Bright Path Sped





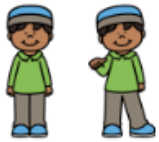
Look at each color zone. Every feeling is okay.



Blue Zone



Green Zone



Yellow Zone



Red Zone



All zones are okay. Every feeling is okay.

2 LEVELS





COLOR ZONES THANKSGIVING

Feelings Cut and Paste · K-2 · Set 4

Preview - Bright Path Sped

Start Here

Zones of Regulation Activities Thanksgiving Cut and Paste K-2 Set 4

What's inside

Activity	Pages	Levels
Meet the color zones (reference)	3	–
How would you feel? glue a feeling and a zone for each scene	4–7	–
Zone or not: two-bin sort for one target zone	8–11	● ■
Feelings bingo: 4 boards, cut and glue the matching picture	12–15	–
Trace and glue: trace the feeling word, glue the matching kid	16–17	–
Same or different: two kids per row, cut and glue the word	18–19	–
Zone sort: glue pictures into the matching zone house	20–23	● ■
My Feelings Book: 4 cut-and-staple booklet sheets	24–27	–
My Feelings Book: picture-piece sheet	28	–
Ink-saver copies of every page above except the 4 booklet sheets	29–50	line art

How to use it

- Two levels on zone or not, zone sort, marked with a small shape: ● **starting** – an errorless hint (a color dot, or a matched anchor picture); ■ **building** – the same task with no hint.
- My Feelings Book: print the booklet sheets double-sided (2 physical sheets), cut each sheet along its middle line, stack the 4 half-sheets in order and staple on the left edge for an 8-page book; the picture sheet is the one the child cuts and glues into each book page.
- Read the one short direction on each page aloud and point to the picture.
- Print in color, or use the ink-saver pages at the back on a photocopier -- every zone square and house roof still prints its zone's name so the ink-saver pages stay as readable as the color ones.

Your school's program comes first

The four colors are a simple, common way to talk about feelings. If your school uses a feelings or self-regulation program, use its own words with these pages. Our classroom words for the zones: _____

Not affiliated with or endorsed by The Zones of Regulation®, its author or its publisher, or any other social-emotional learning program.

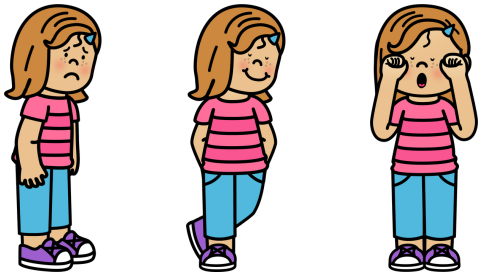
PREVIEW

Preview - Bright Path Sped

Look at each color zone. Every feeling is okay.

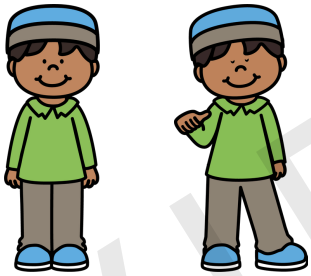


Blue Zone



Sad Shy Tired

Green Zone



Happy Proud

Yellow Zone



Worried Excited Nervous

Red Zone



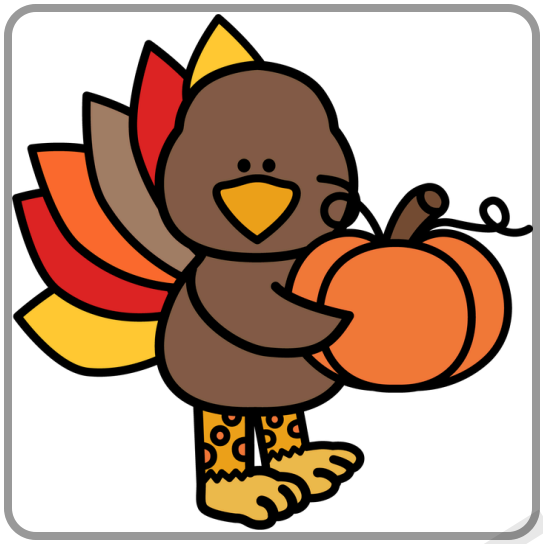
Angry Scared

PREVIEW

All zones are okay. Every feeling is okay.

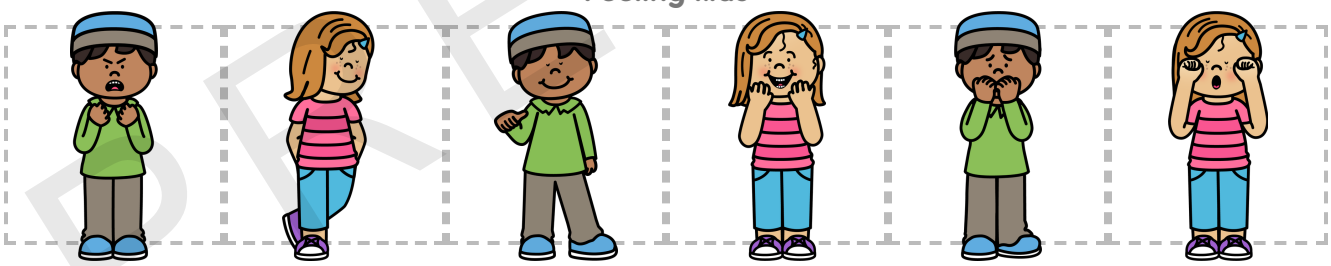
Preview - Bright Path Shed

Look at the picture. Glue a feeling and a zone.



Grandma's turkey is on the table.

Feeling kids



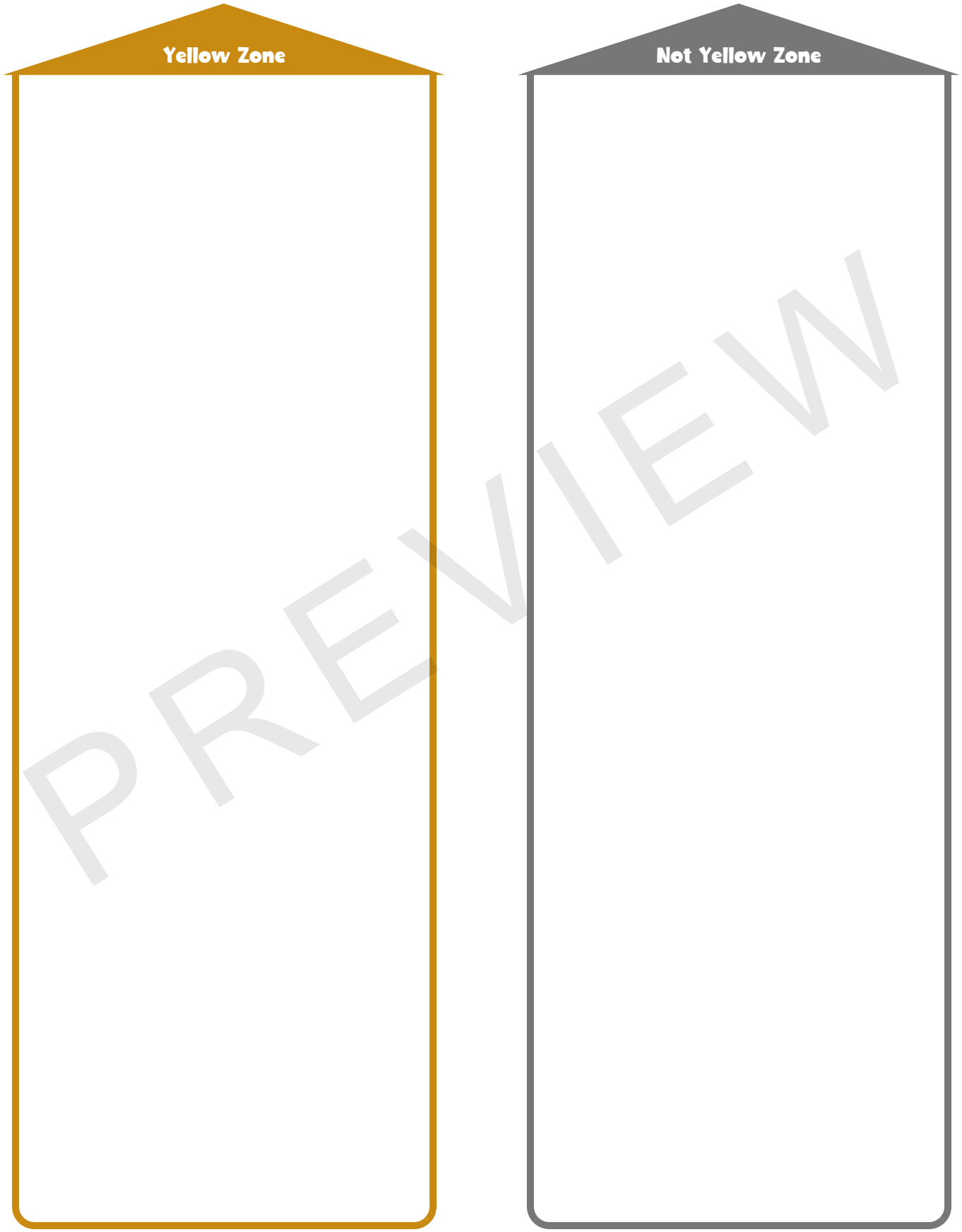
Zone squares

BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE

PREVIEW

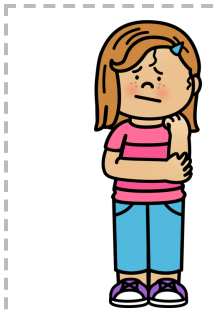
Preview - Bright Path Sped

Glue each picture in the right house.

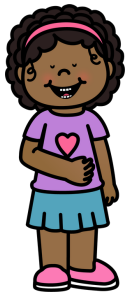


PREVIEW

Cut out each picture.


Worried

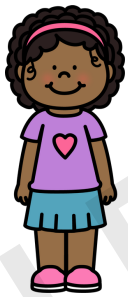

Worried


Silly


Silly


Sad


Sad


Happy


Happy


Angry


Angry

PREVIEW

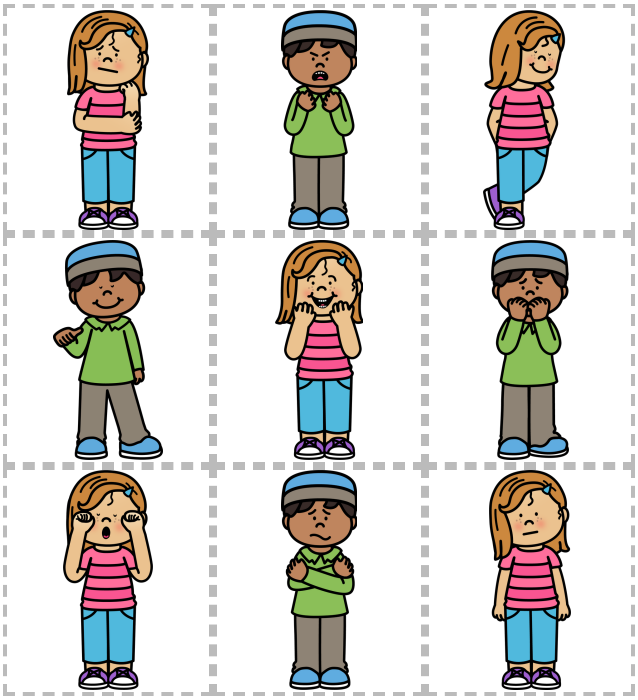
Preview - Bright Path Shed

Listen for the word. Glue the matching picture.

Worried	Angry	Shy
Proud	Excited	Scared
Tired	Nervous	Bored

PREVIEW

Picture cards



Trace the word. Glue the matching picture.

Sad

Happy

Worried

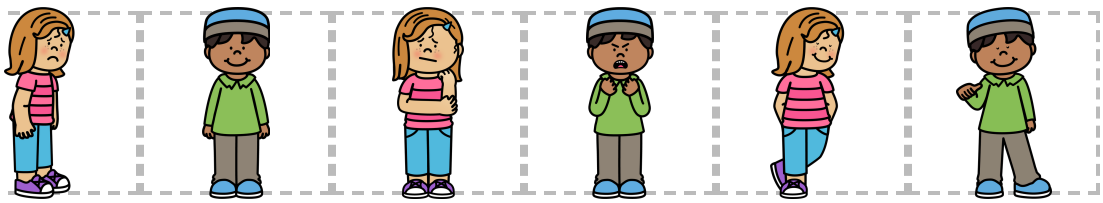
Angry

Shy

Proud

PREVIEW

Picture cards



Same feeling or different? Cut and glue the word.









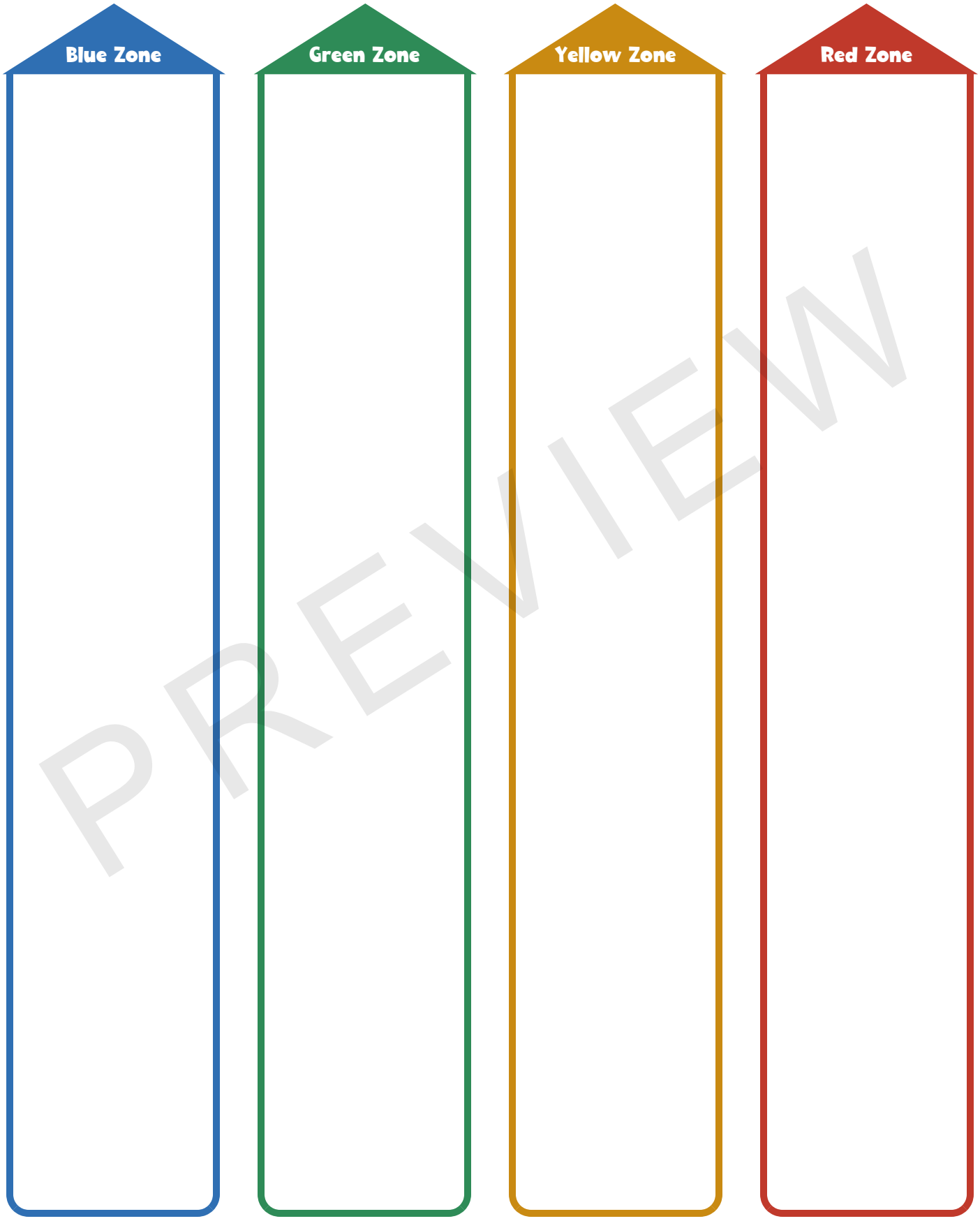
PREVIEW

Word cards

Same	Same	Same	Different	Different	Different

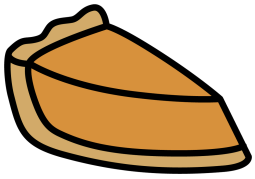
Preview · Bright Path Shed

Glue each picture in its zone house.



PREVIEW

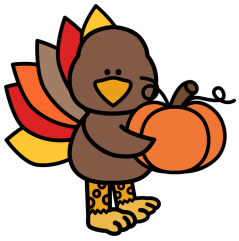
We eat pie at Thanksgiving.



I would feel

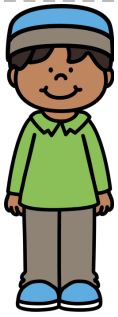
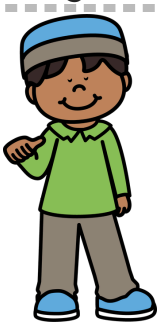
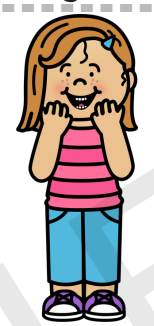
PREVIEW

Grandma's turkey is on the table.



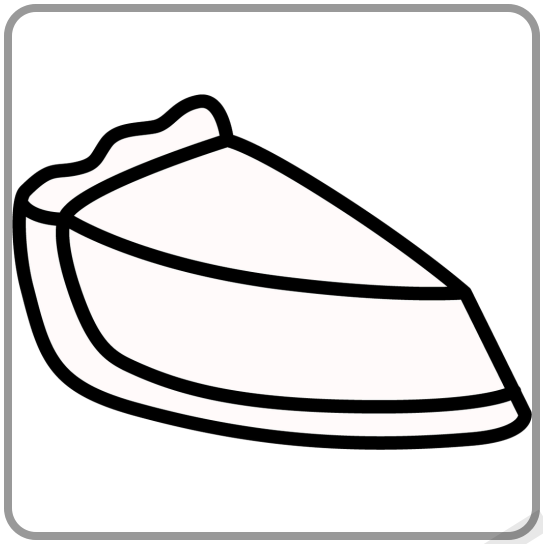
I would feel

✂ Cut a feeling. Glue it on its book page.

 Page 3	 Page 3	 Page 4	 Page 4
 Page 5	 Page 5	 Page 6	 Page 6

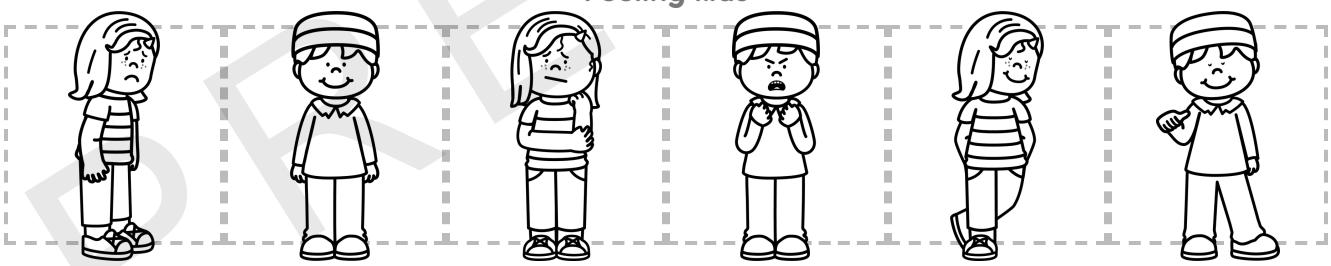
PREVIEW

Look at the picture. Glue a feeling and a zone.



We eat pie at Thanksgiving.

Feeling kids

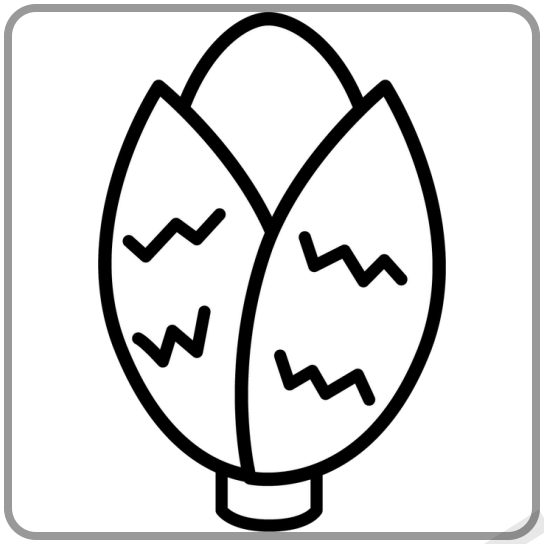


Zone squares

BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE

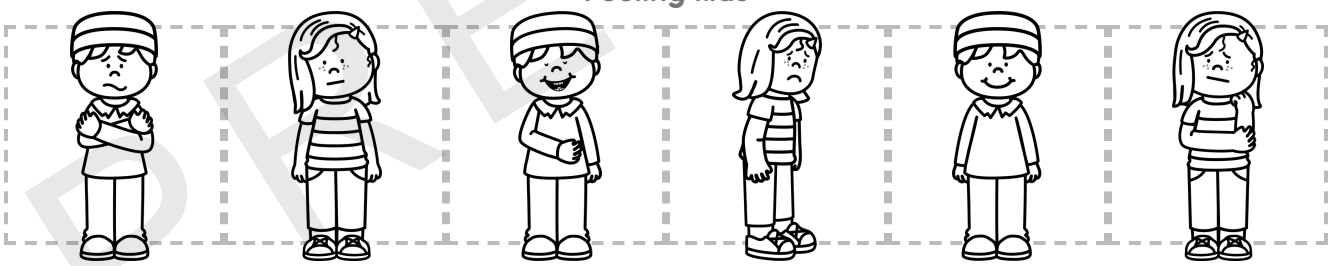
PREVIEW

Look at the picture. Glue a feeling and a zone.



We pick corn at the farm.

Feeling kids



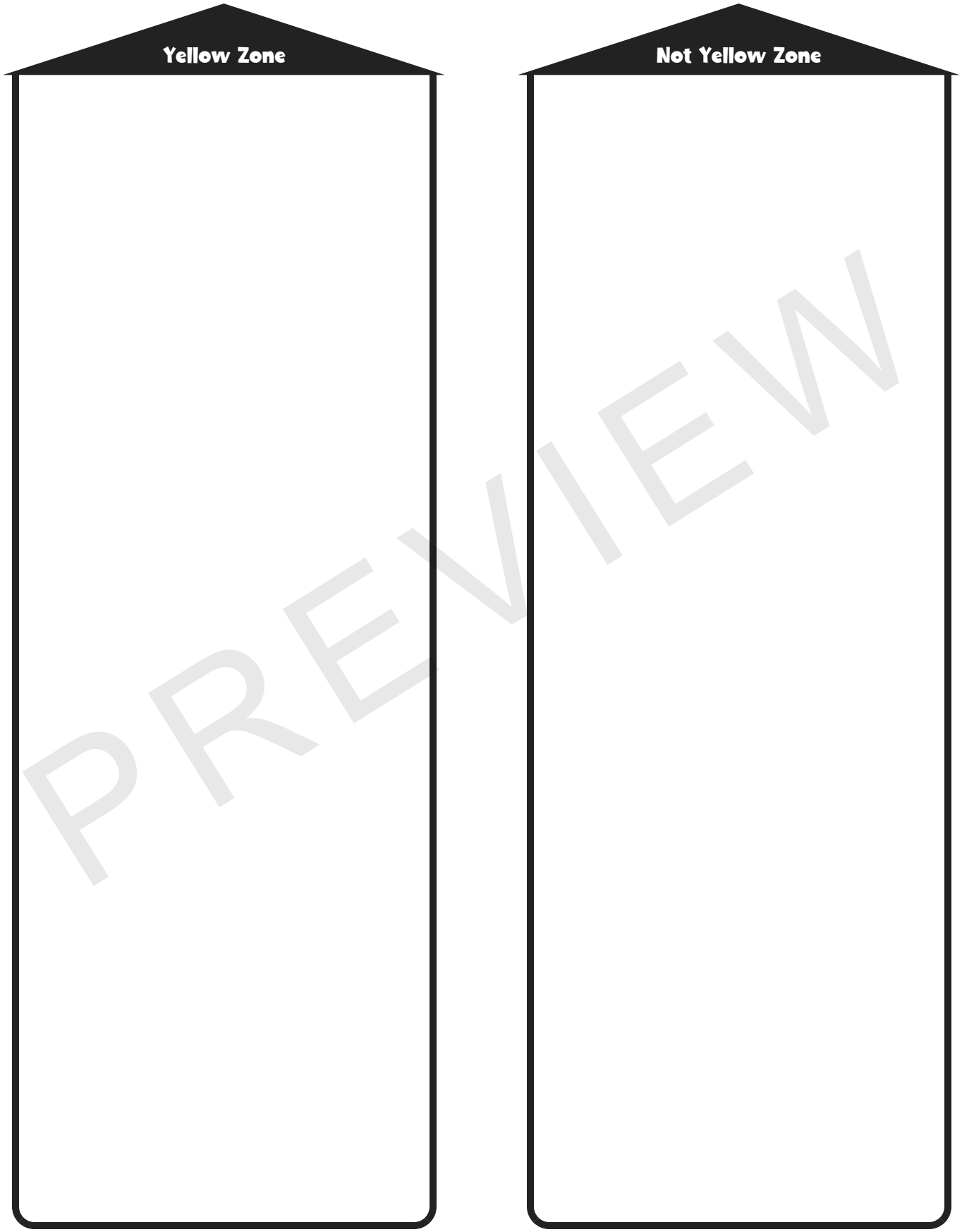
Zone squares

BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE

PREVIEW

Preview - Bright Path Sped

Glue each picture in the right house.



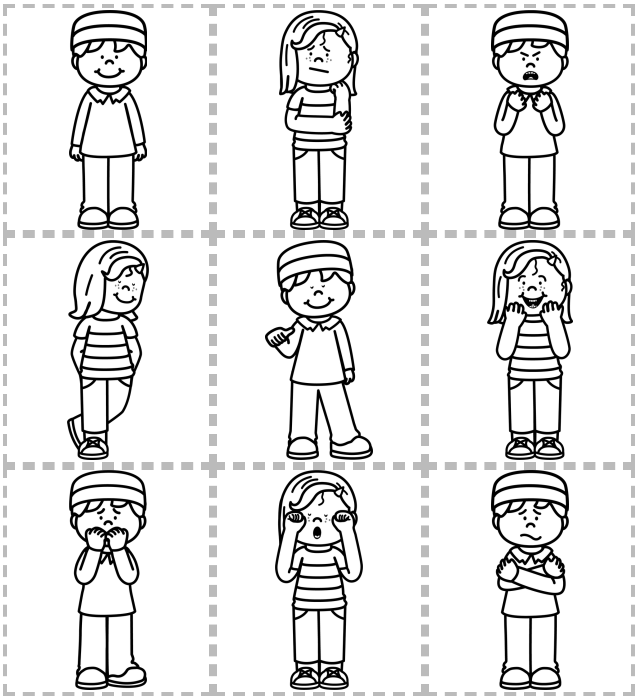
PREVIEW

Listen for the word. Glue the matching picture.

Happy	Worried	Angry
Shy	Proud	Excited
Scared	Tired	Nervous

PREVIEW

Picture cards

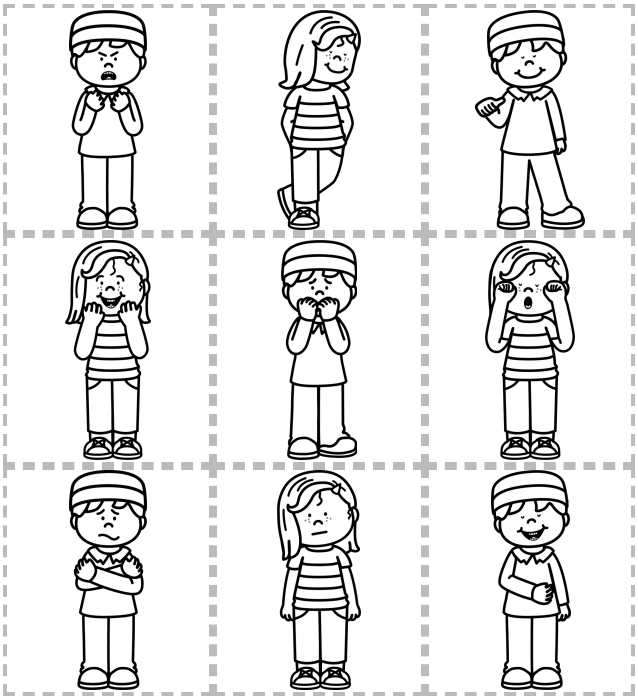


Listen for the word. Glue the matching picture.

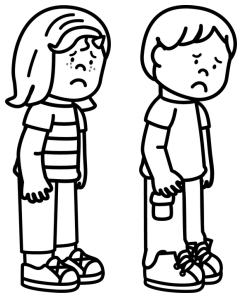
Angry	Shy	Proud
Excited	Scared	Tired
Nervous	Bored	Silly

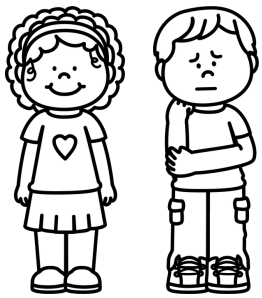
PREVIEW

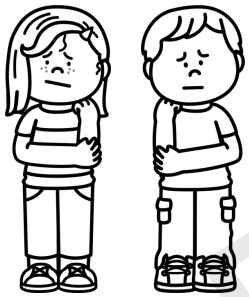
Picture cards

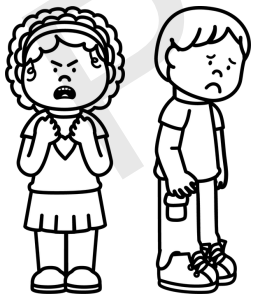


Same feeling or different? Cut and glue the word.









PREVIEW

Word cards

Same	Same	Same	Different	Different	Different

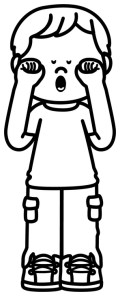
Preview - Bright Path Sped

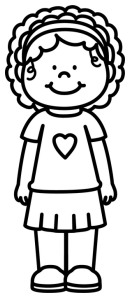
✂ Cut out each picture.

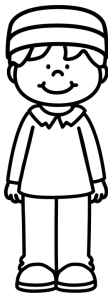

Sad


Sad


Tired


Tired


Happy


Happy


Proud


Proud


Worried


Worried


Silly


Silly


Angry

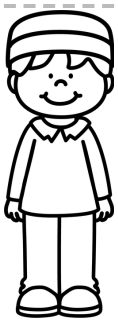

Angry


Scared


Scared

PREVIEW

Cut a feeling. Glue it on its book page.

 Page 3	 Page 3	 Page 4	 Page 4
 Page 5	 Page 5	 Page 6	 Page 6

PREVIEW