Bright Path Sped

BLUE GREEN YELLOW RED



2 LEVELS

COLOR ZONES ST. PATRICK'S

St. Patrick's Day Feelings Cut and Paste · K-2

Preview - Bright Path Sped

Start Here

Zones of Regulation Activities St. Patrick's Day Cut and Paste K-2 Set 11

What's inside

Activity	Pages	Levels
Meet the color zones (reference)	3	–
Feeling word match	4–7	● ■
Same feeling match: glue the picture next to the matching one	8–11	● ■
How would you feel? glue a feeling and a zone for each scene	12–15	–
Zone sort: glue pictures into the matching zone house	16–19	● ■
Trace and glue: trace the feeling word, glue the matching kid	20–21	–
Feelings graph: cut, glue, then answer how many / which zone has the most	22–23	●
My Feelings Book: 4 cut-and-staple booklet sheets	24–27	–
My Feelings Book: picture-piece sheet	28	–
Ink-saver copies of every page above except the 4 booklet sheets	29–50	line art

How to use it

- Two levels on feeling word match, same feeling match, zone sort, marked with a small shape: ● **starting** – an errorless hint (a color dot, or a matched anchor picture); ■ **building** – the same task with no hint.
- Feelings graph is one level, built for the start of this skill.
- My Feelings Book: print the booklet sheets double-sided (2 physical sheets), cut each sheet along its middle line, stack the 4 half-sheets in order and staple on the left edge for an 8-page book; the picture sheet is the one the child cuts and glues into each book page.
- Read the one short direction on each page aloud and point to the picture.
- Print in color, or use the ink-saver pages at the back on a photocopier -- every zone square and house roof still prints its zone's name so the ink-saver pages stay as readable as the color ones.

Your school's program comes first

The four colors are a simple, common way to talk about feelings. If your school uses a feelings or self-regulation program, use its own words with these pages. Our classroom words for the zones: _____

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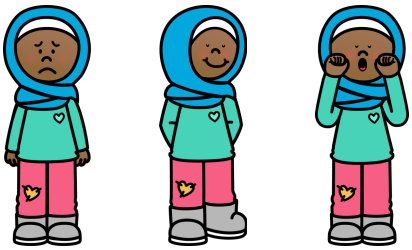
PREVIEW

Preview - Bright Path Shed

My name: _____

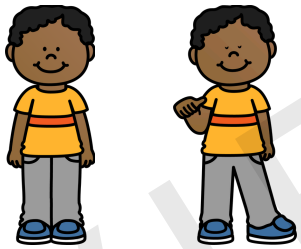
Look at each color zone. Every feeling is okay.

Blue Zone



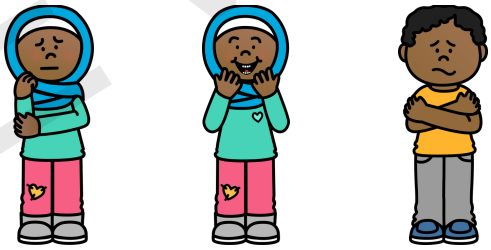
Sad Shy Tired

Green Zone



Happy Proud

Yellow Zone



Worried Excited Nervous

Red Zone



Angry Scared

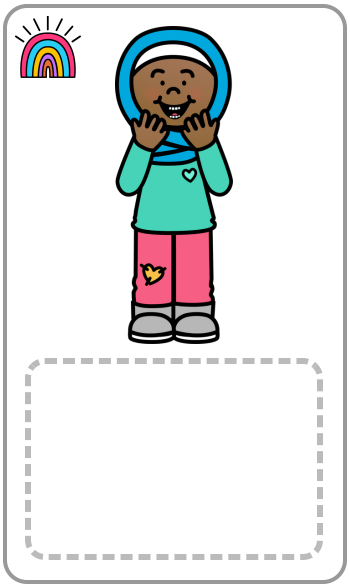
All zones are okay. Every feeling is okay.

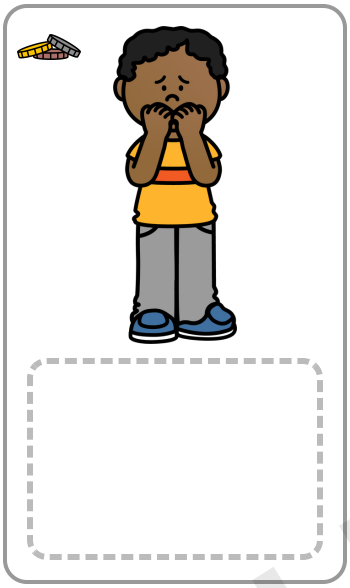
PREVIEW

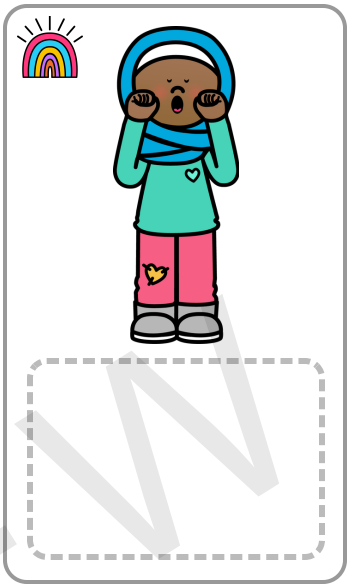
Preview - Bright Path Sped

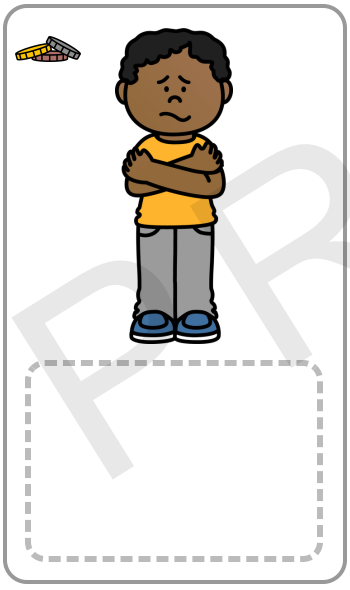
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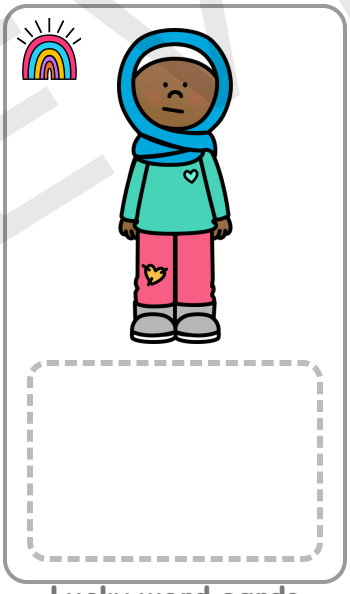
Cut a word. Glue it under its picture.

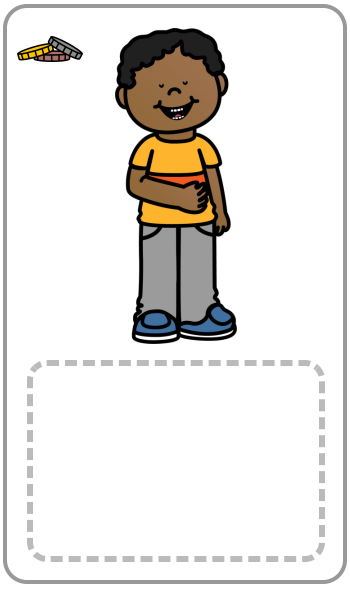












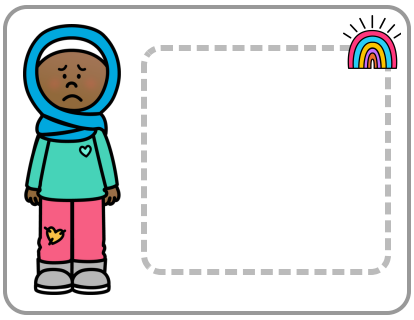
Lucky word cards

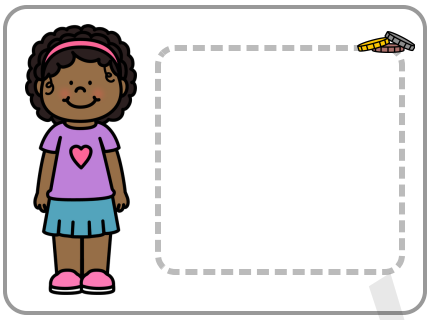
Bored	Tired	Nervous
Silly	Excited	Scared

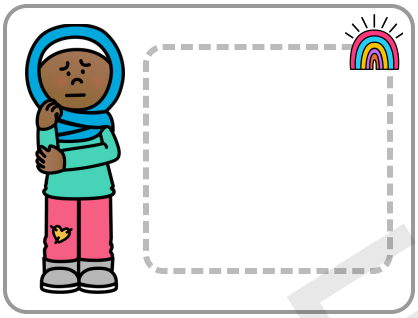
PREVIEW

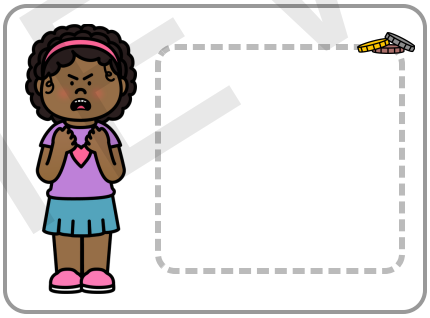
My name: _____

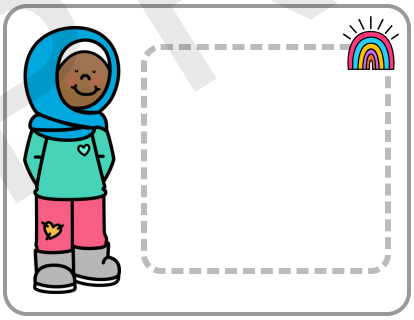
Glue the picture next to the one with the same feeling.

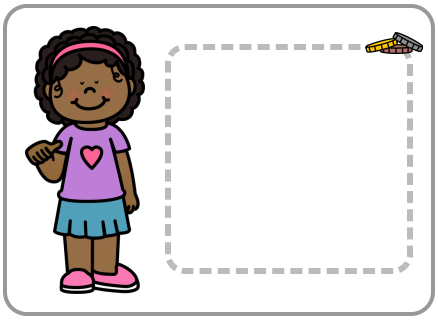






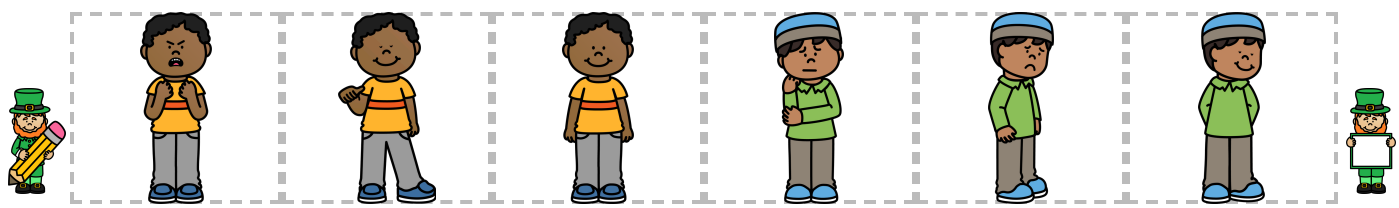






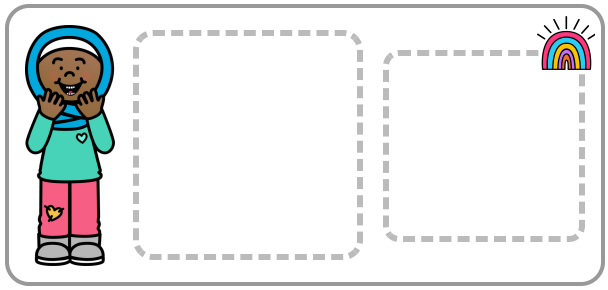
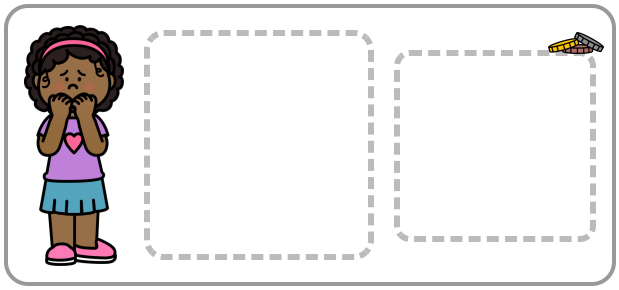
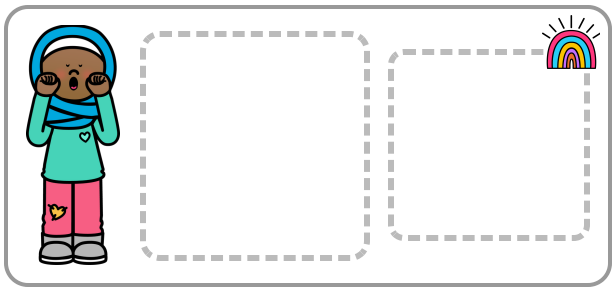
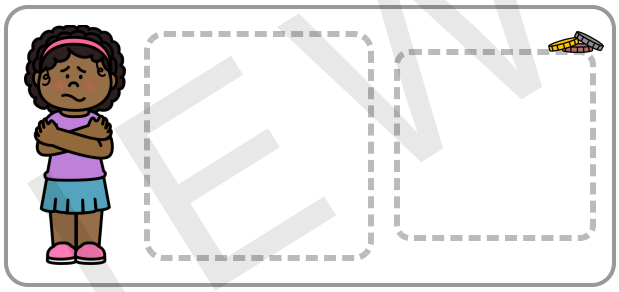
PREVIEW

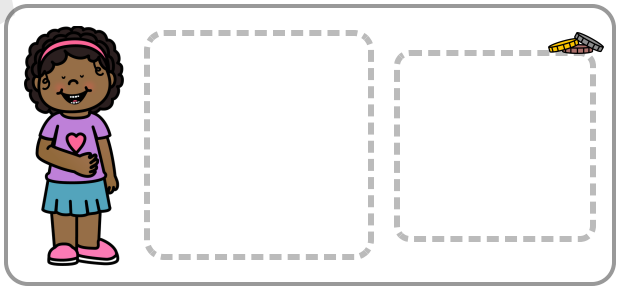
Lucky pictures to glue



My name: _____

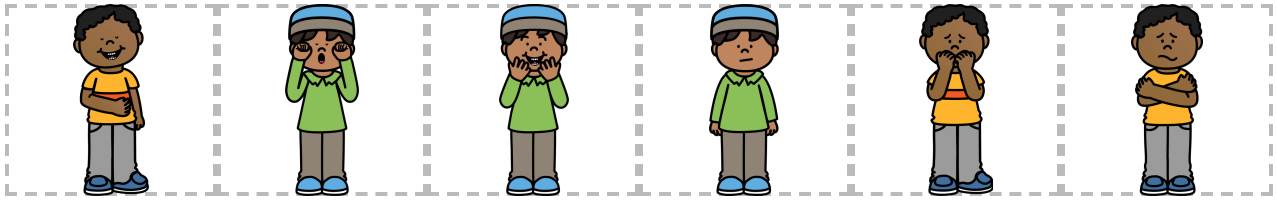
Glue the matching picture and the color zone square.



PREVIEW

Lucky pictures to glue



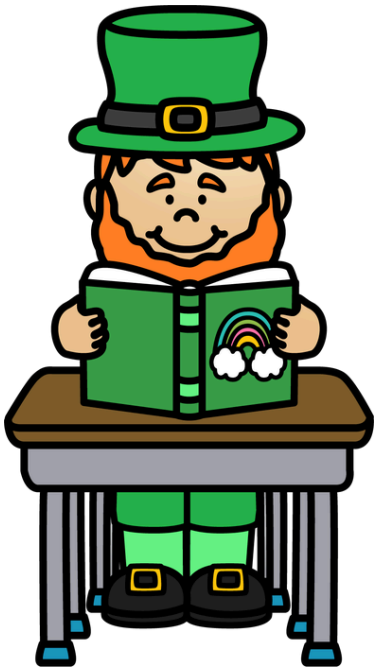
Zone squares

YELLOW ZONE	YELLOW ZONE	BLUE ZONE	BLUE ZONE	RED ZONE	YELLOW ZONE

Preview - Bright Path Sped

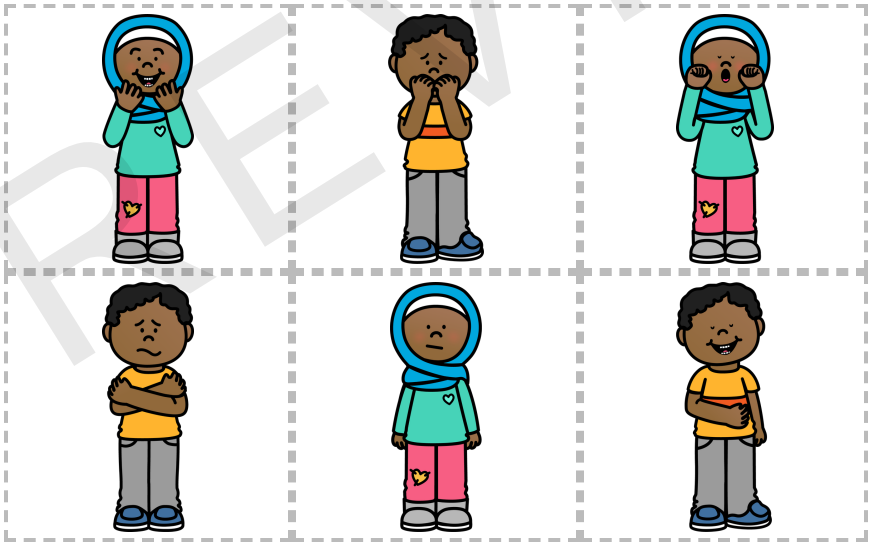
My name: _____

Look at the picture. Glue a feeling and a zone.



We read a book with a little rainbow on it.

Lucky feeling kids



Zone squares

BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE

PREVIEW

Preview - Bright Path Shed

My name: _____

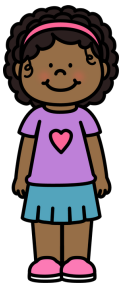
Cut out each picture.


Sad


Sad


Tired


Tired


Happy

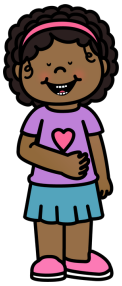

Happy


Proud


Proud


Worried


Worried


Silly


Silly


Angry


Angry


Scared


Scared





PREVIEW

Preview - Bright Path Shed

My name: _____

Trace the word. Glue the matching picture.



Sad



Happy



Worried



Angry



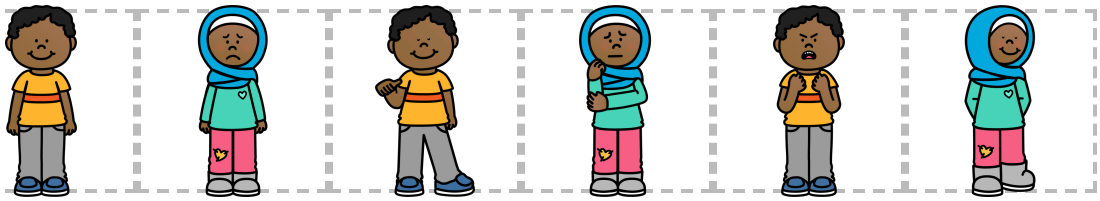
Shy



Proud

PREVIEW

Lucky picture cards







Preview - Bright Path Shed

My name: _____

✂ Cut and glue. Graph A: fill in the zones.

BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE

Blue zone: how many? ☐

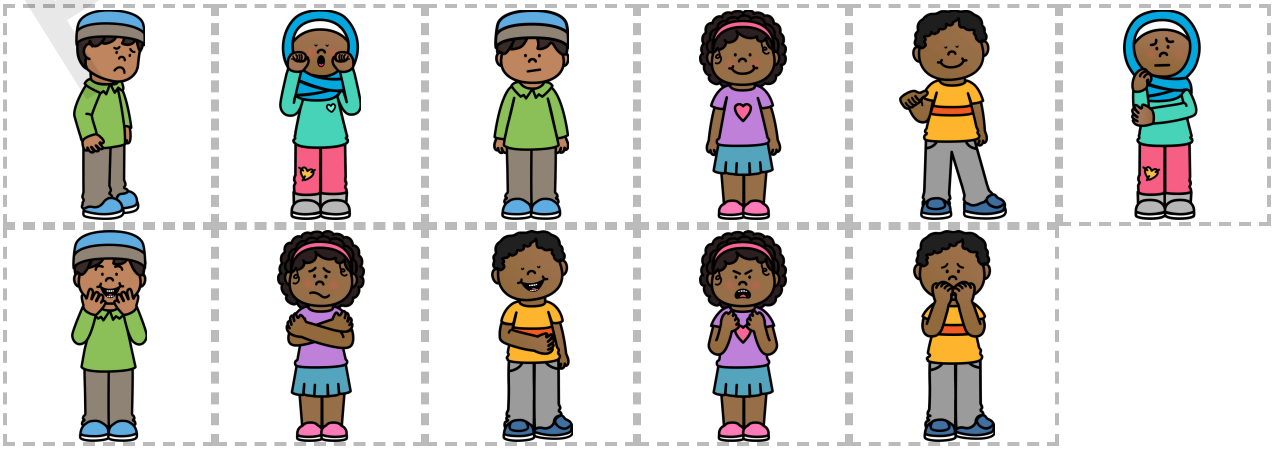
Green zone: how many? ☐

Yellow zone: how many? ☐

Red zone: how many? ☐

Which zone has the most? _____

Cut and glue a picture into each zone column above



PREVIEW

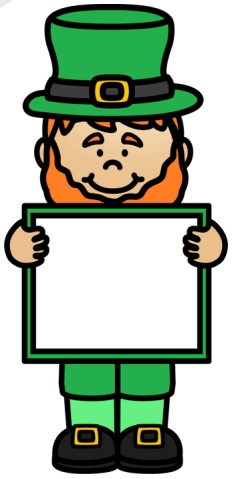
Preview · Bright Path Sped

We look for our lucky pencil and it is gone.



I would feel

We hold up our St. Patrick's Day sign in class.



I would feel

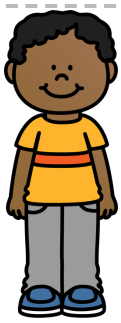
PREVIEW

Preview - Bright Path Sped

My name: _____

✂ Cut a feeling. Glue it on its book page.

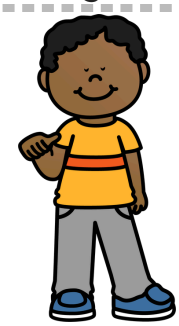

Page 3


Page 3


Page 4


Page 4


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Page 5


Page 6


Page 6

Second set, for another student

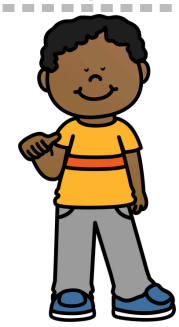

Page 3


Page 3


Page 4


Page 4


Page 5


Page 5

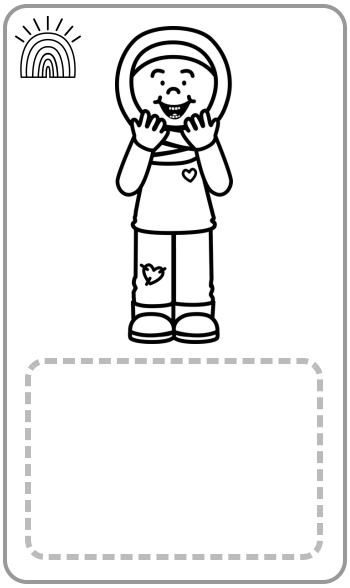

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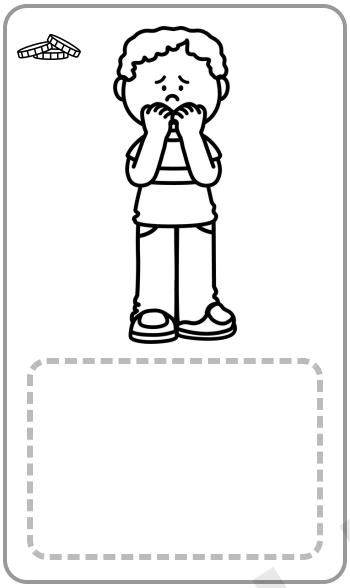

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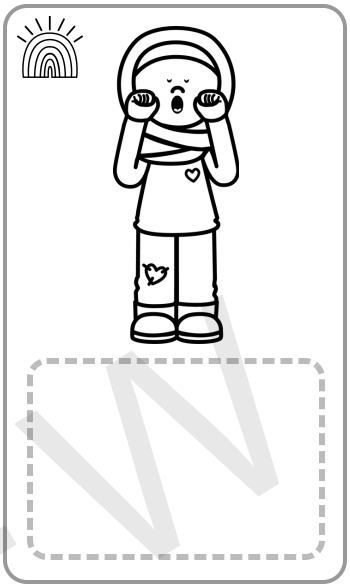
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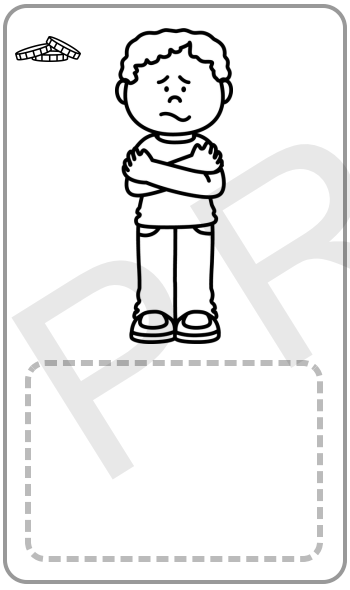
My name: _____

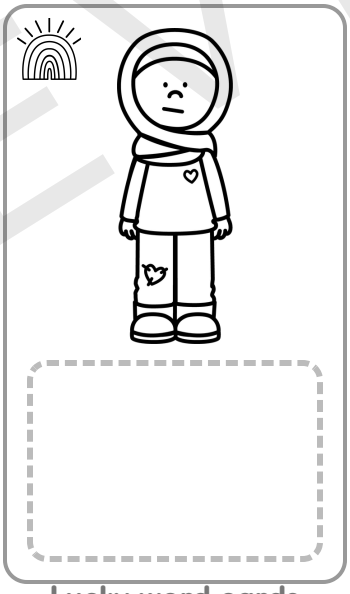
✂ Cut a word. Glue it under its picture.

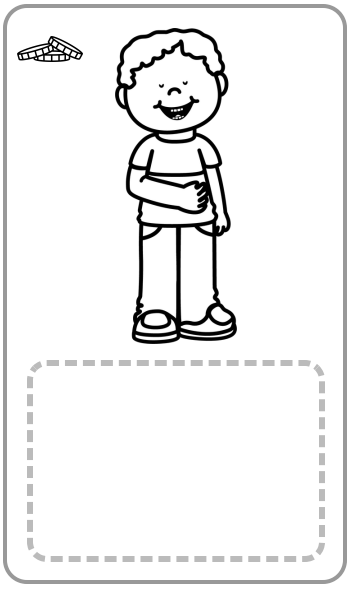












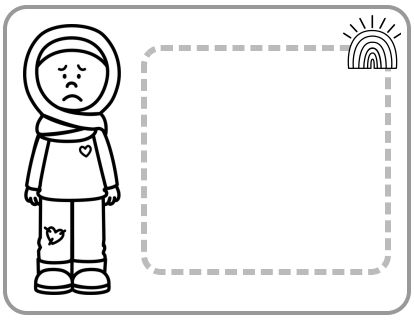
Lucky word cards

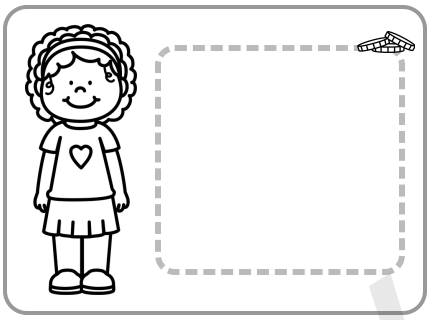
Bored	Tired	Nervous
Silly	Excited	Scared

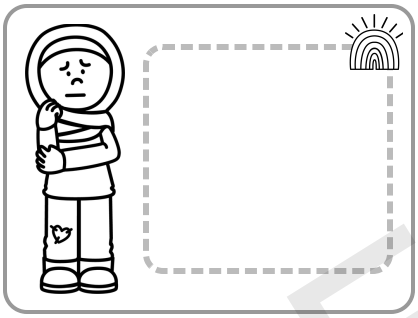
PREVIEW

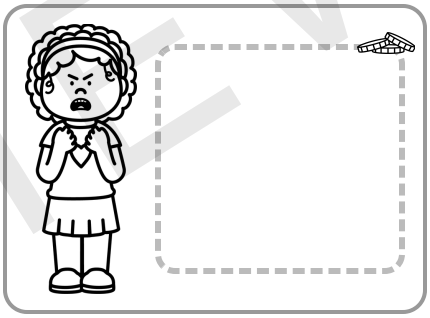
My name: _____

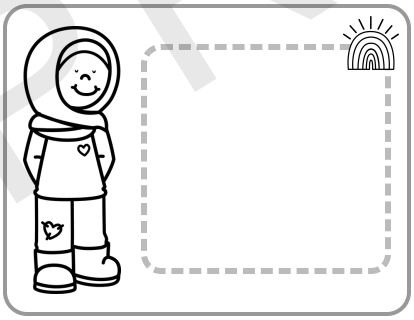
Glue the picture next to the one with the same feeling.

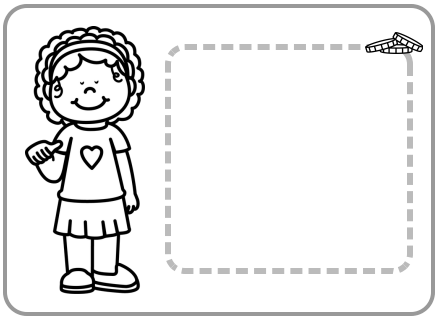




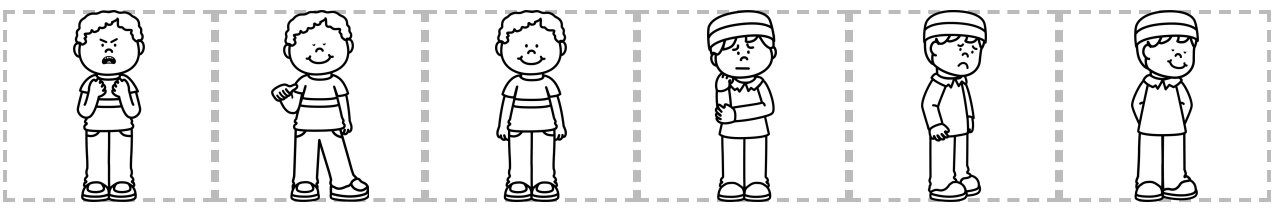








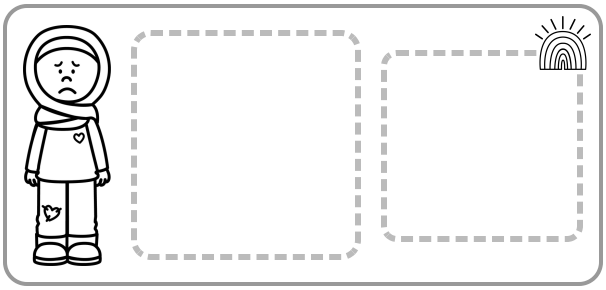
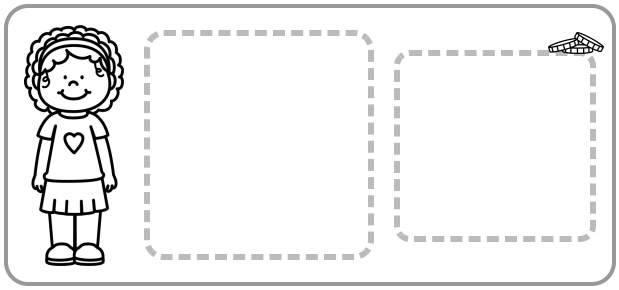
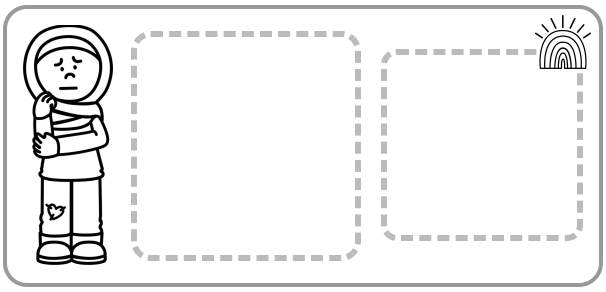
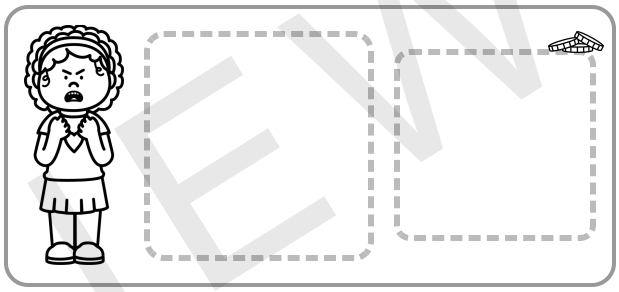
Lucky pictures to glue

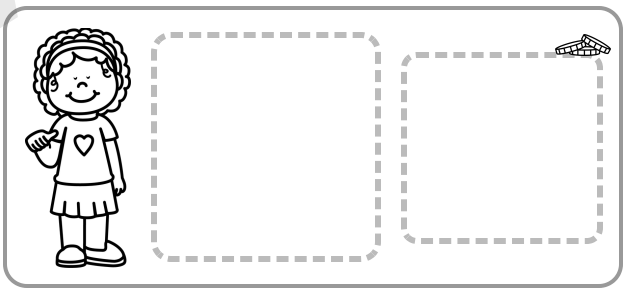


PREVIEW

My name: _____

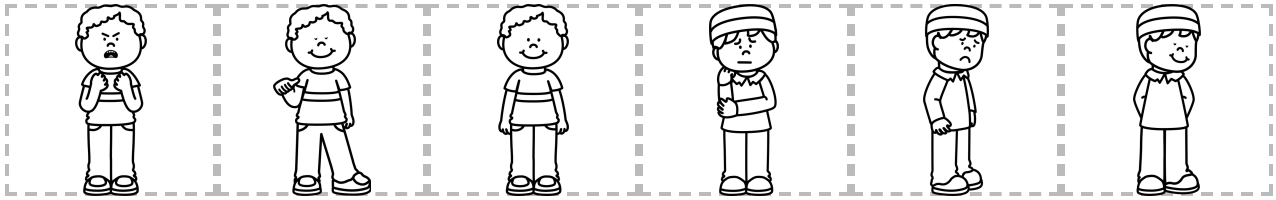
Glue the matching picture and the color zone square.



PREVIEW

Lucky pictures to glue



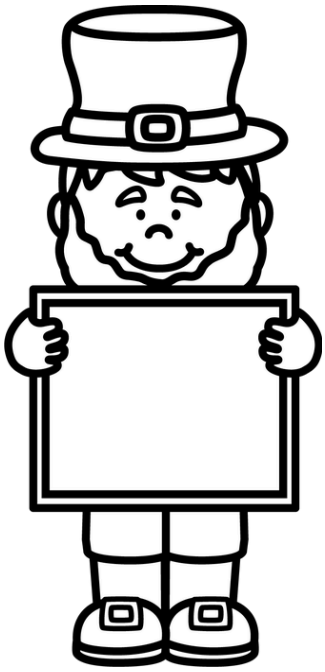
Zone squares

BLUE ZONE	BLUE ZONE	GREEN ZONE	GREEN ZONE	RED ZONE	YELLOW ZONE

Preview - Bright Pink Shed

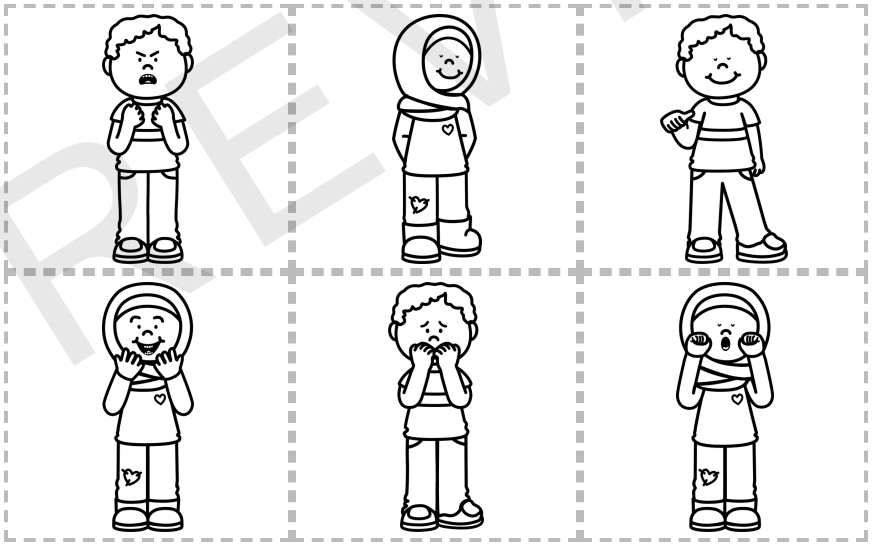
My name: _____

Look at the picture. Glue a feeling and a zone.



We hold up our St. Patrick's Day sign in class.

Lucky feeling kids



Zone squares

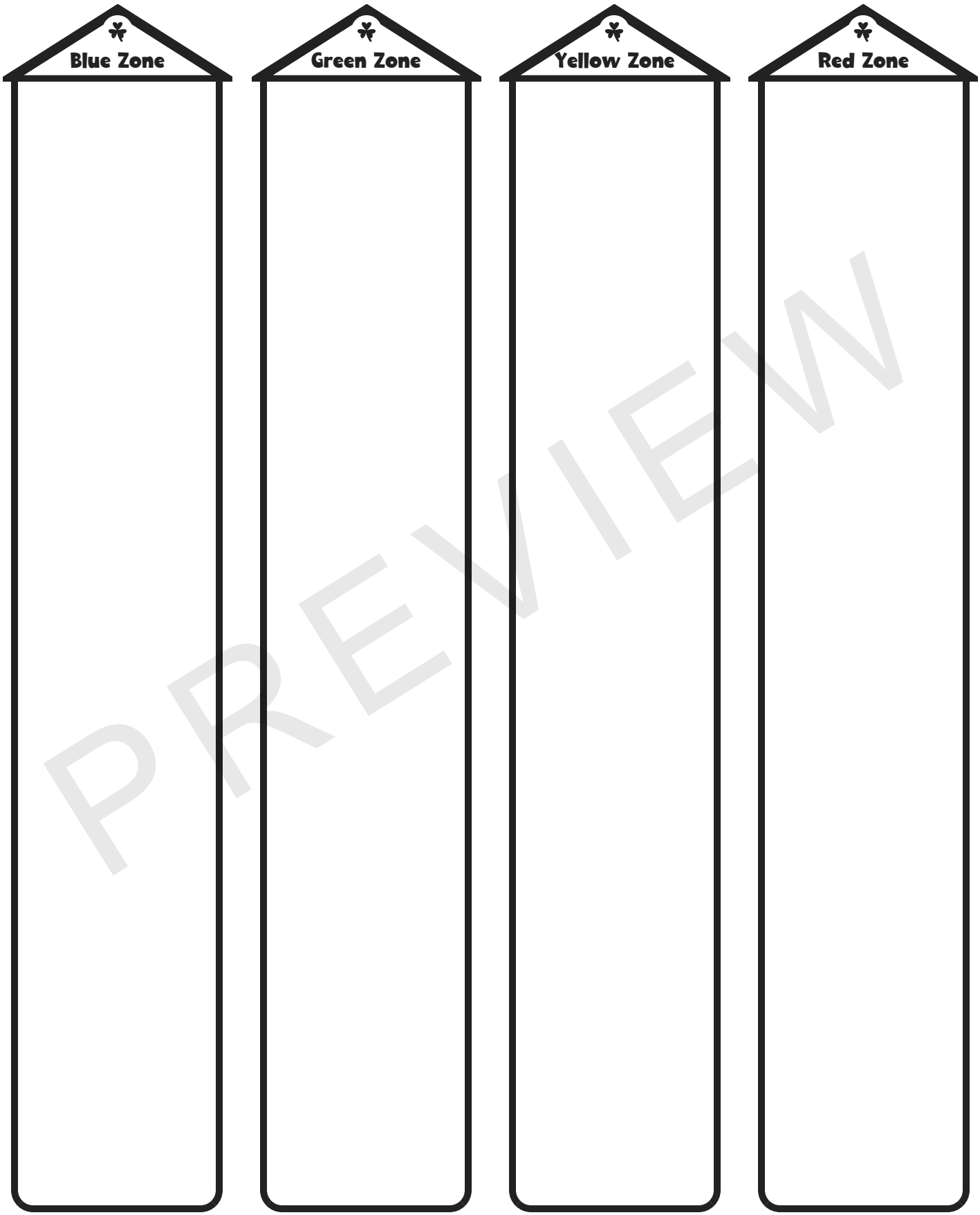
BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE

PREVIEW

Preview - Bright Path Shed

My name: _____

Glue each picture in its zone house.



PREVIEW

Preview - Bright Path Shed

My name: _____

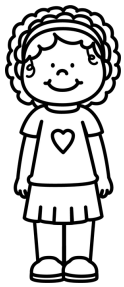
Cut out each picture.

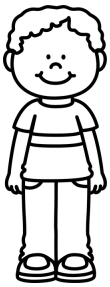

Sad


Sad


Tired


Tired


Happy


Happy


Proud


Proud


Worried


Worried


Silly


Silly


Angry


Angry


Scared


Scared

PREVIEW

Preview - Bright Page Shop

My name: _____

✂ Cut and glue. Graph A: fill in the zones.

BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE

Blue zone: how many? ☐

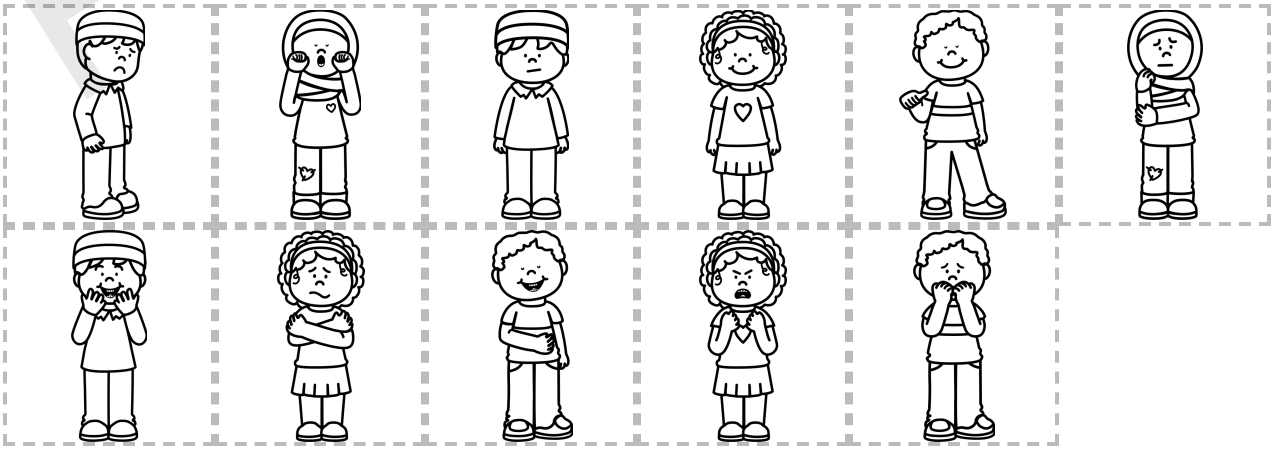
Green zone: how many? ☐

Yellow zone: how many? ☐

Red zone: how many? ☐

Which zone has the most? _____

Cut and glue a picture into each zone column above



PREVIEW

Answer Key

Zone sort: the pairings

Blue Zone	 Sad  Shy	All feelings: Sad, Shy, Tired, Bored
Green Zone	 Happy  Proud	All feelings: Happy, Proud
Yellow Zone	 Worried  Excited	All feelings: Worried, Excited, Nervous, Silly
Red Zone	 Angry  Scared	All feelings: Angry, Scared

Feelings graph counts

Graph A: most in Yellow Zone

BLUE	GREEN	YELLOW	RED
3	2	4	2

Graph B: most in Blue Zone

BLUE	GREEN	YELLOW	RED
4	2	2	2

Same feeling match

 and  every girl pairs with the boy showing the SAME feeling word (shown here: Sad); the zone-color square (Level 2) matches the feeling's zone above.

Feelings on each page, in order; zone for level 2:

Pages 1 (levels 1 and 2): Sad (Blue), Happy (Green), Worried (Yellow), Angry (Red), Shy (Blue), Proud (Green)

Pages 2 (levels 1 and 2): Excited (Yellow), Scared (Red), Tired (Blue), Nervous (Yellow), Bored (Blue), Silly (Yellow)

How would you feel?

Answers vary. Any feeling and zone a child can explain is right; ask why.

Trace and glue

Each traced word gets the kid showing that feeling. Words, left to right, top to bottom:

Page 1: Sad, Happy, Worried, Angry, Shy, Proud

Page 2: Excited, Scared, Tired, Nervous, Bored, Silly

Feeling word match

Each word goes with its picture. Pictures, left to right, top to bottom:

Page 1: Sad, Happy, Worried, Angry, Shy, Proud

Page 2: Excited, Scared, Tired, Nervous, Bored, Silly

Children may place a feeling in a different zone. Ask them to tell you why.

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PREVIEW