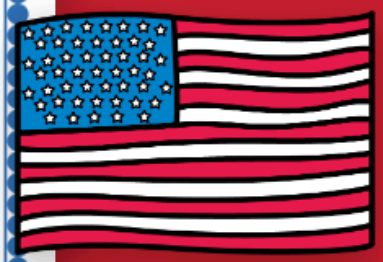
Bright Path Sped





2 LEVELS

BLUE GREEN YELLOW RED



COLOR ZONES

JULY 4TH

Feelings Cut and Paste · K-2 · Set 19

Preview - Bright Path Sped

Start Here

Zones of Regulation Activities Fourth of July Cut and Paste K-2 Set 19

What's inside

Activity	Pages	Levels
Meet the color zones (reference)	3	–
Zone sort: glue pictures into the matching zone house	4–7	● ■
Feeling word match	8–11	● ■
What zone am I in? glue the word and the color square	12–13	●
Feelings graph: cut, glue, then answer how many / which zone has the most	14–15	●
Same feeling match: glue the boy next to the matching girl	16–19	● ■
How would you feel? glue a feeling and a zone for each scene	20–23	–
My Feelings Book: 4 cut-and-staple booklet sheets	24–27	–
My Feelings Book: picture-piece sheet	28	–
Ink-saver copies of every page above except the 4 booklet sheets	29–50	line art

How to use it

- Two levels on zone sort, feeling word match, same feeling match, marked with a small shape: ● starting – an errorless hint (a color dot, or a matched anchor picture); ■ building – the same task with no hint.
- What zone am I in? glue the word and the color square, Feelings graph are one level, built for the start of this skill.
- My Feelings Book: print the booklet sheets double-sided (2 physical sheets), cut each sheet along its middle line, stack the 4 half-sheets in order and staple on the left edge for an 8-page book; the picture sheet is the one the child cuts and glues into each book page.
- Read the one short direction on each page aloud and point to the picture.
- Print in color, or use the ink-saver pages at the back on a photocopier -- every zone square and house roof still prints its zone's name so the ink-saver pages stay as readable as the color ones.

Your school's program comes first

The four colors are a simple, common way to talk about feelings. If your school uses a feelings or self-regulation program, use its own words with these pages. Our classroom words for the zones: _____

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PREVIEW

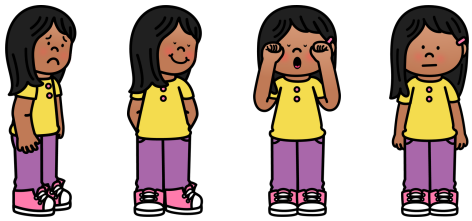
Preview - Bright Path Sped

My name: _____

Look at each color zone. Every feeling is okay.

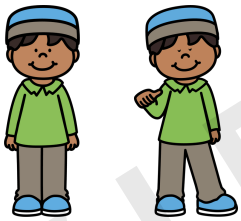


Blue Zone



Sad Shy Tired Bored

Green Zone



Happy Proud

Yellow Zone



Worried Excited Nervous Silly

Red Zone



Angry Scared

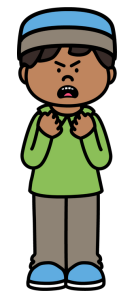
PREVIEW

All zones are okay. Every feeling is okay.

Preview - Bright Path Sped

My name: _____

Cut out each picture.


Angry


Tired


Sad


Sad


Proud


Silly


Worried

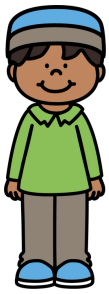

Scared

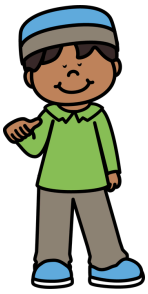

Scared


Happy


Silly


Tired


Happy


Proud


Angry


Worried

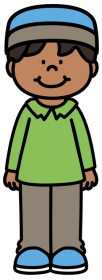
PREVIEW

Preview : Bright Path Sped

My name: _____

✂ Cut a word. Glue it under its picture.

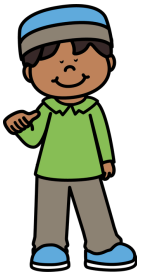












Word cards

Angry	Shy	Proud
Sad	Happy	Worried

PREVIEW

My name: _____

Write the word under its picture.



_____



_____



_____



_____



_____



_____

Word bank: Excited · Scared · Tired · Nervous · Bored · Silly

PREVIEW

Preview - Bright Path Sped

My name: _____

✂ Cut and glue. Graph A: fill in the zones.

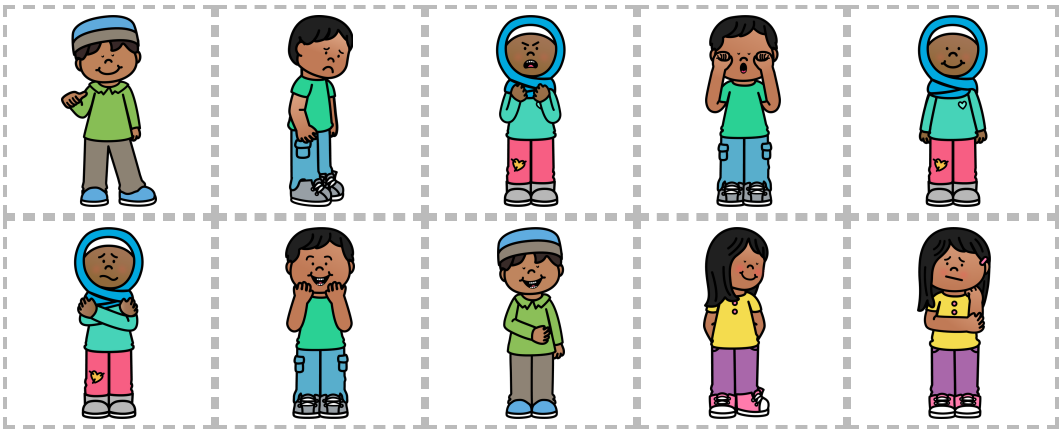
BLUE ZONE				
GREEN ZONE				
YELLOW ZONE				
RED ZONE				

Blue zone: how many? ☐ Green zone: how many? ☐

Yellow zone: how many? ☐ Red zone: how many? ☐

Which zone has the most? _____

Cut and glue a picture into each zone row above



PREVIEW

Preview : Bright Path Sped

My name: _____

Glue the boy next to the girl with the same feeling.













Boy pictures











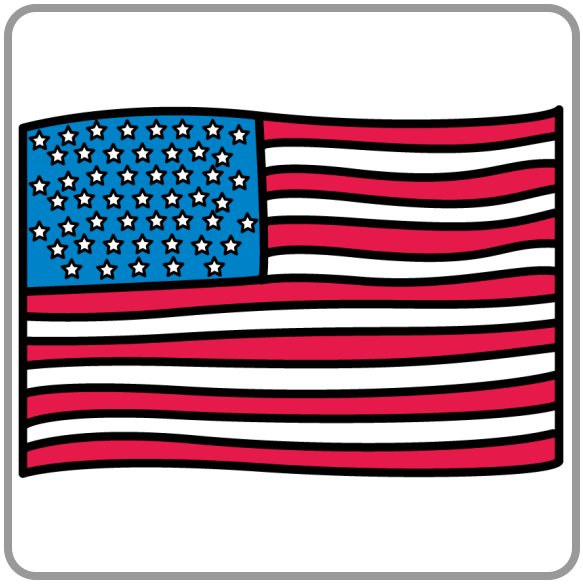


PREVIEW

Preview - Bright Path Shed

My name: _____

Look at the picture. Glue a feeling and a zone.

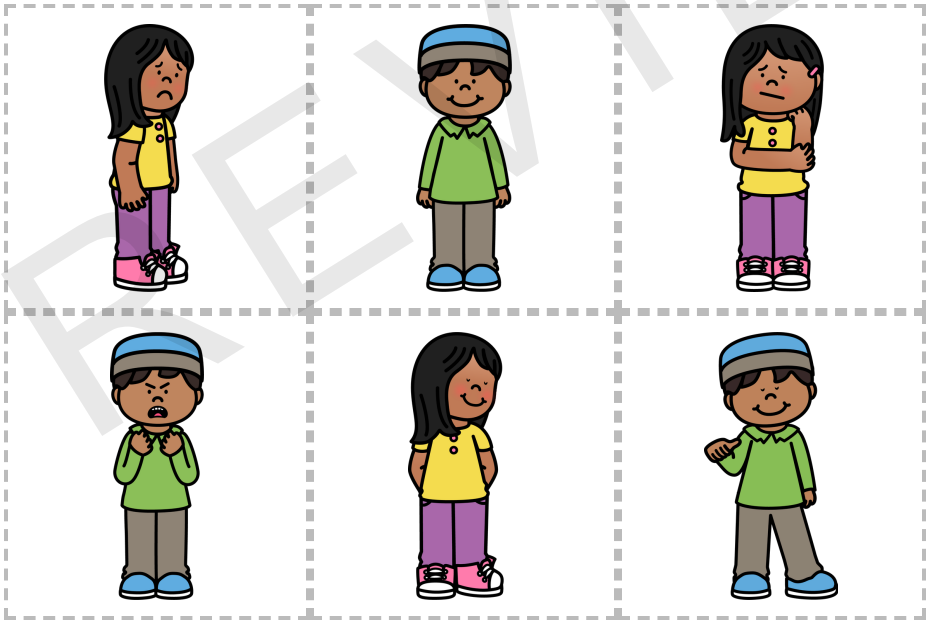


We wave a flag at the Fourth of July parade.

feeling

zone

Feeling kids



Zone squares

BLUE ZONE

GREEN ZONE

YELLOW ZONE

RED ZONE

PREVIEW

My name: _____

Look at the picture. Glue a feeling and a zone.

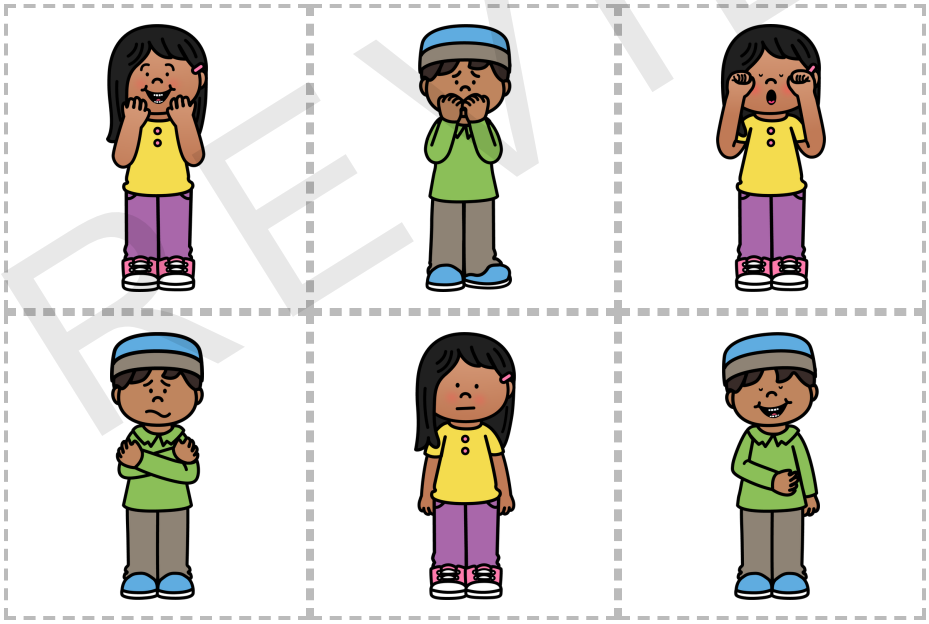


We wear a star on our shirt for the party.

feeling

zone

Feeling kids



Zone squares

BLUE ZONE

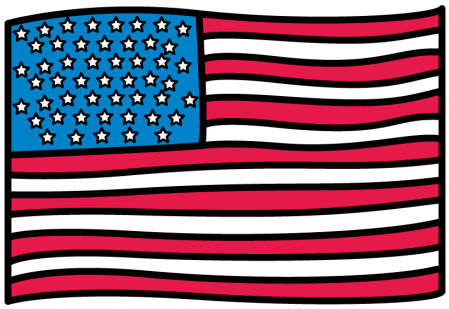
GREEN ZONE

YELLOW ZONE

RED ZONE

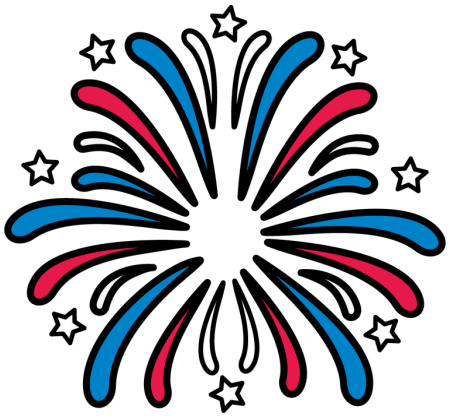
PREVIEW

We wave a flag at the Fourth of July parade.



I would feel

Fireworks light up the sky at night.



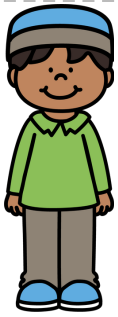
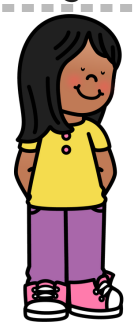
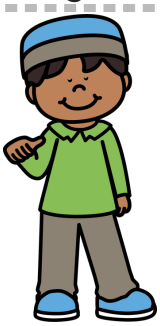
I would feel

PREVIEW

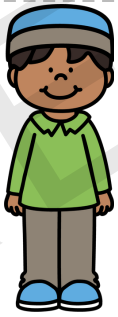
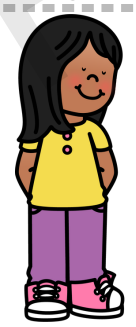
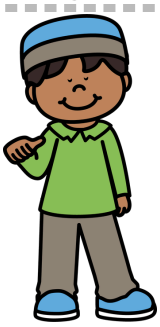
Preview : Bright Path Sped

My name: _____

✂ Cut a feeling. Glue it on its book page.

 Page 3	 Page 3	 Page 4	 Page 4
 Page 5	 Page 5	 Page 6	 Page 6

Second set, for another student

 Page 3	 Page 3	 Page 4	 Page 4
 Page 5	 Page 5	 Page 6	 Page 6

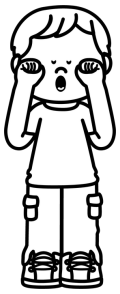
PREVIEW

Preview - Bright Path Sped

My name: _____

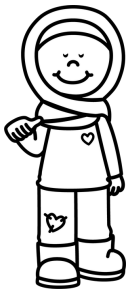
✂ Cut out each picture.


Angry


Tired


Sad


Sad


Proud


Silly


Worried

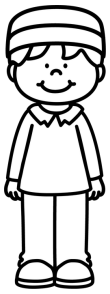

Scared


Scared


Happy


Silly


Tired


Happy


Proud


Angry


Worried

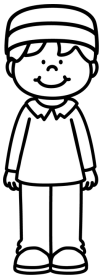
PREVIEW

Preview · Bright Path Sped

My name: _____

✂ Cut a word. Glue it under its picture.













PREVIEW

Word cards

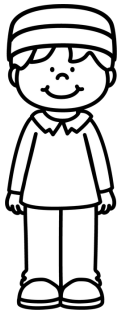
Angry	Shy	Proud
Sad	Happy	Worried

My name: _____

Write the word under its picture.



_____



_____



_____



_____



_____



_____

Word bank: Sad · Happy · Worried · Angry · Shy · Proud

PREVIEW

Preview - Bright Path Sped

My name: _____

Glue the feeling word and the color zone square.













PREVIEW

Feeling words

Silly	Excited	Scared	Tired	Nervous	Bored

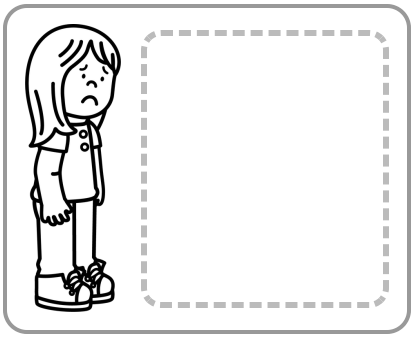
Zone squares

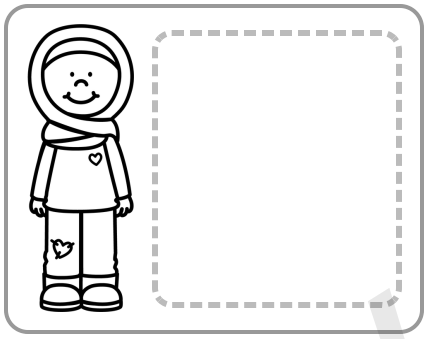
YELLOW ZONE	BLUE ZONE	RED ZONE	BLUE ZONE	YELLOW ZONE	YELLOW ZONE

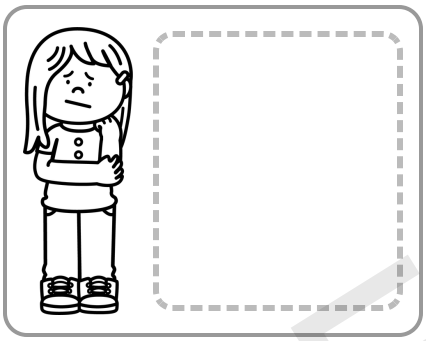
Preview : Bright Path Sped

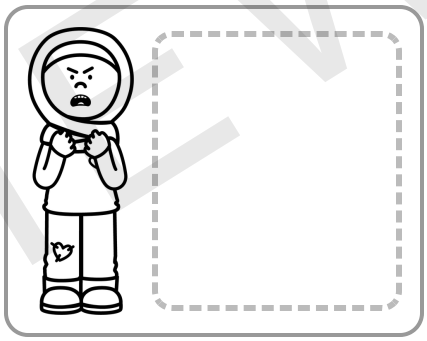
My name: _____

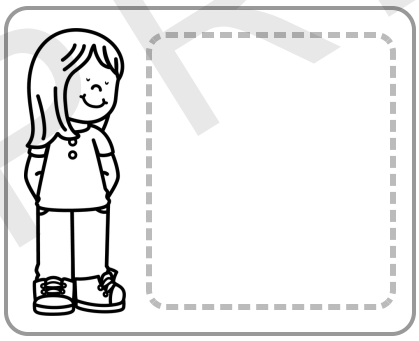
Glue the boy next to the girl with the same feeling.

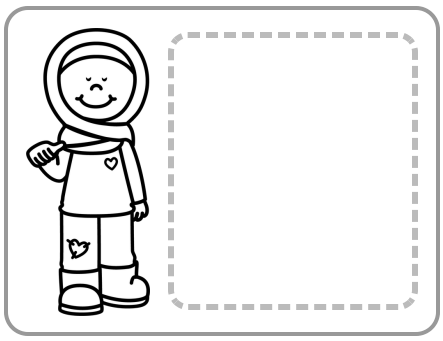




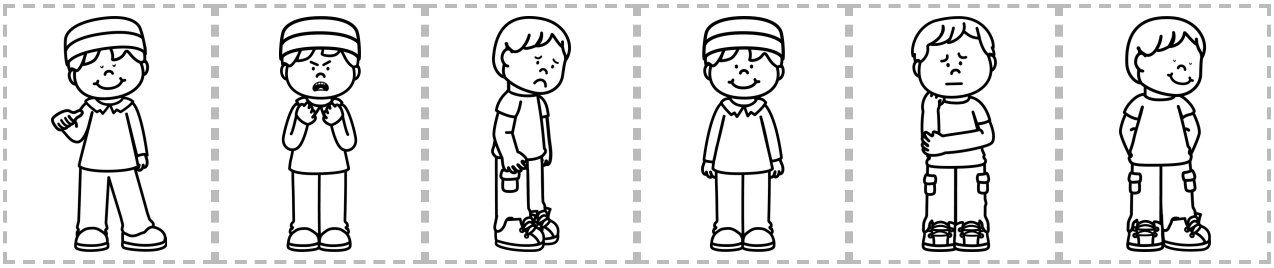








Boy pictures

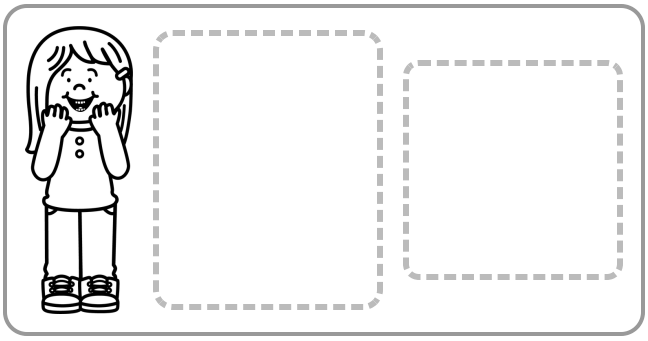


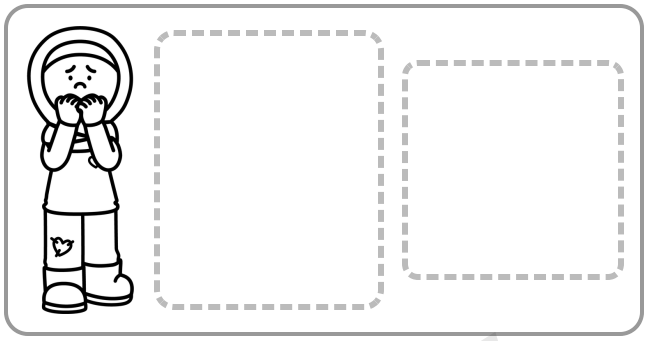
PREVIEW

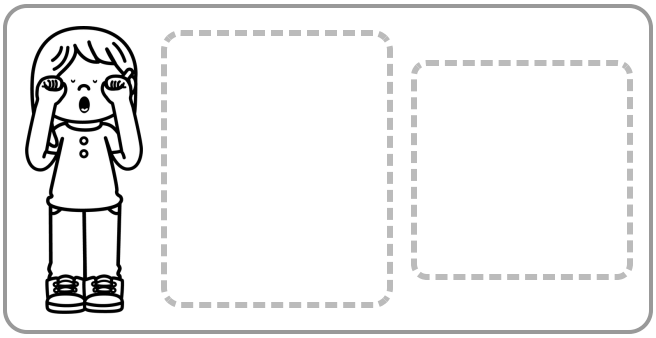
Preview : Bright Path Sped

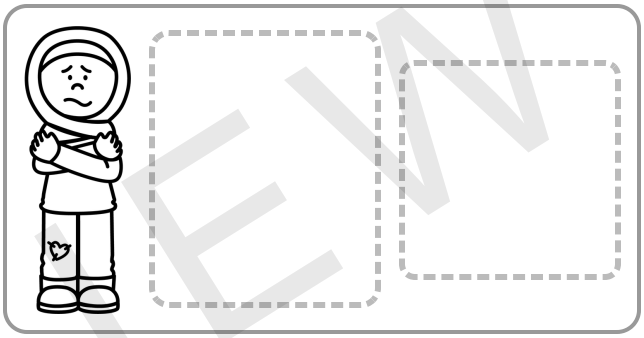
My name: _____

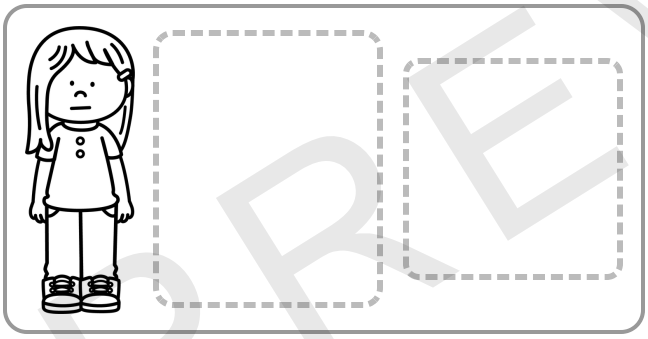
Glue the matching boy and the color zone square.

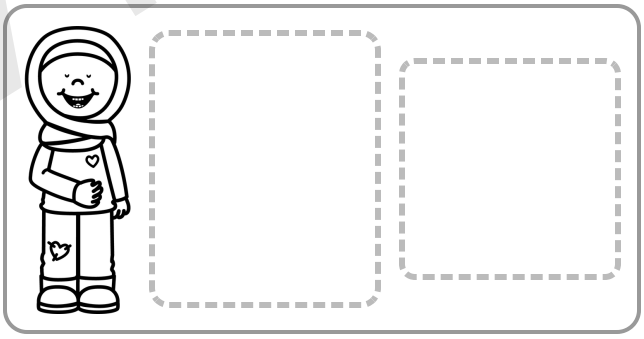






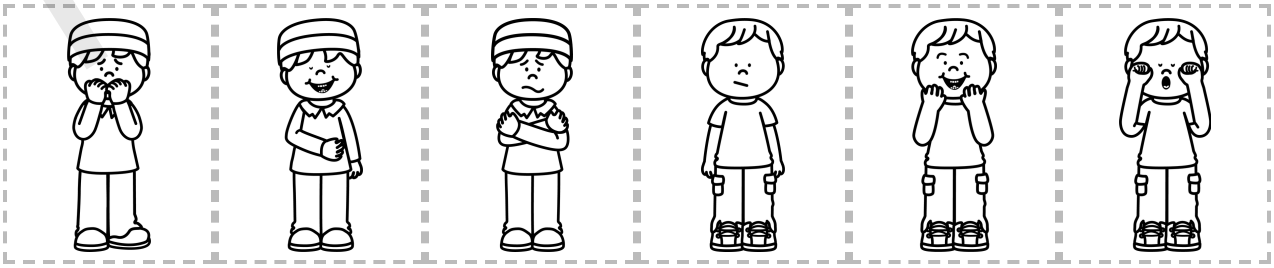






PREVIEW

Boy pictures



Zone squares

YELLOW ZONE	YELLOW ZONE	BLUE ZONE	BLUE ZONE	YELLOW ZONE	RED ZONE

My name: _____

Look at the picture. Glue a feeling and a zone.



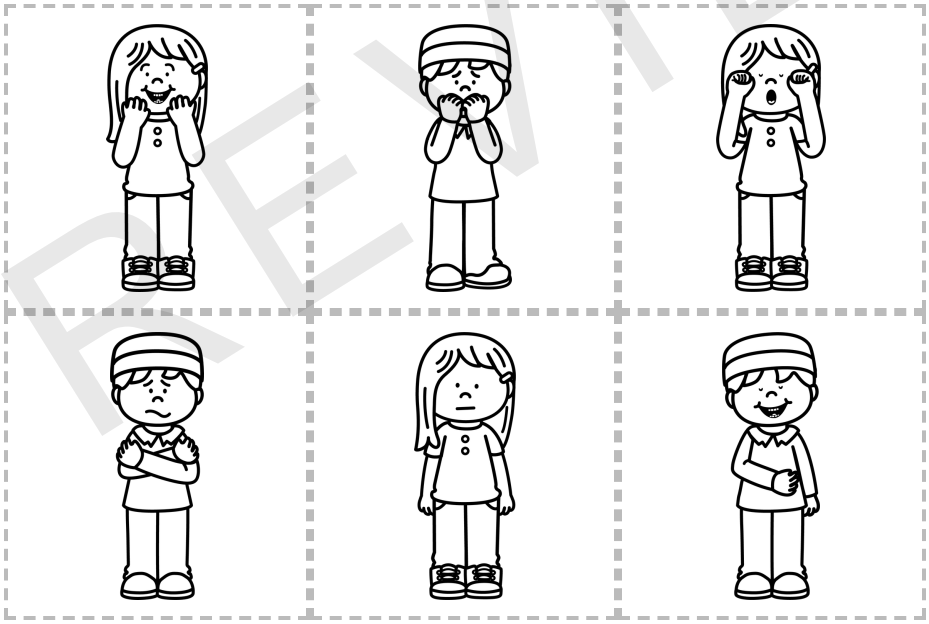
We wear a star on our shirt for the party.

feeling

zone

PREVIEW

Feeling kids



Zone squares

BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE

Answer Key

Zone sort and What zone am I in? glue the word and the color square: the pairings

Blue Zone


Sad


Shy

All feelings: Sad, Shy, Tired, Bored

Green Zone


Happy


Proud

All feelings: Happy, Proud

Yellow Zone


Worried


Excited

All feelings: Worried, Excited, Nervous, Silly

Red Zone


Angry


Scared

All feelings: Angry, Scared

Feelings graph counts

Graph A: most in Yellow Zone

BLUE	GREEN	YELLOW	RED
3	2	4	1

Graph B: most in Green Zone

BLUE	GREEN	YELLOW	RED
2	4	1	3

Same feeling match


and


every girl pairs with the boy showing the SAME feeling word (shown here: Sad); the zone-color square (Level 2) matches the feeling's zone above.

Children may place a feeling in a different zone. Ask them to tell you why.

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PREVIEW