REFLECTION AND REPAIR · GRADES K–5

EDITABLE

Restorative Sheet



19 PAGES | 3 LEVELS | REPAIR PLAN | FILLABLE PDF

✦ BRIGHT PATH SPED

PLEASE READ

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PREVIEW

CONTENTS

What Is Inside, and Where

19 pages in three levels: pick a picture, write it out, make a repair plan.

Before you begin

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Start Here — Three Steps
START HERE
4

01 Level 1: Pick a Picture

PAGES 5–8



What Happened?
LEVEL 1 PICTURE
5



How Did We Feel?
LEVEL 1 PICTURE
6



How Can I Make It Better?
LEVEL 1 PICTURE
7



Fix-It Cards to Cut
LEVEL 1 CUT
8

02 Level 2: Write It Out

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Think About It
LEVEL 2 WRITE
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Make It Right
LEVEL 2 WRITE
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03 Level 3: Repair and Apology

PAGES 11–13



My Repair Plan
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My Apology Letter
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04 For the Adult: Log, Family, Words, Example

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Restorative Talk: Phrase Bank
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A Sheet and a Log, Filled In
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WHICH PAGE, WHEN

A child who needs pictures: pages 5–8. A child who can write: pages 9 and 10. A repair plan or a letter: pages 11 and 12. A partner talk: page 13. Logging it: page 14. Telling families: page 15.

PREVIEW

LEVEL 1 PICTURE

What Happened?

My name _____ **Date** _____

Tap the picture that is closest to what happened.

- ☐  I was too loud
- ☐  I did not listen
- ☐  I took something
- ☐  I used unkind words
- ☐  My body was not safe
- ☐  I broke a rule
- ☐  I left my spot
- ☐  I messed up work
- ☐  Something else

Draw or write if you want:

PREVIEW

LEVEL 1 PICTURE

How Can I Make It Better?

My name _____ **Date** _____

Tap what I can do to make it better.

-  Say sorry ☐
-  Help fix it ☐
-  Clean up ☐
-  Give it back ☐
-  Ask to play again ☐
-  Take a quiet break ☐
-  Tell the truth ☐
-  Make a card ☐

My plan: I will

☐ I did it.

PREVIEW

LEVEL 2 WRITE

Think About It

My name _____ **Date** _____

Think about it. Write what happened.

What happened?

What was I thinking and feeling?

Who was hurt or upset?

What did I need?

PREVIEW

LEVEL 3 REPAIR

My Repair Plan

My name _____ **Date** _____

Make a plan to fix it. Do each step.

What happened and who was hurt or upset:

My steps to make it right:

	I WILL	FOR	BY	Done
1				☐
2				☐
3				☐

WHO WILL CHECK IN WITH ME _____ CHECK-IN DAY _____

How did it go?

PREVIEW

TALK

Talk It Over

My name _____ **Date** _____

Talk it over with a partner. Take turns.

If I did it

What happened?

What was I thinking?

Who was upset?

What can I do?

If it happened to me

What happened?

How did I feel?

What do I need?

What would help?

What we agree to do:

PREVIEW

NOTES

Note Home — Reflection Sheet

Send it home with the sheet. Short, warm, in your own words.

CHILD (FIRST NAME) _____ DATE _____ FROM _____

WHAT HAPPENED, IN YOUR WORDS

Short and kind. What your child did and how we talked about it.

WHAT YOUR CHILD CHOSE TO DO TO MAKE IT RIGHT

A picture they chose, a step in the repair plan, or a letter.

HOW YOU CAN HELP AT HOME

Ask your child to tell you about it. What would you like to say to them?

QUESTIONS, OR SOMETHING TO TELL ME

NEXT CHECK-IN _____ BEST WAY TO REACH ME _____

PREVIEW

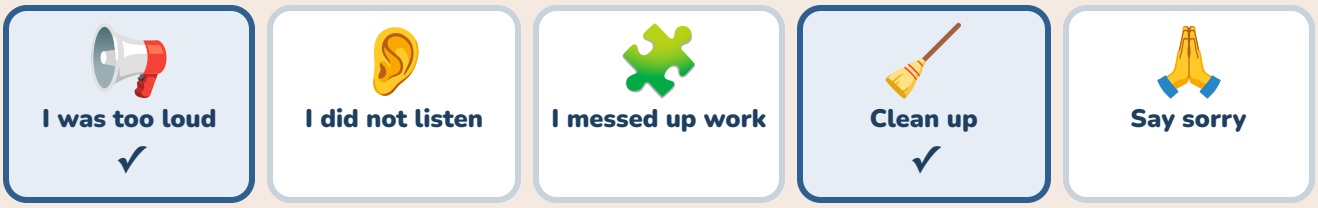
EXAMPLE

A Sheet and a Log, Filled In

SAMPLE · INVENTED STUDENT

The children are invented. Every count can be re-added from its own table.

LEVEL 1 (PAGE 5 AND 7), MIA: TWO BOXES TICKED



Mia ticked **I was too loud** and **Clean up**. Two ticks out of the five pictures shown here; the other three stay empty.

LEVEL 3 REPAIR PLAN (PAGE 11), MIA

STEP	I WILL	FOR	BY	DONE
1	Say sorry to Noah	Noah	Oct 21	Yes
2	Help put the blocks back	My class	Oct 21	Yes
3	Ask Noah to play at recess	Noah	Oct 23	Not yet

3 steps, **2** done and **1** not yet: 2 + 1 = 3.

REFLECTION LOG (PAGE 14), FIVE INVENTED SHEETS

DATE	CHILD	LEVEL	REPAIR STEP	CHECK-IN
Oct 6	Mia (invented)	1	–	–
Oct 8	Noah (invented)	1	–	–
Oct 13	Mia (invented)	2	–	–
Oct 15	Leo (invented)	2	–	–
Oct 20	Mia (invented)	3	2 of 3	Yes

ROLL-UP

LEVEL 1	LEVEL 2	LEVEL 3	ALL SHEETS	STEPS DONE	CHECK-INS
2	2	1	5	2	1

2 + 2 + 1 = **5** sheets. Level 3 row: 2 steps done, 1 check-in. Re-count each from the log above.

YOUR TURN: TYPE A CHILD AND A STEP

CHILD

LEVEL

FIRST STEP

PREVIEW