CUT, PASTE, WRITE

Bright Path Sped

Pink Shirt Day: Start Here

Pink Shirt Day is a day about kindness and standing up for others. Children cut, paste and write about the kind words and kind acts they can give.



What's inside

- **One paper shirt craft**: a shirt of 5 pieces (3 across the top, 2 for the body that read "Be kind") and 12 loose hearts and stars, 17 pieces in all. Page 5 has them printed in color. Page 6 has the same 17 pieces as outlines for children to color
- **Three writing pages**: pages 7 and 8 have the Paste targets printed at the top (the cut pieces go there, the child writes below): ruled lines with a word bank, and a drawing box plus three lines. Page 9 is a kind word in each of 6 hearts and a kind act
- **A finished example** (page 3, written by an invented student) and **color your own** (page 4)
- **How can I be a friend?** (page 10): four situations to finish in the child's own words
- **What is Pink Shirt Day?** (page 11): five short facts to read, then answer. **Kind or not kind** (page 12), and **trace six words and match each to its meaning** (page 13)
- **A kindness acts tracker** (page 14): 10 days, a line to write the kind act and a heart to color
- A class data page (page 15), the answer key (page 16), a family letter (page 17) and credits with what's next (page 18)

How the craft goes together

The 3 top pieces are 2.5 inches wide and 2.4 inches tall, side by side they make the shoulders and sleeves, 7.5 inches across. The 2 body pieces are 2.5 inches wide and 2.5 inches tall and go under them, in the middle. The loose hearts and stars are 1.25 by 1.7 inches for children to paste wherever they like. Every cut is a straight line along a dashed edge. Each piece has a number and each Paste target on pages 7 and 8 has the same number. Pink paper or card stock makes a sturdier craft.

Five days, one activity a day

- **Day 1: What is the day?** Read page 11 together and try the words on page 13. Look at page 3 and color your own (page 4).
- **Day 2: Cut.** Cut the pieces on page 5, or color the outline pieces on page 6 first.
- **Day 3: Lay out and paste.** Lay the pieces on the targets at the top of page 7 or 8, then paste. Paste the loose hearts and stars around the shirt.
- **Day 4: Write.** Write about being kind under the shirt. Try the kind words page (9), how can I be a friend (10) or kind or not kind (12).
- **Day 5: Show it.** Hang the writing pages on a wall and send the family letter home. Start the tracker (page 14) and keep it going. Join in the day in the way your school does.

Making it easier or harder

- Easier: pre-cut the pieces, paste the shirt first and the hearts the next day, or let a partner hold the glue stick.
- The small shape beside the name line marks the level. Circle: read and answer, trace and match, or draw. Square: kind or not kind. Triangle: write freely (the ruled pages, the kind words page and the friend prompts).

Prep

You need scissors, glue sticks and crayons. Answer key: page 16. The facts on page 11 are a few short sentences in our own words: a day about kindness, people wear pink shirts, helping a friend who is left out, many schools join in. Your school may pick its own day, so we print no date. The pages ask children to think about being kind; they do not ask about any child's own experiences. This is an independent resource. It is not affiliated with or endorsed by any organization or program.

PREVIEW

My name _____

Look at the pink shirt. You can make one!



I am kind when I share my crayons.

I help my friends.

An example. It was written by an invented student.

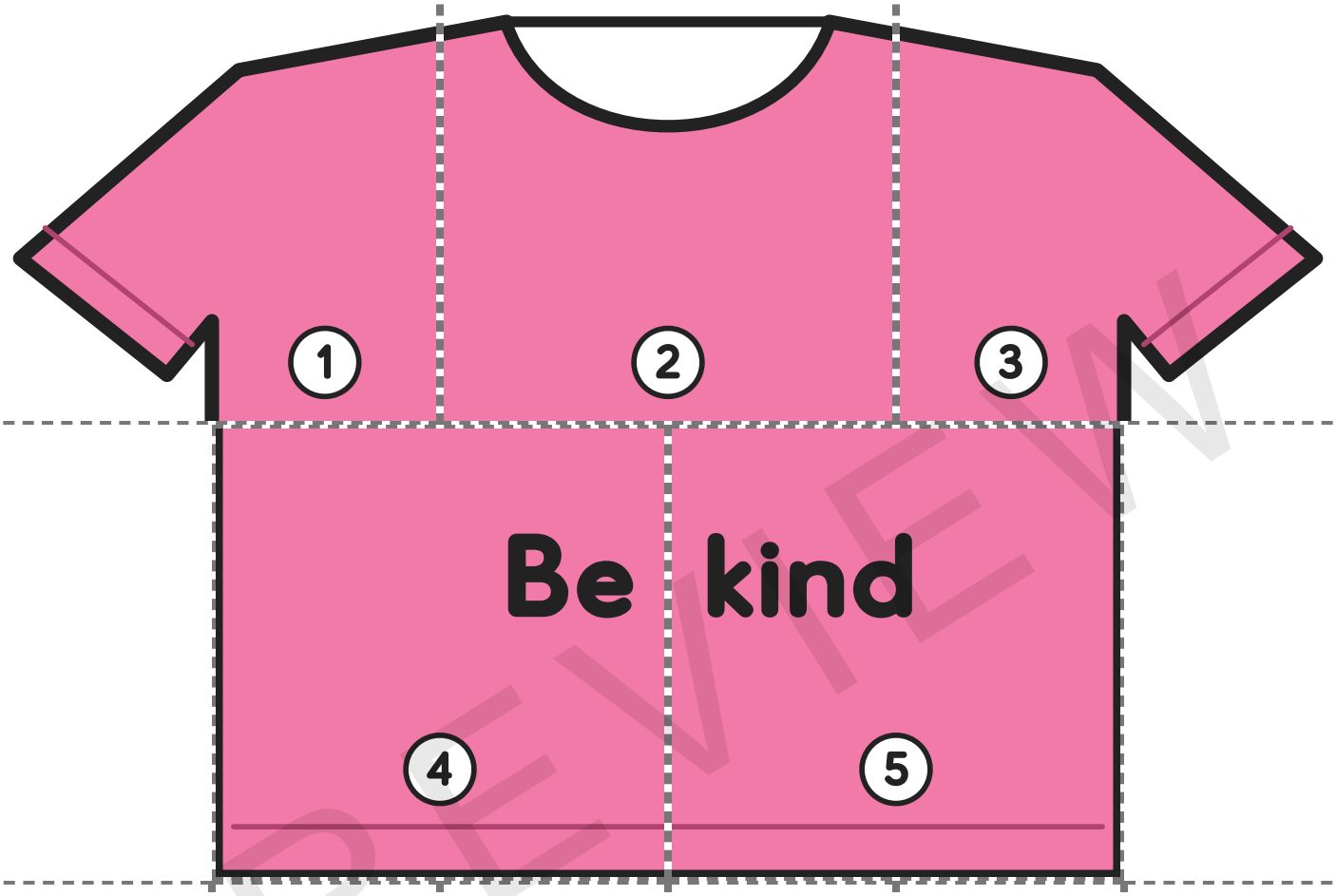
1. Cut
2. Paste
3. Write

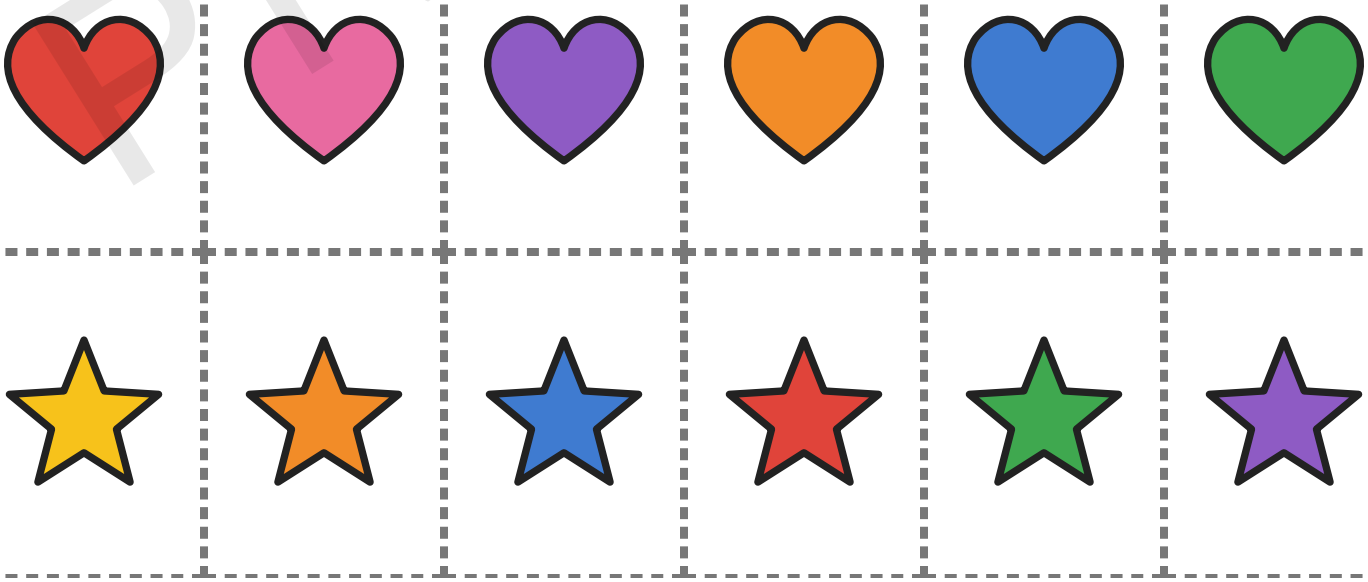
PREVIEW

My name _____

Cut out the pieces.

Cut along the dashed lines. Then go to your writing page.

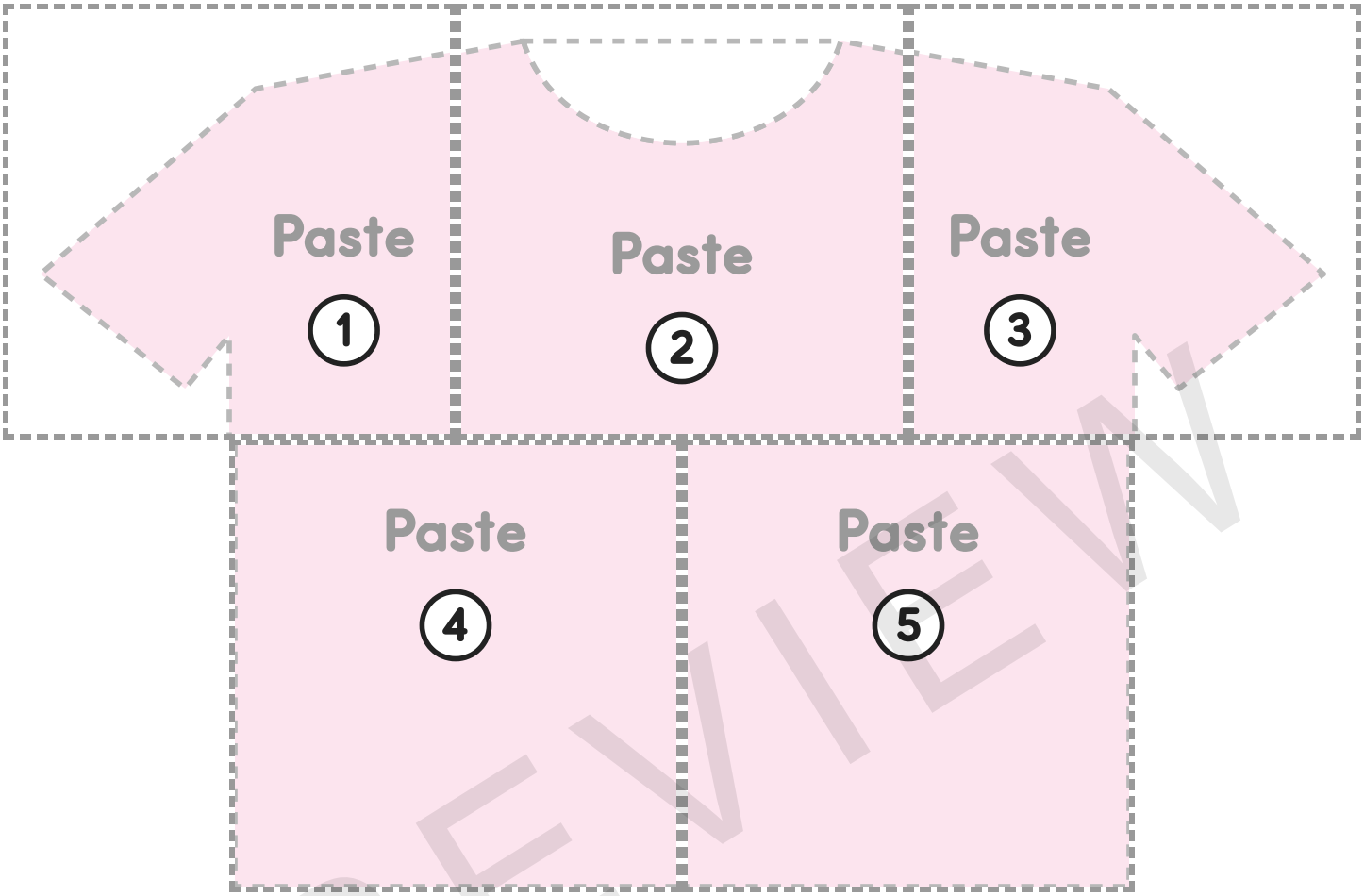




PREVIEW

My name _____ level ▲

Paste the shirt. Write about being kind.



kind share help friend include thank

Being kind means

_____

_____

_____

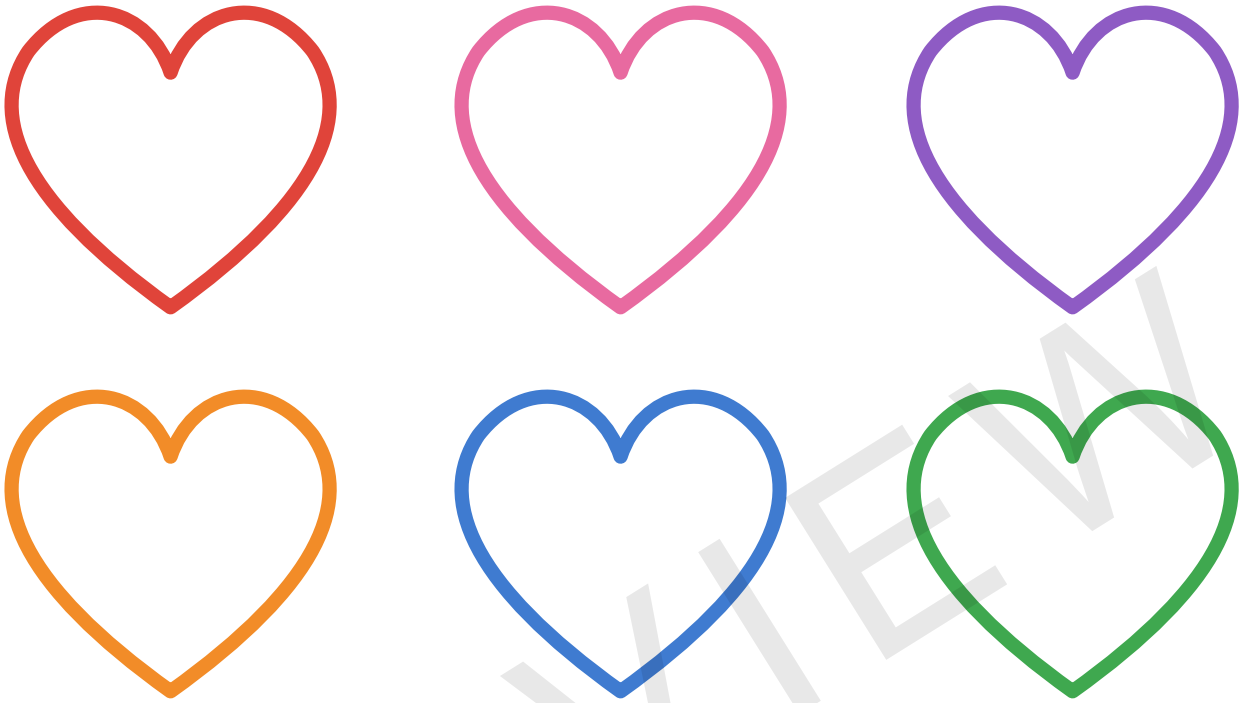
_____

PREVIEW

My name _____ level ▲

Write a kind word in each heart.

Kind words I can say



A kind act I can do is

_____

_____

I am kind when I

_____

_____

PREVIEW

My name _____ level ■

Read. Color the heart if it is kind.

Color the circle if it is not kind.

1	I share my crayons.	kind	not kind
2	I laugh at a friend who falls.	kind	not kind
3	I say thank you.	kind	not kind
4	I take your toy.	kind	not kind
5	I ask you to play with me.	kind	not kind
6	I help you clean up.	kind	not kind

Another kind thing to do is

_____

_____

PREVIEW

My name _____

Write a kind act. Color a heart.

My Kindness Acts

I was kind when I

Day 1 _____ 

Day 2 _____ 

Day 3 _____ 

Day 4 _____ 

Day 5 _____ 

Day 6 _____ 

Day 7 _____ 

Day 8 _____ 

Day 9 _____ 

Day 10 _____ 

I colored _____ hearts!

PREVIEW

Answer Key

Paper shirt (pages 5-6, 7-8)

The 3 top pieces go left to right across the top. The 2 body pieces go under them, centered, and read "Be kind". Pieces and targets carry the same numbers 1 to 5. The 12 loose hearts and stars (6 hearts, 6 stars) have no target: children paste them anywhere.

Piece	Where it goes
1	top left: left sleeve
2	top middle: neck and chest
3	top right: right sleeve
4	body left: reads "Be"
5	body right: reads "kind"

What is Pink Shirt Day? (page 11)

1. kind 2. pink shirts 3. left out 4. happy (the sentence reads "Kind words can make a friend feel happy."). The drawing is the child's own.

Kind or not kind (page 12)

1 = kind (heart) 2 = not kind (circle) 3 = kind (heart) 4 = not kind (circle) 5 = kind (heart) 6 = kind (heart). The last two lines are the child's own.

Trace and match (page 13)

Word	Meaning
kind	nice to other people
friend	someone you like to be with
share	to let others have some too
help	to do something good for someone
include	to ask someone to join in
brave	to do the right thing when it is hard

Pages 3 (invented example), 4, 7-9, 10 and 14 are the child's own words and pictures: there is no single right answer.

Kindness acts tracker (page 14)

Children write one kind act a day and color a heart: 10 days in all. They can fill it in at school, or send it home with the family letter on page 17. Count the colored hearts together at the end and let each child say the number out loud.

PREVIEW