

Ten More, Ten Less One More, One Less

+10 · -10 · +1 · -1



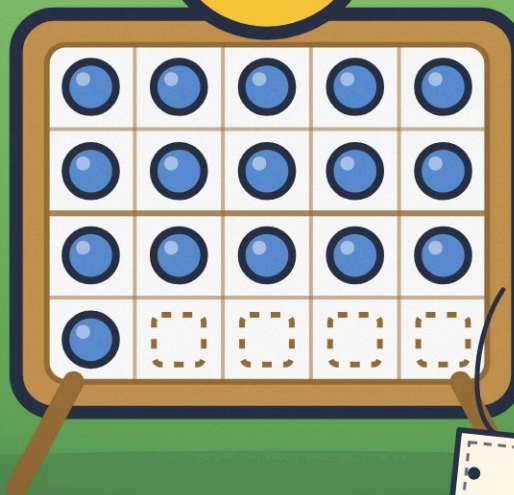
16

-10
= 6

+10
= 26

-1
= 15

+1
= 17



23 pages · 5 formats · 64 items



One complete kit for four number operations: ten more, ten less, one more, and one less, practiced on a ten frame within 20, plus a no-pictures page that stretches the same four operations further.

THREE STEPS

- 1 **Pick the operation**
Ten more (page 6), ten less (page 7), one more (pages 8–9), one less (pages 10–11), or all four at once on Neighbor Numbers (page 12). The contents page (5) gives every page number.
- 2 **Count the frame, write the answer**
Every item shows one ten frame (or double ten frame) and an operation badge. Count the filled squares, then write the computed answer. The two answer keys (pages 13–14) are generated from the same numbers the worksheets use.
- 3 **Record it, send it home**
Score each operation on the tracker (page 15), see it as a bar graph on the snapshot (page 16), roll the group up on page 17, and send the family update (page 19) and home practice page (page 20).

WHICH PAGE, WHEN

WHEN...	USE...
Ten more than a number shown on one ten frame	page 6
Ten less than a number shown on a double ten frame	page 7
One more than a number shown on a ten frame	page 8–9
One less than a number shown on a ten frame	page 10–11
All four neighbors of one number, no pictures	page 12
Writing a progress note or a note home	Phrase bank, page 21

Everything inside (23 pages)

- **16 ten more/ten less items**, 2 pages — one ten frame to a double ten frame, within 20
- **24 one more/one less items**, 4 pages — a ten frame each time, within 20
- **1 Neighbor Numbers page**, 6 numbers × all four operations, no pictures
- **1 answer key**, generated from the same numbers every page uses
- **1 tracker, 1 snapshot graph, 1 class grid**
- **1 family update, 1 home page, 1 filled example, 1 phrase bank, 1 binder cover with tabs**

Every answer computed, never typed

Every “ten more,” “ten less,” “one more” or “one less” in this file, on the worksheet or on the answer key, comes from shifting the start number by the operation itself in code — no second, hand-typed key.



NAME

DATE



Count the filled squares in the ten frame. Write the number that is ten more.

■	■	■	□	□
□	□	□	□	□

+10

.....

■	■	■	■	■
■	■	□	□	□

+10

.....

■	□	□	□	□
□	□	□	□	□

+10

.....

■	■	■	■	■
■	■	■	■	□

+10

.....

■	■	■	■	□
□	□	□	□	□

+10

.....

■	■	■	■	■
■	■	■	■	■

+10

.....

■	■	□	□	□
□	□	□	□	□

+10

.....

■	■	■	■	■
■	□	□	□	□

+10

.....



TEN LESS THAN A DOUBLE TEN
FRAME

NAME

DATE



Count the filled squares across both ten frames. Write the number that is ten less.

■	■	■	■	■
■	■	■	■	■
■	■	■	■	□
□	□	□	□	□

-10

.....

■	■	■	■	■
■	■	■	■	■
■	■	■	■	■
■	■	■	□	□

-10

.....

■	■	■	■	■
■	■	■	■	■
■	□	□	□	□
□	□	□	□	□

-10

.....

■	■	■	■	■
■	■	■	■	■
■	■	■	■	■
■	■	■	■	■

-10

.....

■	■	■	■	■
■	■	■	■	■
■	■	■	■	■
□	□	□	□	□

-10

.....

■	■	■	■	■
■	■	■	■	■
■	■	□	□	□
□	□	□	□	□

-10

.....

■	■	■	■	■
■	■	■	■	■
■	■	■	■	■
■	■	■	■	□

-10

.....

■	■	■	■	■
■	■	■	■	■
■	■	■	■	■
■	□	□	□	□

-10

.....

ONE MORE THAN A TEN FRAME, SET 1



NAME

DATE



Count the filled squares in the ten frame. Write the number that is one more.



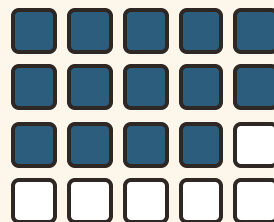
+1

.....



+1

.....



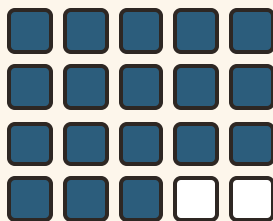
+1

.....



+1

.....



+1

.....



+1

.....



NEIGHBOR NUMBERS, NO PICTURES



NAME

DATE



Write the four neighbor numbers around the number in the middle of each row.

10 LESS	1 LESS	NUMBER	1 MORE	10 MORE
		23		
		67		
		45		
		12		
		89		
		34		

What a completed row looks like

For the number 50: ten less is 40, one less is 49, one more is 51, and ten more is 60. Every answer key row on page 14 is computed the same way.

10 LESS	1 LESS	NUMBER	1 MORE	10 MORE
40	49	50	51	60

How this page is different

No ten frame this time — just the number in the middle. Write all four neighbors: ten less, one less, one more, and ten more. This is the same skill as the ten-frame pages, stretched past what a frame can show, for the student ready for a number a ten frame cannot draw.



ANSWER KEY 1: TEN MORE, TEN LESS, ONE MORE



Every answer below is the start number shifted by the operation itself (plus or minus ten, plus or minus one) — never typed by hand into a second copy of the answer. One Less and Neighbor Numbers are on the next page.

FORMAT	ITEM	START NUMBER	OPERATION	ANSWER
Ten More (+10)	Item 1	3	Ten More	13
Ten More (+10)	Item 2	7	Ten More	17
Ten More (+10)	Item 3	1	Ten More	11
Ten More (+10)	Item 4	9	Ten More	19
Ten More (+10)	Item 5	4	Ten More	14
Ten More (+10)	Item 6	10	Ten More	20
Ten More (+10)	Item 7	2	Ten More	12
Ten More (+10)	Item 8	6	Ten More	16
Ten Less (-10)	Item 1	14	Ten Less	4
Ten Less (-10)	Item 2	18	Ten Less	8
Ten Less (-10)	Item 3	11	Ten Less	1
Ten Less (-10)	Item 4	20	Ten Less	10
Ten Less (-10)	Item 5	15	Ten Less	5
Ten Less (-10)	Item 6	12	Ten Less	2
Ten Less (-10)	Item 7	19	Ten Less	9
Ten Less (-10)	Item 8	16	Ten Less	6
One More (+1), Set 1	Item 1	3	One More	4
One More (+1), Set 1	Item 2	9	One More	10
One More (+1), Set 1	Item 3	14	One More	15
One More (+1), Set 1	Item 4	1	One More	2
One More (+1), Set 1	Item 5	18	One More	19
One More (+1), Set 1	Item 6	6	One More	7
One More (+1), Set 2	Item 1	11	One More	12
One More (+1), Set 2	Item 2	5	One More	6
One More (+1), Set 2	Item 3	16	One More	17
One More (+1), Set 2	Item 4	2	One More	3
One More (+1), Set 2	Item 5	19	One More	20
One More (+1), Set 2	Item 6	8	One More	9



STUDENT

TEACHER

DATE

OPERATION	ITEMS	SCORE	NOTES
Ten More (+10)	8		
Ten Less (-10)	8		
One More (+1)	12		
One Less (-1)	12		
Neighbor Numbers (All Four)	24		
Total	64		

How to score it

Write the number correct in Score. 64 items in all across five formats. A filled example is on page 18, and the same five scores become a bar graph on the snapshot, page 16.

THIS STUDENT IS WORKING ON (TEN MORE, TEN LESS, ONE MORE, ONE LESS, OR A NUMBER RANGE...)





A one-page snapshot of all five formats, for reporting rather than day-to-day scoring.

STUDENT

DATE

Ten More (+10)										—
Ten Less (-10)										—
One More (+1)										—
One Less (-1)										—
Neighbor Numbers (All Four)										—

How to fill this in

After scoring the tracker (page 15), shade one segment of each bar for every 10% correct (a rough visual, not a precise percentage) — or just write the score in the box at the end. This turns five numbers into one picture to bring to a team meeting or share at a glance.

Progress over time

Re-score the tracker at three points in the year (fall, winter, spring — or whatever schedule your team uses) and write each score here, side by side. A rising column across a row is growth on that operation; a flat one is an operation to revisit.

OPERATION	CHECK 1	CHECK 2	CHECK 3
Ten More (+10)			
Ten Less (-10)			
One More (+1)			
One Less (-1)			
Neighbor Numbers (All Four)			



Priya is invented; nothing on this page describes a real student. The blank tracker is on page 15.

STUDENT

Priya T. (an invented student)

TEACHER

Mrs. Novak (invented)

OPERATION	ITEMS	SCORE	NOTES
Ten More (+10)	8	7	
Ten Less (-10)	8	6	
One More (+1)	12	11	
One Less (-1)	12	10	
Neighbor Numbers (All Four)	24	18	
Total	64	52	

How to read it

Priya scored **52 of 64** items across all five formats. The lowest scores are on Ten More (+10) (7 of 8), Ten Less (-10) (6 of 8), One More (+1) (11 of 12), One Less (-1) (10 of 12), Neighbor Numbers (All Four) (18 of 24). Every number here comes from the table above.

Two things the Notes column is for

- What you saw, in plain words: counted the frame out loud, mixed up which direction “more” and “less” go, needed a model on the first item of a page.
- What you did about it: went back to ten frame support before Neighbor Numbers, or moved on. Never a conclusion about the student — that is the team meeting's job.

The same five scores on the snapshot graph (page 16)

Priya's bars would look like this today:

Ten More (+10)		7/8
Ten Less (-10)		6/8
One More (+1)		11/12
One Less (-1)		10/12
Neighbor Numbers (All Four)		18/24

Where this goes next

Priya's next check-in moves to more Neighbor Numbers items, then the same four operations with a wider number range. The phrase bank on page 21 has starters for writing this up.





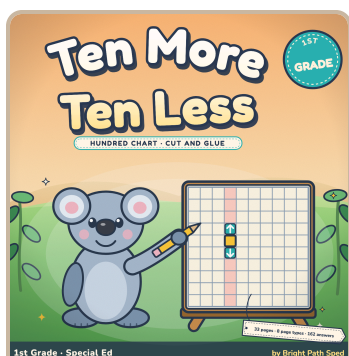
THANK YOU FOR USING THIS RESOURCE

Everything here was built for the teacher who has thirty minutes of planning time and a table of students who each need a different amount of support to find ten more, ten less, one more, or one less. If it saved you an hour, it worked. If this helped, leaving feedback on TPT helps other teachers find it.

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WHAT'S NEXT FROM THIS STORE



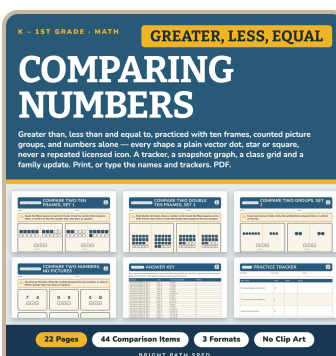
Ten More Ten Less Worksheets | Hundred Chart, Cut and Glue, 1st Grade

The same ten more/ten less skill the whole hundred chart, 1 to 100, cut and glue.



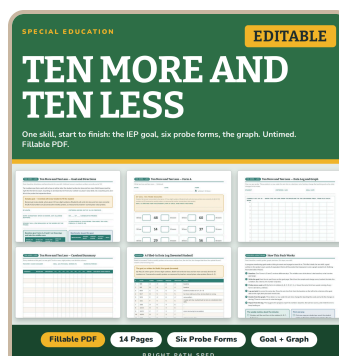
Ten Frames Worksheets | Counting, Addition and Subtraction to 20

The same ten-frame engine, counting and adding/subtracting two groups together.



Comparing Numbers Worksheets | Greater Than, Less Than, Equal To, Ten Frames

The same ten-frame engine, comparing two numbers instead of shifting one.



Ten More and Ten Less Progress Monitoring Probes

A caseload data-collection version of the ten more/ten less skill, untimed, with a goal page.

Part of the K-2 Math Practice collection — new products in this collection are added regularly. Click **Follow** on the store page and TPT will email you when they go up.

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